



#### **Rest for Our Souls**

Too many times, we will wrap ourselves up in things that quickly fade away and are unimportant. There are some of us that are still trying to discern what we should be doing with our lives. Or maybe we are just going through the motions as we go to work to pay for the car, so we can go to work to pay for the car!

As we ponder this thought, realize that there is something better. You and I must first commit to seeking out Jesus by faith. Resting in Jesus is more than refraining from physical activity. It is allowing Him to always pour into and work through us. It is laying everything down at His feet and trusting that Jesus will accomplish the work in us. All we must do is remain obedient to God.

All of us need to discover, or rediscover this rest for our souls, because Christ is offering you and me this very special invitation of eternal love, life in abundance and salvation. If we simply consider rest as a blessing, a promise, then we may change our perspective on just how much God truly cares for us.

Since God considers rest so important, we should also. After all, we are created in God's image and we should reflect that image in all aspects of our lives.



## Have a safe and



# The Aldersgate Experience

Aldersgate United Methodist Church "Making Disciples of Jesus Christ"

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Bishop......Rev. Sharma D. Lewis
District Superintendent...Rev. Seonyoung Kim
Pastor.....Rev. Bertrand Griffin, II
Lay Leader.....Kathleen O'Hara
Minister of Music.....Dr. Christina Pinkston
Church Secretary....Joyce Russo

Office Hours........9 AM--1PM—Monday-Thursday Sunday School......9:30 AM-resuming soon Worship Service/Kid Zone...11 AM –resuming soon Music Rehearsals—Wednesdays



## FULL OF TALENIT

In Matthew 25:14-30, the master rewards servants who use their gifts instead of hiding them. What talents has God given you?

#### What you need:

- Construction paper (2 sheets)
- Pencil
- Scissors
- Glue
- · Gold crayon or pen
- · Black pen

#### What you do:

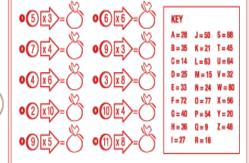
- Fold one sheet of paper in half lengthwise. Trace your hand and lower arm so your arm touches the folded edge. Cut out the arm and hand, keeping the folded edge uncut.
- Glue the folded hand to the other sheet of paper.
- In gold, draw five coins in the hand. In black, write the skills and gifts God has given you.
- Open the fold and draw 10 gold coins in the two open hands. In black, write how you can use your skills and gifts to help others and honor God.



#### MASTER MULTIPLICATION

Jesus tells a parable about faithful servants who multiply their master's money. How does the master respond?

Directions: Solve the math problems. Find the letters that match the answers and write them in order to complete Matthew 25:21, NIV.



"His master replied, 'Well done, good and faithful servant!

You have been faithful with a few things;

I will put you in charge of \_ \_ \_ \_ \_ \_ \_ \_ \_ \_ \_ .

Come and share your master's happiness!""

MATTHEW 25:21, NIV

Answer: 15, 28, 24, 20, 45, 36, 27, 24, 40, 88; many things



## **Annual Charge Conference**

#### Will be Virtual

October 31st 2 PM

A zoom link will be sent out to all members prior to the meeting date.

Mark your calendars now.





Pastor's Message

Lay Ministry for the month

News from the Pews- updates on our church family

Meet the new Minister of Music—a short bio...

Annual Charge Conference time is here

And a whole lot more!



### It is October already!

Can you believe how this year has flown by...It is almost time for Halloween and that means we will be getting ready for Advent sooner than you think.

The church calendar is getting busy again so make sure all of your meetings and events are penciled in as soon as they are planned.

I know you get tired of hearing this but you have no idea how important this is. In the event of a bad storm, accident or any mishap—if the insurance questions "who was in the building" and the office says no one because the event was not on the calendar—it may become a problem. Please save our Trustees some headaches and SCHEDULE YOUR EVENTS EARLY.

Just shoot the office an email or place a call and we can add it for you...thanks



#### RFS/WM/EP Civic League Hosting A Fall Picnic on Saturday, Oct. 9 11 AM—3 PM

The RFS/WM/EP Civic League has scheduled a special treat for our three neighborhoods - the return of our annual picnic. So mark you calendars because it's all happening on Saturday, Oct. 9, from 11 a.m.-3 p.m. on the grounds of Riverside Baptist Church. Plans for the day include:

Good food: We will be offering the traditional fare of hamburgers and hotdogs. However, this year we WILL NOT be asking neighbors to bring side dishes. With the pandemic lingering safety is foremost in organizers' minds. Consequently, all side dishes will be catered and served by volunteer members and all drinks will be bottled or canned.

Great entertainment: There will be a corn hole tournament featuring first, second and third place trophies.

Competitors must be at least 12-years-old to participate. However, there will be boards available for the younger children to play on, too.

**Children's events**: At this writing, we are hoping to offer a puppet show and a scavenger hunt.

**Wonderful fellowship:** This will be a fine opportunity to reconnect with friends and neighbors.

IMPORTANT NOTE: Since the sides will be catered, we do need an accurate account of how many will be attending so RSVPS will be required. Please email us at riverforrestcivicleague@gmail.com, letting us know how many people will be attending with you.



Recently we witnessed the 20th Anniversary of 9/11. The somber celebrations brought back a flood of memories for everyone.



During that week a member of my church choir read a prayer to us that was written by a Chaplain for the New York city Fire Department. I would like to share that with you now. It is a prayer that you can say everyday not just for 9/11.

Father Mychal Judge, Chaplain for the New York City Fire Department, had a church directly across the street from the towers. When the towers were hit, he immediately went to be with the fire fighters and all others that were there working in the ruins of the towers. He was the first causality of the 9/11 attack and he was taken back to his church. For as long as the work went on in the towers his church was always open to all who needed to rest and they slept in the pews. This was his daily prayer:

"Lord, take me where you want me to go, Lord, let me meet who you want me to meet, Tell me what you want me to say, And keep me out of your way."

Consider using this prayer as a daily reminder that our days belong to God. As we strive to follow his ways for our daily lives. Introducing...Dr. Christina Pinkston

Christina Pinkston, Ph.D. Minister of Music, Organist, and Pianist Aldersgate United Methodist Church



Dr. Christina Pinkston is an assistant professor of English, Literatures, and Public Speaking at Norfolk State University. She earned her Doctor of Philosophy degree in Sacred Literature from Trinity Theological Seminary, her Master of Arts degree with specializations in Medieval Studies, 19th Century American Literature, as well as Rhetoric and Composition from The Ohio State University, and her Bachelor of Arts degree in English and French (a double major) with a double minor in Music (voice and violin) from Ohio Wesleyan University. Additionally, she studied at the University of Dijon (Dijon, France) with advanced studies of French language and culture.

Moreover, she attended the Philadelphia Settlement School of Music and Performing Arts with a concentration in ballet, piano, violin, and clarinet. A mother of three daughters, Dr. Pinkston is the recipient of numerous national honors and recognitions for her work as an outstanding educator, well-published writer, talented Director of Choirs, as well as multi-instrumentalist and soprano-contralto singer.

Having served as Minister of Music for several years at Good Shepherd Baptist Church (Columbus, OH), Shiloh Baptist Church (Norfolk, VA), Assistant Minister of Music (Portsmouth, VA), in addition to being a guest musician and singer at numerous churches in the Hampton Roads and Northern VA areas, Dr. Christina Pinkston feels extremely blessed, privileged, and honored to be a part of the Aldersgate United Methodist Church (AUMC) family. She is excited for what God will do in the music ministry at AUMC.



## **Birthdays**

10/7 Barbara Harrell Oliver (Farrell) Harrell 10/17 Shawn Dziagwa 10/27 Carolyn Powers



#### **Anniversaries**

THIS We have no anniversaries for this month.

MONTH'S Let the church office know if we missed yours.

## Remember in Prayer

Home: Beverly Cooper, Bonnie Savage, and Barbara Jenkins



Any of our church family who are at home and still not able to attend worship in-person

Those in our church family who are in the hospital, having tests or just not feeling well.

Those who have lost family or friends.

The United Methodist church international; Our Bishops and District Superintendents as they continue to make decisions with our safely in mind.

If you know of others in the congregation who need to be included on this prayer list, please call the church office.

## Newsletter Deadline Friday October 15th for the November issue.



You do not have to wait until the deadline to submit your articles. You can email the office at any time or leave it on my desk....



#### **Ushers**

Bill Bunch and Sub

#### Counters

.0/3 Neal Windley, Michele Floyd

10/10 Kevin Floyd, Diane Willis

10/17 Greg Dziagwa, Jim Powers

10/24 Debbie Supper, Bill Bunch

10/31 Millie Hanson, Gary Albertson



#### **Lawn Maintenance**

10/4 Team 1 10/11 Team 2

10/18 Team 3

10/25 Team 1

11/1 Team 2



## **Calendar Highlights**

10/5 EP Civic League Mtg.

10/6,13, 20, 27- 6 PM Choir rehearsal

10/8 All signed Charge Conference Reports due to the church office

10/11 RFS Civic League Meeting

10/20 Small group in the lounge

10/31 2 PM Virtual Charge Conference





Do you like to sing? Would you like to learn if you are a soprano or alto, a tenor or baritone? Are you interested in becoming part of a "choral family"? To give God glory, praise, and honor through your melodic voice provide you with immense joy? If you answered YES to any of these questions, perhaps this invitation is purposed especially for YOU.

Dr. Christina Pinkston, Aldersgate United Methodist Church's Minister of Music (Director of Choirs, Organist, and Pianist), extends to you a warm invitation to join the AUMC Choir. Unless otherwise notified, choir rehearsals will occur regularly on Wednesday evenings at AUMC for approximately 90 minutes. (NOTE: Special occasions might require 2-hour rehearsals.) Be a blessing! Allow the Lord to use YOU to add positively to worship services at Aldersgate. Current choir members and I will welcome you with open arms and bright smiles! See you soon!





Fall Faire Craft Show Oct. 16- 10AM-3 PM Community UMC 1072 Old Kempsville Rd. VB

Please call 757-495-1021 for information if you are interested in reserving a space.

Wesley Community Service Center's Pecan Sale
The Wesley Community Service Center's Pecan Sale
Fundraiser is using the same process as last year:
groups/units order by the case for direct shipment
from the company to the person/place specified. Contact Renyatta Banks at <a href="mailto:renyattabanks@gmail.com">renyattabanks@gmail.com</a>. for
an order form or call her at the Wesley Community
Service Center Office - 757-399-0541!

We welcome our new Minister of Music, Dr. Christina Pinkston. Please read your introduction elsewhere in this newsletter.

Great News—Beverly Cooper is back in worship...prayers do work. Welcome back Beverly.

We have a lot of our extended church family's children attending schools throughout our community. Please keep them in your prayers as updates are coming out daily from all school boards. It won't hurt to include the teachers, staff and parents in those prayers too!

Thanks Gary for bringing the message on Sunday, 9/26.