

## Little Blue Tots Vaycare

## **Our Daily Schedule**

The schedule is meant to give you an idea of your child's day. Actual times and activities may vary depending on time of the year, weather, age and temperament of the children. Age appropriate activities are scheduled with the flexibility allowed to respond to the needs of each individual child and their various ages.

7:00am - 8:00am: Free Play/Table Toys

8:30am - 9:30am: Coloring/Journal Writing

10:30am - 11:00am: Circle Time

11:30am - 12:00pm: Art

12:00am - 12:30am: Music & Movement

2:30pm - 3:00pm: Story Time

3:00pm - 3:30pm: Free Play/Table Toys

3:30pm - 4:00pm: Toddler Time

4:00pm - 4:30pm: Clean Up Time

4:30pm - 6:00pm: Songs/Free Play

## Nap Time:

We ask that parents are respectful and adhere to our naptime schedule. Arrival during naptime is disruptive and will wake the children. Our daily naptime schedule **is 12:30pm-2:30pm**. If you need to pick-up your child during this time, please notify us in advance and we will make arrangements.

## Meals:

Nutrition is an important factor of a child's growth development. We accommodate children with special diets. Our meal schedule is as follows:

8:00am - 8:30am: Breakfast 11:00am - 11:30am: Lunch 9:30am - 10:00am: AM Snack 3:00pm - 3:30pm: Snack time