

Morrow County Services for Older Citizens
41 West Center Street, Mount Gilead, OH 43338
Phone 419-946-4191 Fax 419-946-1037
SEPTEMBER 2019 MENU



MENU (SUBJECT TO CHANGE)

Monday	Tuesday	Wednesday	Thursday	Friday
2 CLOSED IN OBSERVATION OF LABOR DAY	3 Sweet and Sour Chicken Egg Noodles Green Beans Sliced Apples Fruit Mix Mini Sandies Milk	4 Meatloaf Mashed Potatoes Asparagus Peaches Roll Milk	5 BBQ Riblet Bun Vegetable Soup Carrot Raisin Salad Mandarin Oranges Milk	6 Chicken Breast Cole Slaw Baked Beans Strawberries Cornbread Milk
9 Chicken Nuggets Sliced Beets Maui Vegetable Blend Pears Bread Milk	10 Roast Beef Mashed Potatoes Corn Apricots Garlic Bread Milk	11 Ham Red Skin Potatoes Key West Veggie Blend Mandarin Oranges Muffin Milk	12 Veal Patty Bun Butternut Squash Bisque Potato Salad Peaches Milk	13 Mac & Cheese w/ Meatballs Brussel Sprouts Normandy Veggie Blend Grapes Milk
16 Beef Stew Mashed Potatoes Three Berry Blend Fruit Bread Milk	17 Chicken Breast Redskin Potatoes Broccoli Pineapple Roll Milk	18 Hungarian Goulash Wax Beans Cooked Carrots Malibu Fruit Mix Breadstick Milk	19 Pulled Pork Bun Potatoes Soup Tossed Salad Cinnamon Apples Milk	20 Burger Bun Sweet Potatoes Cole Slaw Fruit Cocktail Milk
23 Pulled Chicken Bun Succotash Sweet Potato Fries Mandarin Oranges Milk	24 Turkey Sausage Links Diced Potatoes French Toast Sticks Peaches Strawberries Milk	25 Beef Stroganoff W/Pasta California Blend Vegetables Corn Pineapple Chocolate Chip Cookie Milk	26 Chicken Meatballs W. Marinara Sauce Hot Dog Bun Mediterranean White Bean Soup Potato Salad Milk	27 Sliced Turkey Brussel Sprouts Cooked Carrots Pears Muffin Milk
30 Chicken Leg Sweet Potatoes Yellow Squash Strawberries Roll Milk				

LUNCH IS SERVED MON.-FRI. 11:30-12:30

MORROW COUNTY SENIOR MOMENTS

from the Nutrition Department:

reminders about our meal programs.

1. If you receive home delivered meals and are not going to be home for some reason, please call and cancel your meal. We cannot leave the meal if you are not going to be home. We also cannot leave the meal with anyone else. The meals are ordered at 1:30 the day before, so please cancel before 1:30.

If you signed up for lunch or an evening meal at the Senior Center please call and cancel your meal, if you cannot come in.

2. We will try to deliver meals as long as the weather permits. Keep in mind if your driver feels as though they cannot get in your drive or up to your house, they may decide not to deliver your meal. We do not want to put anyone in harm trying to deliver a meal in the bad weather.

3. Please keep in mind we accept donations for your meals. We do not charge for the meals, but the meals are not free. If you can, we appreciate anything you can contribute towards the meal programs.

Thank you, if you have any questions please give us a call at the center.