



LION WRESTLING CLUB
PRACTICE SCHEDULE & GENERAL INFORMATION
2018-19

November -----

5 - Monday	Club Practice:	Level 1	6:45pm - 7:45pm
6 - Tuesday	Club Practice:	Level 2	6:30pm - 7:45pm
		Level 3	7:45pm - 9:15pm
8 - Thursday	Club Practice:	Level 2	6:30pm - 7:45pm
		Level 3	7:45pm - 9:15pm
12 - Monday	Club Practice:	Level 1	6:45pm - 7:45pm
13 - Tuesday	Club Practice:	Level 2	6:30pm - 7:45pm
		Level 3	7:45pm - 9:15pm
15 - Thursday	Club Practice:	Level 2	6:30pm - 7:45pm
		Level 3	7:45pm - 9:15pm
19 - Monday	Club Practice:	Level 1	6:45pm - 7:45pm
20 - Tuesday	Club Practice:	Level 2	6:30pm - 7:45pm
		Level 3	7:45pm - 9:15pm
22 - Thursday	NO PRACTICE - THANKSGIVING BREAK		
26 - Monday	Club Practice:	Level 1	6:45pm - 7:45pm
27 - Tuesday	Club Practice:	Level 2	6:30pm - 7:45pm
		Level 3	7:45pm - 9:15pm
29 - Thursday	Club Practice:	Level 2	6:30pm - 7:45pm
		Level 3	7:45pm - 9:15pm

December -----

3 - Monday	Club Practice:	Level 1	6:45pm - 7:45pm
	Picture Night		
4 - Tuesday	Club Practice:	Level 2	6:30pm - 7:45pm
		Level 3	7:45pm - 9:15pm
	Picture Night		
6 - Thursday	Club Practice:	Level 2	6:30pm - 7:45pm
		Level 3	7:45pm - 9:15pm
10 - Monday	Club Practice:	Level 1	6:45pm - 7:45pm
11 - Tuesday	Club Practice:	Level 2	6:30pm - 7:45pm
		Level 3	7:45pm - 9:15pm
12 - Wednesday	Club Practice:	Level 2	6:30pm - 7:45pm
		Level 3	7:45pm - 9:15pm
13 - Thursday	Home Varsity Wrestling Meet 6:00pm		
	Iowa City West		
16 - Sunday	Lion W.C. Dev Tournament - HS gym		
17 - Monday	Club Practice:	Level 1	6:45pm - 7:45pm
18 - Tuesday	Club Practice:	Level 2	6:30pm - 7:45pm
		Level 3	7:45pm - 9:15pm
19 - Wednesday	Club Practice:	Level 2	6:30pm - 7:45pm
		Level 3	7:45pm - 9:15pm
20 - Thursday	Home Varsity Wrestling Meet 6:00pm		
	Iowa City Liberty		
24 - Jan. 1 st	--- NO PRACTICE --- CHRISTMAS BREAK ---		

January -----

2 - Wednesday	Club Practice:	Level 2	6:30pm - 7:45pm
		Level 3	7:45pm - 9:15pm
3 - Thursday	Club Practice:	Level 2	6:30pm - 7:45pm
		Level 3	7:45pm - 9:15pm

January -----

6 - Sunday	--- Little Lion Wrestling Tournament - H.S. Gym		
7 - Monday	Club Practice:	Level 1	6:45pm - 7:45pm
8 - Tuesday	Club Practice:	Level 2	6:30pm - 7:45pm
		Level 3	7:45pm - 9:15pm
10 - Thursday	Club Practice:	Level 2	6:30pm - 7:45pm
		Level 3	7:45pm - 9:15pm
14 - Monday	Club Practice:	Level 1	6:45pm - 7:45pm
15 - Tuesday	Club Practice:	Level 2	6:30pm - 7:45pm
		Level 3	7:45pm - 9:15pm
16 - Wednesday	Club Practice:	Level 2	6:30pm - 7:45pm
		Level 3	7:45pm - 9:15pm
17 - Thursday	Home Varsity Wrestling Meet 6:00pm		
	C.R. Kennedy (Club Night)		
21 - Monday	Club Practice:	Level 1	6:45pm - 7:45pm
22 - Tuesday	Club Practice:	Level 2	6:30pm - 7:45pm
		Level 3	7:45pm - 9:15pm
24 - Thursday	Club Practice:	Level 2	6:30pm - 7:45pm
		Level 3	7:45pm - 9:15pm
28 - Monday	--- Lion Wrestling Club Pizza Party - 6:30pm		
29 - Tuesday	Club Practice:	Level 2&3	6:30pm - 8:00pm
30 - Wednesday	Club Practice:	Level 2&3	6:30pm - 8:00pm
31 - Thursday	Home Varsity Meet vs. Dubuque		
	Hempstead 6 pm Senior Night		

February -----

5 - Tuesday	Club Practice:	Level 2&3	6:30pm - 8:00pm
7 - Thursday	Club Practice:	Level 2&3	6:30pm - 8:00pm
12 - Tuesday	Club Practice:	Level 2&3	6:30pm - 8:00pm
14 - Thursday	Club Practice:	Level 2&3	6:30pm - 8:00pm
19 - Tuesday	Club Practice:	Level 2&3	6:30pm - 8:00pm
21 - Thursday	Club Practice:	Level 2&3	6:30pm - 8:00pm
26 - Tuesday	Club Practice:	Level 2&3	6:30pm - 8:00pm
28 - Thursday	Club Practice:	Level 2&3	6:30pm - 8:00pm

Linn-Mar Wrestling Website - www.linnmarwrestling.com

Linn-Mar Wrestling Twitter - @linnmarwrestlin

Like us on Facebook: Linn-Mar Wrestling

Check us out on Snap Chat & Instagram

Weather Cancellation / Practice Re-Scheduling

If the L-M School District cancels school or has an early release due to poor weather conditions, there will be **NO** Lion Wrestling Club practice that night.

Entrance: Use Door #7 on the East side of the building behind the main gym.

Contact Information:

Doug Streicher: High School Head Coach 447-3052
 Lion Wrestling Club E-mail: linnmarwrestling@gmail.com