

Balanced Baby Clinic

with

**Alyssa Frey MS, OTR/L &
Maria Parlapiano RN IBCLC
Friday's at Postpartum Place**

Take advantage of this unique, ground-breaking clinic! Alyssa Frey – craniosacral therapist and Maria Parlapiano – RN IBCLC, are offering **collaborative mini-sessions every Friday**. Together we will assess structure and function, educate, treat and customize a care plan just for you!

Why CST & Lactation Together? Because it's not just about the baby and feeding, *it's about the "big picture"- the well-being of the entire family*. Current research demonstrates the importance of a balanced family for positive attachment and development.

Our years of vast experience allows us the opportunity to assess & help with a variety of issues or concerns. These may include but not be limited to:

BABY

- Gassy/fussy/colic
- Infant reflux
- Poor feeder (breast or bottle)
- Slow gainer
- High need baby (cries a lot)
- Pre & post lip/tongue release
- Torticollis/Plagiocephaly & strain/tension patters
- Bowel issues
- Sleep issues

PARENTS

- Painful nursing
- Over/under-production of breastmilk
- Back & Neck / TMJ (jaw) pain
- Headaches
- Stress & Anxiety
- Sleep Issues

We are eager to share our skills and years of experience to help your family feed, flourish and flow! Balanced Baby Clinic will be on **Fridays**. Together we will meet with you for **45 minutes** to assess what is most needed at the time to support your family. Expect feeding & baby care help as well as bodywork. Plus self-help techniques that really work!

***Cost: \$150** (v/mc, ck or cash) insurance reimbursement forms available

Call **973-701-0606** or email (maria@postpartumplace.com) today for an available time slot!

Location: Postpartum Place 368 Main St, Chatham, NJ 07928



Bios available at:

Alyssa Frey MS, OTR/L
www.alyssafreycst.com

Maria Parlapiano RN IBCLC
www.postpartumplace.com