



Chantarelle News

Sonoma, California

Chantarelle
Homeowners'
Association

November 2020

Volume 31 #11

NOVEMBER

Your vote is important! If you haven't already voted, please do so by Election Day, Tuesday, November 3rd.

Other notable days this month include: the end of daylight savings time on Sunday the 1st, Veterans Day on Wednesday the 11th and Thanksgiving on Thursday the 26th.

Please take extra care, enjoy the holiday and have a safe month.

CONGRATULATIONS TO CHARLIE BERRY



With winter fast approaching, it's nice to receive a heart-warming story like this. Our dear neighbor and artist-in-residence, Charlie Berry, recently celebrated his 104th birthday. Congratulations, Charlie, from the Chantarelle community.

PRESIDENT'S REMARKS

We were fortunate to miss the latest power shut down and hope

that is the last major wind storm for the season. We are reminded however that the fire danger is still high and will be until we get measurable rain which is not forecasted now until mid-December. We need to be vigilant and try to minimize any activities that could lead to a fire.

We had a good HOA meeting last week and were able to approve the 2021 budget. We have a small surplus so we will be able to leave the HOA dues unchanged next year. We also approved a new form for Club/Activities to fill out for approval by the board. We are requiring all past Club/Activities to fill out a new approval form to facilitate scheduling in our main clubhouse room. These activities will not resume until we are approved by the County. The form is available on our website or from me and should be returned to me. You can leave the form in the mail tube at 186 Saint James Dr.

I was pleased to see many Zoom participants at the meeting. Zoom is awkward but the more we use it the easier it gets to have productive meetings.

Board members will soon be scheduling our annual walk around the neighborhood to assess owners' fences that need replacing and houses that need repainting. We always give plenty of time to schedule fence replacement or house painting, but if you see your home needs to be repainted you might want to start the process of scheduling a painter now.

Have a wonderful Thanksgiving, regardless of COVID, I know many of us have much to be thankful for.
~ Steve

TREASURER'S REPORT

Through the end of September: We are still doing very well financially this year. We are under budget in most expense categories, except for Maintenance and Repairs where we are over budget by about \$2,487. However, in total we are under budget by about \$21,992. I believe most of the underage is probably due to reduced HOA activities because of the covid crisis. However, we continue to perform routine landscape, maintenance and administrative requirements, as well as needed repairs, and the pool was available for exercising on a truncated schedule (it was closed October 26). We will experience higher expenses for the end-of-year landscape projects, but still hope to be able to carry over a surplus into 2021.

LANDSCAPING NOTES

Hello neighbors. The cooler weather seems to have improved the grass quite a bit. A few spots will need some work but it is not as bad as we originally thought.

Because of a new project, we have temporarily delayed the

refreshing of the front shrubs and the backflow project. Many of the shrubs we need to refresh had problems because of inadequate watering. So, we have planned and the Board has approved using drip irrigation to replace the sprinkler heads that water the shrubs.

There are fifteen valves that control the irrigation of the shrubs. Each valve waters the shrubs of a number of houses. To change to drip, the valve needs to have a water pressure reducer attached and the sprinkler heads have to be replaced with drip tubes and heads. Each shrub will have its own drip or one very near. We have worked out with Waldron to do one valve and its shrubs to see how much the conversion will cost. This should help the shrubs to thrive and save water.

We will be doing a walk around with Ryan of Art and Science Tree Surgeons soon to see which trees need pruning. If you are concerned with your trees, please let Debbie or me know.
~ Ben Jones (415-939-8955)
benjaminjnes1@verizon.net
~ Debbie Yamato. (415-696-2424)
javagirl0547@yahoo.com

SPECIAL NOTICE

If you have any problem with landscape, broken sprinklers, dead plants, etc., please do not call Waldron or our management company. Instead, please call Ben Jones or Debbie Yamato. If we don't answer leave a message; we do check.

SAFETY & WELFARE

On 10/23/2020 Rohnert Park Department of Public Safety was alerted that their main department number was used as the incoming and callback number by a Social Security scammer. This is just another reminder to be suspicious of callers requesting your personal information. Scammers use an app to auto-generate spoof numbers. If you are questioning the authenticity of a call, do not provide any personal information.

In this same vein, several of our own neighbors have recently received scam calls purporting to be from PG&E. The call is automated and states that your power will be turned off, account cancelled due to lack of payment, etc. If you receive a call like this, hang up and call the agency or utility directly. The same goes for emails you may receive claiming they are from Apple support or your bank or credit card company. Do not reply; do not click on the link. Mark as "junk" and call the company directly.

NOW THAT STANDARD TIME IS BACK . . .

Many of us already stay home more due to COVID19 concerns. With the onset of earlier darkness, we may feel more confined and a bit "down." Here is some sensible advice from the Iowa Gazette:

Get outside

With days getting darker earlier, make it a priority to get outside when you can during the day. It can be less alluring with the colder temperatures, but the benefits will be well worth it. Being in nature has the power to increase your energy levels and elevate your mood. So, bundle up and enjoy the sunlight in the early mornings if you can.

Check Vitamin D Levels

If you are vitamin D deficient, your doctor may suggest a vitamin D supplement, especially during winter months. Vitamin D, also known as the "sunshine vitamin," may help boost mood, the immune system and heart health. Low vitamin D levels can contribute to depression, the "winter blues" or Seasonal Affective Disorder. Certain foods are good sources of vitamin D, including cod liver oil, swordfish, salmon, tuna, milk, yogurt, sardines, eggs and cereals fortified with vitamin D.

Implement a nighttime ritual

When it begins to get dark at 5 p.m., it can be hard for our bodies to determine when it's time to go to bed. If you don't have a nighttime routine already, now is a good time to introduce one to help you fall asleep. A routine may include washing your face, brushing your teeth, reading in bed, prayer and meditation, e.g. Repetition should signal the body to get ready for sleep.

Get moving

Increase endorphins by exercising. Research shows that the psychological and physical benefits of exercise helps to reduce anxiety and will, ultimately, improve mood.

Positive attitude

Our minds are powerful. If you think negative thoughts about winter, chances are you will have a dreary winter. How can you adopt a positive mind-set this winter? Participate in at-home hobbies and interests that you enjoy; keep in touch with friends and family by phone or email.

GARAGE SAFETY

Please remember to leave room around your furnace for air circulation. Some of our garages

are "overstocked," which creates a fire hazard, especially regarding your utilities. Thanks for your cooperation.

Finally, the Safety/Welfare Committee wishes a Happy Thanksgiving to you and yours. These are trying times, but we all have much for which to be grateful. And please take a moment to remember our veterans on November 11.

~ Peggy Owens, Coordinator,
Safety/Welfare Committee
powens2@juno.com

MORE CARS AND EXPERIENCES

You may recall my August, 2020 column in Chantarelle News (CN). The responses including Temelec and Creekside, overflowed the constraints of my limited space here.* CN and I would like this column to focus on Chantarelle interests, with your inputs. There is a shift towards hybrids and pure electric cars, at all ages, maybe especially in our community. Would you like to share your experiences, especially all electric? I have seen a BMW i3, a Nissan Leaf, and a Tesla or two. What's it like driving electric? Quiet?

I'm sure most of us have interesting road trip stories, recent and years past. Would you like to tell us about a memorable one? I could tell a bunch but I'll give you just a couple of brief mentions for now.

In 1970 the Camarda newlyweds drove from NYC to San Francisco, in my new (bright orange), 2-seater, Opel GT, made by GM's German Opel division. We took 9 days. We got stuck in a tornado in Nebraska. The sky turned black and the rain came with no space between the drops. Every vehicle

on Rte 80, including semi's, just pulled off the highway and waited. We could see the twister silhouette in the distance. The Colorado Rockies were the most beautiful part of the trip; pine tree forests about 500 feet tall; the dramatic Royal Gorge. We encountered a herd of cattle being driven across one mountain road we were driving. The bottoms of their bellies were about the same height as the Opel GT roofline. I just hoped we would not get stepped on. We stopped at the Grand Canyon also, but it is so vast, like 10 miles across, that I found it just too large to fully appreciate.

As new arrivals in beautiful California, we spent many years driving everywhere. Camping in Tahoe Desolation Wilderness. On one vacation we took a week driving from SF to LA, stopping at EVERY beach along the way. California, here we are!

So please share your stories. Some of you may not like to write, but you can call me and I'll take notes.

*By the way, I am continuing a monthly independent newsletter, which I call Automoboli, with car stories including Temelec, Creekside, and recent race events. I have a special edition report on the Goodwood (England) historic car races last week. If you would like to be added to Automoboli blind cc, just let me know.

Joel Camarda
joelcamarda@yahoo.com
415-290-6374

DON'T FORGET TO OBTAIN ACC APPROVAL

Just a reminder that any change or alteration to the exterior of homes, windows, fences, garage doors, paint colors, gates or roofs must

be approved by the Architectural Control Committee (ACC) BEFORE work begins. The full list of ACC guidelines and the application forms are available in the clubhouse, online at Chantarelle.org, from ACC committee members, and from Strong Management.
~ Marty Greenman

OUR NEWSLETTER

If you have ideas or articles that you would like to see in the newsletter, please email Tom at thomasflinn@me.com or John Dodgshon at john_dodgshon@hotmail.com

SUNSHINE COMMITTEE

If you know of anyone at Chantarelle who is sick or if you have new neighbors, please let either Willy Hoekstra or Ann Young know so that she can contact them. Willy's phone number is 996-0661. Ann's number is 938-2582.

CHANTARELLE WEBSITE

Our thanks to Mary Howland, who maintains our website. The website can be accessed at www.chantarelle.org.

It contains copies of important documents, including: CC&Rs, Rules, HOA Meeting minutes. Please check it out.

Please submit items for the Chantarelle Website to Mary Howland, 650-468-1119 or email her at: char797@aol.com

MANAGEMENT COMPANY

Strong Property Management
PO Box 1368, Sonoma, 95476
Paul Strong 933-9151
Email: paul@strongmgt.com
24 hour Emergency Number:
1-800-359-2362.

BOARD OF DIRECTORS

Steve Rogers, President
771-9290

Tom Flinn, Vice-President
415-621-7572

Ron Yamato, Treasurer
415-305-1400

Roger Young, Secretary
938-2582

Pat Chace, Director
935-7301

TOM'S RECIPE for NO-KNEAD ROLLS

Hi neighbors. This Martha Stewart recipe for no knead rolls is a great one. I use it all the time. Plop it in the Kitchenaid Mixer, it does all the work. It would be very stiff to make by hand. You mix, divide dough into balls, put them in buttered 9x13 pan. One rise, take off plastic wrap, bake. You can brush on butter, add flakey sea salt

on top, sesame seeds, poppy seeds, whatever you like.

I have also used this dough to make cinnamon rolls. You can make anything with this dough. I made the rolls and added a teaspoon of jam and pinched the roll closed. Yum. If you have questions, please let me know. Thomasflinn@gmail.com If you don't have a Kitchenaid mixer, I could be persuaded to mix the dough for you! Surprise someone with rolls on Thanksgiving, if you mix at breakfast, you have fresh rolls by lunch.

No-Knead Dinner Rolls

Prep 35 minutes · **Cook** 2 hours

40 minutes · **Makes** 18 rolls

Source MarthaStewart.com

Ingredients

- 2 cups warm water (105 to 115 degrees)
- 2 packages (1/4 ounce each) active dry yeast
- 1/4 cup sugar
- 4 tablespoons butter, melted, plus more for pan and brushing 1/2 stick
- 2 large eggs, lightly beaten
- 1 1/2 teaspoons salt
- 6 cups all-purpose flour (spooned and leveled), plus more for shaping dough

Directions

1. Pour warm water into a large bowl; sprinkle with yeast, and let stand until foamy, about 5 minutes.
2. Add sugar, butter, eggs, and salt; whisk to combine. Add flour; mix until incorporated and a sticky dough forms. Brush top of dough with butter; cover bowl with plastic wrap, and set aside in a warm place until dough has doubled in bulk, about 1 hour.
3. Turn dough out onto a well-floured work surface. With floured hands, roll dough into a thick log. Cut into 18 equal pieces (halve log, cut each half in thirds, then cut each piece into thirds again).
4. Brush a 9-by-13-inch baking pan with butter. One at a time, flatten each piece of dough, then fold edges toward the center, pressing to secure, until a smooth ball forms. Place dough balls in prepared baking pan, smooth side up (you should have 3 rows of 6). Cover loosely with plastic wrap, and let rise in a warm place until doubled in bulk, 30 to 40 minutes. (Alternatively, refrigerate, at least 4 hours and up to 1 day.)
5. Preheat oven to 400 degrees. Remove plastic wrap; brush rolls with butter. Bake until golden and rolls sound hollow when tapped on bottom, 35 to 40 minutes (tent with aluminum foil if browning too quickly). Pull rolls apart, and serve warm.

NOTICE

Due to the current crisis, the clubhouse will remain closed to all club and group activities until further notice. However, the Lending Library will be open with the following restrictions: only one person (or two if from the same household) in the clubhouse at one time and use disposable gloves when handling the books.

NOVEMBER 2020

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 Daylight Savings Ends	2	3 Election Day	4	5	6	7
8	9	10	11 Veterans Day	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26 Thanks-giving Day	27	28
29	30					

Waldron Landscaping is now here on Monday 8am-1pm, Tuesday 8am-4pm, Thursday 1-4pm and Friday 8am-1pm.

Garbage, recycling & garden trash pickup is on Mondays.