# Softball COVID-19 Health and Safety Guidelines

The following general guidance requirements must be adhered to at all times:

## **General Requirements**

- Face coverings to be worn by players and staff at all times in compliance with the CDPH Guidance for the Use of Face Coverings, including when not participating in the activity (e.g., on the sidelines).
- Maintain at least six feet of distance between sport participants and others to the maximum extent possible, including when on the sidelines. Players should arrive no more than 15 minutes before games and should remain in vehicle to prevent contact with additional teams. Practice prior to game play is not permitted at this time.
- Each player will find a spot for their equipment outside of the dugout (such as in the stands) and sit while waiting for their opportunity to play. These spots are to be maintained at least six feet apart and must be placed behind a fence whenever possible. While on offense, only on-deck and in-the-hole batters only are allowed in the dugout.
- No sharing of drink bottles and other personal items and equipment.
- No spitting, eating, or drinking (unless water; player must be 6 feet away from others to remove mask and drink water).
- Teams must not participate in out-of-state games and tournaments; doing so will result in a two week forfeit.

## **Temperature Check & Heath Screening**

City staff will check temperature of players and ask them a series of health screening questions.

#### **Limitations on Observers**

Spectators are not permitted at this.

## Limitations for Inter-Team Competitions and Tournaments

Only one competition, per team, per day maximum to be played. Double headers will not be permitted, and championship games will be played on a separate night to playoffs. If guidelines change schedules may be modified.

## **Hygiene and Equipment Sanitation**

- When equipment is shared during an activity, participants perform hand hygiene (wash hands with soap and water or use an alcohol-based hand sanitizer) before play, during breaks, and after the conclusion of the activity.
- Balls or other objects or equipment can be touched by multiple players during play if the above hand hygiene practices are followed.

#### Limitations on Mixing by Participants

Participation by athletes during competition is limited to one team. Teams may not share players and players may not play in more than one league.

## **Returning to Sports after Infection**

- No one with symptoms of COVID-19 or who is in isolation or quarantine for COVID-19 is permitted to attend competitions.
- Anyone with symptoms of COVID-19 should consult their physician for testing and notify their manager. Manager should notify City staff.