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Dear Parents/Guardians,

We are proud and excited to announce that this fall we are going to offer a Fitness Club to 5th and 6th graders interested in participating in fun activities that involve being physically active and fit! The club meeting times will take place on Wednesdays after school from 3:05 to 4:00. The club will meet a total of eight times starting in August and ending in October. (Schedule of meeting times can be found on the next sheet of paper.) During our eight sessions, students will get to experience a wide range of different physical activities. The club will focus on fitness walking, introductory weight lifting, and basketball. The club will travel to the Centerville Wellness Center, and the CAE and Annex gymnasiums. **All meetings will begin and end at the Annex gym!!!!!! Parents need to pick their students promptly at 4:00 in the Annex parking lot. Students who are not picked up by 4:10 will be sent to school CARES and parents will be charged.** Regretfully, due to limited equipment and gym space, we can only select a total of 20 students to be in the Fitness Club. In order to be selected into the club students must fill out and submit an application, have a signed permission slip, be in good academic standing, and demonstrate the character skills valued and associated with Centerville-Abington Elementary school. We will randomly select the **first 20 students** to meet all of the above mentioned requirements will be accepted into the club. Punctuality and attendance are very important. **Students who are late or miss more than one session will be dismissed from the club!** Students who attend all sessions and fully participate in all club activities will be given a free Fitness Club t-shirt during the last meeting session.Students will be given applications by their homeroom teachers at school. The second page of this packet will serve as the permission slip, with a place for parents and guardians to sign below the schedule. We are very excited and humbled to be able to offer this club for your student and we look forward to a fun autumn of being fit!!!!!!

Respectfully,

Chandler Cross (6th grade science teacher)

Rod Rinehart (5th grade excel teacher)

**Club Scheduled meeting dates**

* August 21st
* August 28th
* September 4th
* September 11th
* September 18th
* September 25th
* October 2nd
* October 30th

**Once again, all club meetings will last from 3:05 to 4:00. Students will meet in the ANNEX GYM and parents may pick up the students in the ANNEX PARKING LOT.**

**If you have any questions or concerns please contact either Mr. Rinehart or Mr. Cross at Centerville-Abington Elementary School.**

**I give my child permission to participate in the Fitness Club.**

**Student Name:**

**Parent/Guardian Name:**

**Parent/Guardian Phone Number:**