

## Welcome

Thank you for choosing Child Parent Counseling, LLC, to provide counseling services for you, your child and/or family. We fully appreciate the difficult decision you have made to come to counseling. It is our goal to help you find long-lasting solutions to the difficulties that brought you here. The first session is an opportunity to explore a new relationship with a therapist and to ensure that both therapist and client are comfortable working with each other.

Our initial few sessions will focus on getting to know each other, gathering information about what brought you to counseling and developing an initial treatment plan. Once a treatment plan is established, you and your therapist will work together to decide the frequency and duration of counseling sessions. If you have any questions, please do not hesitate to ask your therapist.

## Mechelle Gunther's Background

Mechelle received her M.A. degree in Clinical Psychology from Loyola College, Maryland in 1993. Prior to this she attended Elon College and received a B.A. in Psychology in 1990. Mechelle has over 20 years of experience in the mental health field working with children, adolescents, families and adults in a variety of settings to include: inpatient treatment centers, group private practice, and school-based counseling. Mechelle has worked for the local county school system as a School Psychologist since 2002.

After completing graduate school, Mechelle obtained her Advanced Professional School Psychologist Certification in Maryland. While in Washington state, Mechelle received her National Certified Counselor credential and became a Licensed Mental Health Counselor in Washington. Mechelle subscribes to the Code of Ethics of the American Counseling Association. Mechelle attends multiple trainings annually to continue to foster growth and development as a mental health professional and advocate for children.

## Fee Schedule (Effective 6/7/2021)

Initial Assessment & Intake: \$160 (55-60 minutes)
Individual or Family Counseling: \$120 (per 45 minutes). & \$145 (per 60 minutes)
Telephone support/consultation (parents/professionals): \$35 per 15 minutes
Summary of counseling services/assessments: rates vary

## Credentials

Licensed Clinical Professional Counselor, MD, License Number LC4019
Advanced Professional Certificate-MD: School Psychologist
National Certified Counselor, National Board for Certified Counselors, Certification Number: 50687

This information is required by the Board of Professional Counselors and Therapists, which regulates all licensed and certified counselors and therapists: 4201 Patterson Avenue Baltimore, MD 21215-2299 Phone: 410-764-4732 Fax: 410-358-1610