#### DR. AZITA ABTIN, PSY.D.

#### **EDUCATION**

2001 Spalding University Louisville, KY

#### Psy.D. Clinical Psychology

- 4.0 (Spalding GPA), 3.9 (cumulative)
- APA approved program.
- Completed Psychology Residency (APA approved internship) at the Wright Patterson Air Force Base in Ohio as a commissioned officer (Captain)
- <u>Licensed Clinical Psychologist</u>- Arizona, passed the board at the top 5% of psychologist in the nation (license Number 3620)
- Certified in Addictions (CADC, Certification Number 0622, KY)

1996 University of Louisville Louisville, KY

#### M.Ed. Counseling Psychology

- 4.0 GPA
- Graduated with the Presidential Highest Honors

1992 University of Louisville Louisville, KY

#### **BHS** Nuclear Medicine

- 3.89 GPA
- Graduated with Highest Honors at the top of the 1992 class
- Malinkrat Award Nominee
- Was recruited as a Nuclear Medicine Technologist while still in rotation
- Obtained certification as a nuclear medicine technologist

#### 1988 University of Louisville Louisville, KY

#### BA Psychology

- 3.7 GPA
- Minor: pre-medicine
- Graduated with Honors

#### 1981-82 University of San Francisco

San Francisco, CA

- 3.65 GPA
- Dean's Honors

#### Summer courses

1981 University of California Berkeley, CA
 1983 Villanova University Villanova, PA

### January 2008-present Southern Arizona Psychological Association Tucson, AZ

Appointment: Law and Psychology Chair

# Recognized by the National Register of Health Care providers in Psychology effective 11/30/2007, Registrant #51945

### April 06-present Abtin Consultation Firm Tucson, Arizona Private Practice

#### Clinical and Executive Director

- Provides individual, couple, group and family therapy
- Provides seminars and psycho educational workshops
- Provides organizational and legal consultation
- Active member of managed care panels (UBH/UHC, Tricare, BC/BS, FirstHealth, Etna, CHIPA, Ceridian EAP, Deer Oaks EAP, Medicare, ComPsych, Contact, Corphealth, Humana/Choice care & Healthnet, Magellan and AZ BioDyne)
- Provides psychological assessment
- Contracts with various community organizations to provide diversion and substance abuse seminars and groups

### May 03-present Park University Tucson, Arizona Adjunct Professor

Center administrator: Dorian Busby

- Teach college level courses in psychology including abnormal psychology
- Developed educational presentations, testing modules and power points

# October 04-April 06 Renewal Counseling Center Tucson, Arizona Licensed Clinical Psychologist

Supervisor: Randy Reynolds, MA, LPC

- Provided individual, couple, family and group therapy for teenagers, adults and geriatrics.
- Conducted diagnostic and assessment interviews, and psychological testing

#### July 00- September 05 <u>United States Air Force</u>

Chief of Life Skills Support Center previously known as Mental Health Clinic (Oct 04-Sept 05), Acting Mental Health Flight (MHF) Commander (CC) in the absence of the CC, Chief of the Critical Incident Stress Management (CISM) team for the 355th Wing, Chief of Substance Abuse Services Element (03-04), Chief of Behavioral Health Services DMAFB(from 02-03), Chief of Education and Training for Mental Health Flight (02-Sept 05)

Administrative Supervisor: Lt Col Katherine Rearden, Ph.D.

Past Supervisor: Major Walter Calvo, LSSC, CADAC

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- Provided assessment, diagnosis and treatment of mental disorders. Provided individual, group and couple therapy. Prepared and delivered presentations and seminars for the base population and outreach outside of DMAFB.
- As an active duty commissioned officer, commanded the flight in the absence of the commander. Led and managed the Life Skills Support Center. Supervised 3 psychologists, 6 social workers, 2 psychiatrists and 3 contractors and 5 mental health technicians. Responsible for all aspects of the mental health clinic. Liaison with the medical group and other base agencies. Member of the integrated delivery system. CISM Chief at Davis Monthan Air Force Base.
- Previous position- Chief of Alcohol and Drug Abuse and Prevention and the Drug Demand Reduction Programs at Davis Monthan AFB for 6000 AD personnel, civilian employees and 50000 DOD beneficiaries. Assured quality assurance and compliance with AFI, HSI and JCAHO standards. Improved pre-existing system and process to decrease error rate. Implemented new procedures and quality improvement initiatives. Enhanced the ADAPT team function. Improved member's timely access to prevention, education and successful treatment.
- Acted as liaison between the Primary Care and the MH Specialty Clinics by representing mental health flight at Professional Staff Meeting and the Extended Committee of the Medical and Nursing staff.
- Chaired the Treatment Team Meetings.
- Improved and optimized the outreach and prevention efforts to decrease substance abuse at the DM community and created the first ADAPT Newsletter which was widely disseminated.
- Created, organized and led a state of the arts Education and Training program for the Mental Health flight in compliance with AF and JCAHO
- Provided individual, family and group therapy to active duty members and their dependents
- Taught psycho educational presentations for the suicide prevention program, Substance Abuse Awareness Seminar and First Term Airman Council.
- Enhanced communication channels between commanders, first sergeants and ADAPT team and other services in the base community.
- Conducted military specific mental health evaluations and other psychological assessments
- Implemented, coordinated, managed and supervised the Behavioral Health Consultation Services

# November 98- June 00 <u>Bellewood Presbyterian Home</u> Anchorage, KY Family Therapist/Chemical Dependency Counselor (Work and Practicum Experience)

Supervisor: Pat Pernicano, Psy.D.

- Provided individual, family and group therapy to adolescents in the residential and family restoration.
- Developed psycho educational presentations for the adolescents with substance abuse and their families.
- Provided group therapy with teens assessed and identified as substance abusers.

- Led the parent groups.
- Facilitated team approach to adolescent's treatment.
- Coordinated efforts of team members to encourage parental commitment to consistent participation in the groups and treatment compliance.
- Engaged in crisis intervention, consultation and comprehensive treatment planning in an interdisciplinary team.

#### August 98-August 99 <u>Kentucky Cabinet for Families and Children,</u> Louisville, KY

#### Family Therapist (Practicum Experience)

Supervisor: James Cooksey, Ph.D.

- Provided individual, couples, and family therapy for a multiracial, multi-problem clients from mainly lower socio-economic groups who were frequently court ordered to participate in therapy
- Assisted individuals and families to stabilize their therapeutic gains through multi-systematic interventions that included social workers, foster parents, teachers, extended family and others involved.

# February 98-April 98 <u>Spalding University</u> Louisville, KY Family Therapist (Training Experience)

Supervisor and Training Director: M. Duncan Stanton, Ph.D./Judith Landau, M.D

- One of 35 doctoral students selected to participate in a research project sponsored by the NIAAA.
- Trained as a (reserved) therapist in state of the art chemical dependency treatment called Transitional Family Therapy.
- Accrued more than 100 hours of training.
- Participated in seminars to advance clinical skills in chemical dependency and family therapy.

# April 98-September 98 <u>Bingham Child Guidance Center</u> Louisville, KY

#### Assessment Student (Practicum Experience)

Supervisor: Joseph Edwards, Psy.D.

- Interviewed and assessed children referred for psychological, educational and intellectual assessment.
- Tests administered frequently included MMPI-A, WISC-III, WAIS-R, RAT, Rorschach (Exner system), VMI, Bender Gestalt, TAT, CBCL, BASC, CSI, CCPT, House Tree Person, WIAT, Vineland Test of Adaptive Skills, Beck inventories, Incomplete Sentences, Multimodal Questionnaires, Kinetic Family Drawing, other tests as applied and Mental Status Exams.

### September 97-March 98 <u>Luther Luckett Correctional Complex</u> LaGrange, KY

#### Assessment Student (Practicum Experience)

Supervisors: Nancy Schreph Psy.D. & Julie Burto, Psy.D.

■ Interviewed and assessed prison inmates referred for psychological and

intellectual assessment.

- Assisted in pre-parole assessment evaluations.
- Provided 13 assessment reports using a variety of objective and projective tests (had 100% compliance with testing process).
- Tests administered frequently included MMPI-2, WAIS-III, WAIS-R, Rorschach (Exner system), Bender Gestalt, TAT, Beck inventories, Kinetic Family Drawing, Bender Gestalt Test, other tests as applied and Mental Status Exams.
- Received two hours of individual and one hour of group supervision every week.
- Completed all reports prior to the deadline in a very challenging population who usually have a high rate of non-compliance and resistance to testing.

#### March 97- July 00 <u>CARITAS Peace Center</u> Louisville, KY Chemical Dependency Counselor/Social Worker

Supervisors: Jim Ward, MS. CCDC, Martha Hermann, RN

- Provided individual, couple and family therapy for inpatient, outpatient and partial chemical dependency programs for teenagers and adults (addiction and dual diagnosis).
- Conducted group therapy with teenagers and adults in the Intensive Outpatient Program.
- Led the family educational programs on various topics such as shame and addiction, grief, co-dependency, assertiveness training, anger management, spirituality and 12 Steps programs.
- Consulted daily with the multidisciplinary team, composed of psychiatrists, nurses, social workers and recreational therapists in making decisions for treatment planning.
- Served as a liaison between patients, court system and EAP officers.
- Developed strategies for appropriate interventions tailored to specific needs of patients.
- Taught interactive psychoeducational classes to patients in the inpatient and partial hospitalization program on daily basis.
- Received recognition for being very effective with a diverse client population especially multiracial and dual diagnosis cases.
- Designed and developed psychoeducational programs for teenagers, adults and their families.
- Traveled to Bardstown KY to provide psychoeducational classes and therapy groups to rural patient population referred to the CARITAS Counseling Center.

### August 96- March 97 <u>Jefferson Alcohol and Drug Abuse Center</u> Louisville, KY

#### Chemical Dependency Technician

Supervisors: Charlene Cooper, MA & Delora Boaz, LCSW

- Managed clients in the detoxification unit.
- Monitored patients to ensure compliance with the JADAC guidelines.
- Taught psychoeducational and recovery dynamic classes.
- Interviewed patients and provided psychosocial histories.
- Consulted with psychiatrists, nurses and other therapists in designing appropriate interventions tailored to the specific needs of patients.

- Led the family program in collaboration with other therapists.
- Participated in crisis prevention and interventions with high risk clinical population.
- Attended seminars in Chemical Dependency on various topics.

#### May 96– January 97 <u>University of Louisville Counseling Center</u> Louisville, KY

#### Therapist (Practicum Experience)

Supervisors: Gary Petiprin, Ph.D. Eileen Biagi, Ph.D.

- Provided individual, couple and group therapy with a diverse population of college students composed of minorities, international students, gay and lesbians, and physically challenged.
- Co-facilitated the co-dependency group for 6 months.
- Co-presented a workshop in group dynamics to student leaders.
- Received two hours of individual and one hour of group supervision weekly.

# May 96– January 97 <u>Highland Community Ministries Counseling Services</u> Louisville, KY

#### Therapist (Practicum Experience)

Supervisors: Rick Silen, Ph.D. & Allen Oliver, D.Min., CMFT, CCDC

- Provided individual, couple and group therapy with a diverse population of children, teenagers and adults from various socioeconomic status and racial backgrounds (including college students, minorities, international students, gay and lesbians, and physically challenged.
- Traveled to Brandenberg to provide therapy to rural population.
- Consulted and provided therapy for Highland Middle School and Atherton High School students.

#### NUCLEAR MEDICINE EXPERIENCE

# December 91-March 95 <u>St. Anthony's Medical Center (Vencor Hospital of Louisville)</u> Louisville, KY

#### Acting Chief Nuclear Medicine Technologist

Supervisor: Frank Howard, ARRT, CNMT

- Coordinated the Department of Nuclear Medicine, 5 months after graduation from the NMT program.
- Performed variety of nuclear medicine exams such as stress Thallium and other cardiac imaging protocols, bone scans, liver scans, thyroid uptake and scans, brain scans, lung scans, gastric emptying, gastrointestinal bleed and many newly developed SPECT protocols.
- Taught University of Louisville NMT students as the designated clinical instructor and supervisor. Trained the newly hired staff technologists.
- Performed Quality Control and Quality Assurance Protocols in accordance with Nuclear Regulatory Commission (NRC) and Joint Commission on Accreditation of Hospital Organizations (JCAHO).
- Negotiated with international radiopharmaceutical companies and other suppliers to purchase more cost effective products.

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- Facilitated collaboration between the nursing staff and other technologists for managing a heavy patient load successfully and improved efficiency of the department from 10 to 20 scans daily.
- Consulted on daily basis with radiologists, nurses, other technologists, referral sources, families and other doctors to facilitate communication of needed procedures and the explanation of results.
- Designed and developed computerized nuclear medicine protocols which provided back up mechanisms that prevented the duplication of services, and loss of revenue. These protocols significantly improved the quality of images presented to radiologists.
- Performed crisis intervention with patients suffering from emotional disorders and other patients who were reluctant to undergo NMT procedures.

#### January 91-December 91 <u>Suburban Medical Center</u> Louisville, KY Staff Nuclear Medicine Technologist

- Interviewed patients for NMT procedures.
- Performed variety of nuclear medicine exams and procedures.
- Maintained QA and QC protocols.
- Consulted with other staff, radiologists, patients and their families on daily basis.

#### ADDITIONAL CERTIFICATIONS, EDUCATION AND TRAINING

"Clincial Hypnosis in the Realm of Mind-Body Medicine." Steve Gurgevich, Ph.D., SAPA Sponsored, The Manning House, Tucson, AZ, 1 CEU (21 April 09)

"Assessing Personality Disorders: Looking Toward DSM-V", Donna Bender, Ph.D., Andrew Skodol, MD., Sponsored by Southern Arizona Psychological Association, Sheraton Hotel, (4.0 CE), Tucson, AZ (4 April 09).

"Child Abuse and Reporting Laws", Caroline Tompkins, Ed.D., Elizabeth Wong, Ph.D. & Jennifer Zelt, B.S., Sponsored by Southern Arizona Psychological Association Law and Psychology Committee, Child & Family Resources Inc, (4.0 CE), Tucson, AZ (26 March 09).

"Brain Injury and Child Abuse." Sidney Rice, MD, MS, SAPA Sponsored, The Manning House, Tucson, AZ, 1 CEU (17 February 09)

"Unlocking the code: Attachment fears and couple relationships", Vicki L. Loyer-Carlson, Ph.D., LMFT, Sierra Tucson Networking, Arizona Inn, Tucson, AZ, 2.0 CEU (8 January 09).

"Little Me-A Mandela of Trauma", Bill Coleman, LMSW, TEP, Sierra Tucson Networking, Arizona Inn, Tucson, AZ, 2.0 CEU (9 October 08).

"Lie Detector (Polygraph) and Identification of Deception", John J. B Allen, Ph.D., from University of Arizona, Sponsored by Southern Arizona Psychological Association Law and Psychology Committee, Child & Family Resources Inc, (2.0 CE), Tucson, AZ (17 June 08).

"Addiction and Narcissism as Coping: Understanding the Etiology of Sexual Addiction", Robert Weiss, LCSW, CSAT, Sierra Tucson Networking, Arizona Inn, Tucson, AZ, 2.0 CEU (12 June 08).

"Vitamins for the Body, Mind and Spirit: How to Add Vitality to Your Life.", Gary D. McKay, Ph.D., The Adlerian Society of Arizona, 188 N. Heatherbrae Avenue, Tucson, AZ, 1.0 CEU (8 May 08).

"The Tangled Web of Early Attachment", Barbara Findeisen, MA, MFT, Sierra Tucson Networking, Arizona Inn, Tucson, AZ, 2.0 CEU (8 May 08).

"Borderline Personality Disorder." Donna S. Bender, Ph.D., SAPA Sponsored, The Manning House, Tucson, AZ, 1 CEU (15 April 08).

"The Toxic Family Living in Work Place: The Legacy of Childhood Trauma on Work and Career", Nancy Brook, MA, Sierra Tucson Networking, Arizona Inn, Tucson, AZ, 2.0 CEU (13 March 08).

"Differentiating and Treating ADHD and Bipolar Disorder." Kevin Leehey, MD, SAPA Sponsored, The Manning House, Tucson, AZ , 1 CEU (19 February 08)

"Psychology's Contribution to Understanding and Treating PTSD." Michael Marks, Ph.D., ABPP. SAPA Sponsored, The Manning House, Tucson, AZ, 1 CEU (13 November 07)

"The Life Coach Phenomenon: Surprising Ways to Enhance Your Practice", Tia, MA, LPC, Sierra Tucson Networking, Arizona Inn, Tucson, AZ, 2.0 CEU (8 November 07).

"Training Mental Health Experts in Legal Competency and Restoration." Supreme Court of Arizona. SAPA sponsored CEU. 21.75 CEUs (Category I), (2, 3 & 4 May 07).

"Child Maltreatment: Assessment, Treatment and Controversial Issues." Judith Becker, Ph.D., SAPA sponsored, 4.0 CEUs, (24 March 07).

"Resolving Ethical Issues in Psychological Practice and Psychological Sciences." Connie Beck, Ph.D. & Gary Perrin, Ph.D., University Of Arizona Psychology Department. 4.0 CEUs, (24 March 07).

"Learning to BE (Rather than DO)." Susan Valentine, Ph.D., LPC, CEAP, Sierra Tucson Networking, Arizona Inn, Tucson, AZ, 2.0 CEU, (14 December 06).

"Combining Eastern and Western Medicine Approaches to the Treatment of Multiply Diagnosed Eating Disorder Patients." Carolyn Coker Rose, M.D., Jeanette Rojas EAP-II, LCDC. 2.0 CEUs, (9 November 06).

"The Journey To Recovery: Helping Eating Disorders Client Before, During and After Treatment", presented by Remuda Ranch Programs for Anorexia and Bulimia, by Dr. Dena L. Caberera (Psy.D.-Trainer), 1.5 CEU (3 November 06)

"Men in Recovery-Holistic Approach", Morrise Luckey, M.Ed., Sierra Tucson Networking, Arizona Inn, , Tucson, AZ, 2.0 CEU (12 October 06)

"Healing the Spirit with Traditional Asian Medicine", Karin Hilsdale, Ph.D., Sierra Tucson Networking, Arizona Inn,., 2 CEU (15 June 06)

"The Higher Power", Victor Gilber, MSW, Sierra Tucson Networking, Arizona Inn, 2 CEU (13 April 06)

"The Evolution of Psychotherapy Seminar", Anaheim California, Milton Erickson Institute, Various Experts, 34 CEUs (5-12 December 05)

"Marital Dissolution and Loss", David Sbarra, Ph.D., SAPA, The Manning House, Tucson, AZ , 1 CEU (15 November 05)

"Advanced Tools in the Treatment of Eating Disorders", presented by Remuda Ranch Programs for Anorexia and Bulimia, by Dr. Dena L. Caberera (Psy.D.-Trainer), 1.75 CEU (September 05)

Operational Problems in Behavioral Science, San Antonio, Texas, United States Air Force, 40 CEUs, (8-10 March 2004)

Gorskey Relapse Prevention Seminar, 44 CEUs, Chicago, IL (9-13 June 03)

Operational Problems in Behavioral Science, Sheppard Air Force Base, United States Air Force, 24 CEUs (3 April 2003)

Advanced CISM Training, Air National Guard, Certified (23 & 24 January 03)

Aviation Psychology (Oct-Dec 2001)

Basic CISM Training, Wright Patterson AFB, Certified (17 & 18 December 2000)

Family Treatment for Chemical Dependency (13 & 14 May 1999)

#### RESEARCH EXPERIENCE

# January 99-February 01 Spalding University Dissertation Research-TX 5-326-442 Copyright

Dissertation Chair: Dr. Tom Titus, Ph.D.

Dissertation Committee: Pat, Pernicano, Ph.D., Duncan Stanton, Ph.D., Herb Marcum, LCSW, Tom Titus, Ph.D.

Topic: Frequency of Contact with Family of Origin in Individuals with Alcohol Dependence

■ This research explored the relationship between alcohol dependent individuals and their family of origin based on theories of individuation and differentiation. Using Chi-square and ANOVA, the data supported the research hypothesis. Study involved organizing and leading data collection efforts from multiple control and clinical groups around the state.

#### September 98-May 99 <u>CARITAS Peace Center</u> Louisville, KY Spalding University Research Project Principal Investigator

Supervising Professor: Dr. David Morgan, Ph.D.

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Louisville, KY

Research Topic: Personality Disorders and Allergic Reactions

■ This research was a correlational study designed to investigate the relationship between allergic reactions and personality disorders.

# September 93 <u>Educational Review Incorporated</u> Atlanta, GA Audiotapes in Nuclear Medicine

#### Principal investigator

■ This audiotape was based on a research study that investigated the factors that affect the quality of nuclear medicine bone scans.

# September 90 - May 91 <u>University of Louisville</u> Louisville, KY *Research assistant*

#### Supervisor: Dr. Elton Quinton Ph.D. & Janine Rodenhiser, M.S.

■ This research investigated the effect of Cholecystokinin Antagonists, L-364, 718 and L-365, 260 and their role in the acquisition of a discriminated active avoidance task.

# September 86- August 89 <u>University of Louisville</u> KY JGB Cancer Center, Hormone Receptor Lab

#### Student Research Assistant

- Assisted in laboratory set up.
- Prepared specimen for the scintillation counters and performed the clinical trials.
- Reviewed, classified, and organized the collected data.
- Performed the book keeping, data processing and accounting.
- Served as the assistant to the administrative assistant.
- Performed QA/QC protocols.

Interacted with a multidisciplinary team of research scientists gathered from many different nations around the globe on daily basis.

#### PRESENTATIONS AND TRAINING PROVIDED

"Adult Responsibility", Diversion Program Seminar Series, 5210 E. Pima. Abtin Consultation Firm, Tucson, AZ (8 February 09).

Child Abuse and Reporting Laws in Behavioral Health, Planning Meeting", Southern Arizona Psychological Association Meeting of the Law and Psychology Committee, (1.5 CE), Tucson, AZ (20 January 09).

"Child Abuse and Reporting Laws in Behavioral Health, Planning Meeting", Southern Arizona Psychological Association Meeting of the Law and Psychology Committee, (1.5 CE), Tucson, AZ (16 December 08).

"Child Abuse and Reporting Laws in Behavioral Health", Southern Arizona Psychological Association Meeting of the Law and Psychology Committee, (1.5 CE), Tucson, AZ (23 October 08).

"Substance Abuse Diversion Program" Seminar Series, 5210 E. Pima. Abtin

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Consultation Firm, Tucson, AZ (23 November & 7 December 08).

"Adult Responsibility", Diversion Program Seminar Series, 5210 E. Pima. Abtin Consultation Firm, Tucson, AZ (5 and 19 October 08).

"Child Abuse and Reporting Laws in Behavioral Health", Southern Arizona Psychological Association Meeting of the Law and Psychology Committee, (1.5 CE), Tucson, AZ (23 September 08).

"Lie Detector (Polygraph) and Identification of Deception", Organized for speaker for Southern Arizona Psychological Association Meeting of the Law and Psychology Committee, (2 CE), Tucson, AZ (17 June 08).

"Substance Abuse Diversion Program" Seminar Series, 5210 E. Pima. Abtin Consultation Firm, Tucson, AZ (18 May 08 & 1 June 08).

"Boundary Violations, Boundary Crossings and Dual Relationships in Psychotherapy and Counseling", Southern Arizona Psychological Association Meeting of the Law and Psychology Committee, (1.5 CE), Tucson, AZ (29 April 08).

"Adult Responsibility", Diversion Program Seminar Series, 5210 E. Pima. Abtin Consultation Firm, Tucson, AZ (30 March 08).

"Lie Detection reliability and validity for identification of deception 2) Ppsychophysiology and the use of fMRI in lie detection and other related topics", Southern Arizona Psychological Association Meeting of the Law and Psychology Committee, (1.5 CE), Tucson, AZ (25 March 08).

"Adult Responsibility", Diversion Program Seminar Series, 5210 E. Pima. Abtin Consultation Firm, Tucson, AZ (16 March 08).

"Mental Retardation and Death Penalty", Southern Arizona Psychological Association Meeting of the Law and Psychology Committee, (1CE), Tucson, AZ (26 February 08).

Panel presenter for the play "Topsy Turvey Mouse" by Peter Gil-Sheridan, Psychological Perspective on the Use of Torture During Iraq War, Temple of Music and Art, Borderlands Theatre, Tucson, AZ (17 February 08).

"Duty To Warn and Protect and The Zone of Danger" Southern Arizona Psychological Association Meeting of the Law and Psychology Committee, (1CE), Tucson, AZ (29 January 08).

"Stephen Ministry and Utilizing Mental Health Professionals and other Community Resources" Catalina Foothills Church, 2150 E. Orange Grove Rd. Tucson, AZ (21 January 08).

"Substance Abuse Diversion Program" Seminar Series, 5210 E. Pima. Abtin Consultation Firm, Tucson, AZ (30 Dec 07 & 6 January 08).

"From Iran to America- One Woman's Journey." Catalina Foothills Church, 2150 E.

Orange Grove Rd. Tucson, AZ (17 November 07).

"Adult Responsibility", Diversion Program Seminar Series, 5210 E. Pima. Abtin Consultation Firm, Tucson, AZ (16 & 30 September 07).

"Substance Abuse Diversion Program" Seminar Series, 5210 E. Pima. Abtin Consultation Firm, Tucson, AZ (10 & 24 June 07).

"Adult Responsibility", Diversion Program Seminar Series, 5210 E. Pima. Abtin Consultation Firm, Tucson, AZ (7 & 15 April 07).

"Substance Abuse Diversion Program" Seminar Series, 5210 E. Pima. Abtin Consultation Firm, Tucson, AZ (11 & 25 November 06).

"Couple Skills for a Fulfilling Life" Seminar Series, First Evangelical Free Church, 4700 North Swan Road, Tucson, AZ (30 September, 29 October 06)

"Couple Skills for A Fulfilling Life" Seminar Series, 5210 E. Pima. Abtin Consultation Firm, Tucson, AZ (7 May, 11 June 06)

"Couple Renewal Skills" Seminar Series, El Dorado Conference Room, E Dorado Hospital Facility, Tucson, AZ (Feb, March and May 06)

"Slow the Flow, An Anger Management Workshop", Pantano Christian Church, Tucson, AZ (April, 2006)

"Slow the Flow, An Anger Management Workshop", Pantano Christian Church, Tucson, AZ (November 2005)

"Patient Rights and Ethical Concerns in Commander Directed Evaluations", United States Air Force, DMAFB, AZ (January 2005)

"Critical Incident Stress Management Annual Training and Base Contingency Management Plan Training", United States Air Force, Providers Team Training, DMAFB, AZ (December 2004)

Substance Abuse/Dependence and World Wide Qualification, Training for Commanders and First Sergeants, United States Air Force, DMAFB, AZ (September 2004)

"Family Dynamics", Substance Abuse Awareness Seminars, United States Air Force, DMAFB, AZ (Quarterly, 2004)

"Combat Stress and Management", United States Air Force Commander's Call, DMAFB, AZ (April 2004)

Annual Substance Abuse/Dependence Training, First Sergeants Breakfast, United States Air Force, DMAFB, AZ (September 2004)

"Friendship", Women's Tea, Catalina Foot Hills Church, Tucson, AZ (May 2004)

"Family Dynamics", Substance Abuse Awareness Seminars, United States Air Force, DMAFB, AZ (Quarterly, 2003)

Professional Staff Annual Substance Abuse/Dependence Training, United States Air Force, DMAFB, AZ (November 2003)

"Depression Awareness", Seminar for Mothers of Preschoolers, Hope Chapel, United States Air Force, DMAFB, AZ (September 2003)

"Psychological Interventions Post Terrorist Attacks for PTSD Victims and Community Stress Management", United States Air Force In-service, DMAFB, AZ (April 2003)

"Alcohol and Its Effects", United States Air Force In-service, DMAFB, AZ (27 February 2002)

"Suicide Prevention Training", United States Air Force, WPAFB, OH (February 2000)

Family Program Lecture Presentations Series and Large Group Facilitation and Training, Caritas Peace Center Intensive Outpatient Program, Louisville, KY (Monthly seminars, 1997 to 2000)

#### **PUBLICATIONS**

Couple Manual, Abtin Consultation Firm, Seminar handbook for couple team training (2006-current)

Alcohol and Drug Prevention Program Newsletter, United States Air Force, Davis Monthan Air Force Base (September 2002-September 2004)

Frequency of Contact with Family of Origin in Individuals with Alcohol Dependence, Dissertation Research-TX 5-326-442 Copyright, 2001

The Golden Girl, A Collection of Poems and Short Essays, Persian Manuscript (1978)

The Temple of Fire, Persian Manuscript (1978)

#### HONORS AND AWARDS

The National Register Early Career Psychologist Credentialing Scholarship (2007)

Golden War on Terrorism Service Medal, USAF (2005)

National Defense Service Medal, USAF (2005)

Air Force Longevity Service Award, USAF (2005)

Outstanding Unit Service Award, USAF (2005)

Nominated for the Air Force Psychologist of the Year Award (2004)

Outstanding Achievement Award for being at the top 5% of EPPP, Davis Monthan AFB, 2004

Spalding Scholarship, 1997-2001

Nominated for Malinkrat Award in Nuclear Medicine

College Scholarship Award (U of L), 1984-1988

Veterans Administration Volunteer Service Award, 1987

Psy Chi National Honor Society

Golden Key National Honor Society

1st Place: International Drawing Competition in Korea

#### PROFESSIONAL MEMBERSHIPS

Southern Arizona Psychological Association

Society of Air Force Psychologists (05)

Kentucky Psychoanalytic Institute (life time)

Society of Nuclear Medicine Technology (94)

#### PERSONAL INTERESTS

Paints, draws and composes music and plays piano. An avid runner. Have completed two mini-marathons. Obtained a 97.5 score in the Air Force Fitness Test (2005). Active in a church in Tucson. Offers volunteer work and outreach.

#### REFERENCES

Paul Duckro, Ph.D., Director, Office of Child, Adolescent and Adult Protection, Diocese of Tucson, P.O. Box 31, Tucson, AZ 85702, (520) 838-2513

Randy Reynolds, MA, LPC, Director, Community Renewal, 633 North Second Avenue, Tucson, AZ 85705, (520) 622-1482

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Lt Col Katherine Rearden, Ph.D., Commander, Mental Health Flight, United States Air Force, 5380 E kachina Street, Davis Monthan AFB, AZ 85707, (520) 228-4926

Michael Breslow, M.D., United States Air Force, Mental Health Flight, Davis Monthan AFB, AZ 85707, (520) 228-4926

John James, Ph.D., Dean, College of Social Sciences and Humanities, Spalding University, 851 S. Fourth St., Louisville, KY, 40203. (502) 585-9911 x2434

James Cooksey, Ph.D., Clinical Supervisor of Psychological Services, Kentucky Division of Family and Children, 908 W. Broadway, Louisville, KY, 40203. (502) 595-4013. Dr. Cooksey is also a faculty instructor at Spalding University.

Pat Pernicano, Ph.D. Seven Counties Services Community Mental Health Center, County Manager, also a faculty instructor at Spalding University. H: (502) 671-0177 W: (502) 955-6447

Larry Sayre, Ph.D., United States Air Force , Mental Health Flight, 5380 E Kachina Street, Davis Monthan AFB, AZ 85707, (520) 228-4926

Tom Titus, Ph.D., Spalding University, Psychology Department, 851 S. Fourth St., Louisville, KY, 40203. (502) 585-7127.