



Dear Coaches,

We would like to extend an invitation to our Cross Country meet. The meet will be held Saturday, September 6, 2014 at Mercedes High School. The running surface will be grass. Below you will find important information concerning the meet.

Date: September 6, 2014

Location: Mercedes High School 1200 South Florida Ave.

Time: Registration – 7:00 a.m. -7:45 a.m.

Running Times- Varsity Girls: 8:00 a.m. followed by Varsity Boys, JV Girls, JV Boys, Girls 9th, Boys 9th, Girls 8th, Boys 8th, Girls 7th, Boys 7th

Entry Fee: \$150.00 per High School Team (team includes Varsity/ JV & Freshman) \$ 50.00 per Jr. High Team (teams includes 7th and 8th)
\$ 10.00 per individual

Make checks payable to: MID VALLEY TRACK CLUB

Division: Seven runner limit in Boys and Girls Varsity

Divisions. No Limit in JV, Freshmen or Junior High divisions.

Distance: 5000 Meters Varsity Girls/Boys

5000 Meters JV Boys

2 miles JV Girls 5A, 4A, 3A, 2A, 1A

2 miles Freshman Girls/Boys

1.5 miles Jr. High Girls and Boys

Awards: Individual, medals to the top 20 runners in each division.

Team Championship Trophy in each division.

We look forward to seeing you on September 6th. If you have any questions please call Coach Pete Martinez at 514-2200 or Coach Betty Morrell at 514-2049 (Athletic Office). You can also email us at: petemartineziii@netzero.com or aaronescobar2001@gmail.com

All Junior High teams that are not part of the 32-4A District must pay. Teams that do not pay will not be allowed to run.

We will have a concession stand and selling shirts for \$10.00