



## The Emanuel Light October 2020

Mission Statement: "We lovingly connect people to God by nurturing the Christian faith in all God's children"

[From Christianity.com](http://From Christianity.com)

### Before You Press "Send" – by Sharon Jaynes

It was a mean email. The woman had fussed at me up and down, made untrue accusations, questioned my spirituality, and then threw a little Jesus on it.

So, what did I do? I typed an email response that fussed at her fussing at me, defended myself left and right, and threw a little Jesus on it. Then ... I deleted what I had written and never sent a reply.

A few days later, I received a second email from the woman, apologizing; she had been having a bad day. .... Oh, how I love the "delete" button.

Social media is rife with unkind comments, vicious venting and vengeful vindictiveness. Fiery tweets spawn heated replies; opinionated posts provoke resentful retaliation. I'm convinced people type what they would never say face-to-face. How many times have I clicked "send" then wanted to climb into my computer and get the words back? How many times have you?

You can't put toothpaste back in the tube, and you can't take back words once spoken or sent. ... Words spoken in anger can be daggers to the heart of the receiver. I've felt the sharp arrow of angry words pierce my heart, and I've also been the archer bending the bow. I've known many who've regretted words spoken or typed in anger, but I've never known anyone who regretted withholding them. A great question to ask ourselves before we respond in the heat of the moment is, "What is my hoped-for outcome from the words I'm about to say?"

**If it's retaliation, don't do it.**

**If it's to make the person feel as bad as he/she made you feel, don't do it.**

**If it's to shame, don't do it.**

**If it's to put the person in his/her place, don't do it.**

**If it's to intimidate, don't do it.**

**Jesus never did.**

When you see something on social media that raises your  
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hackles or receive an email that needles your nerves ... wait. Don't respond right away, if at all. The writer of Proverbs said,

***“Even fools are thought wise if they keep silent, and discerning if they hold their tongues” Proverbs 17:28.***

When you feel the burning urge to wound with words, take a deep breath:

**Calm down before you respond, if you respond at all.**

**Count to ten or one hundred.**

**Leave the screen to add space to process.**

**Go for a walk.**

**Ask yourself what about the situation made you so angry.**

Are you filtering present words through past experience?

**Pray about your response.**

**Read what you wrote aloud before you press the “send” button.**

**Wait at least a day before sending your reply.**

I'm not suggesting we become stuffers who never address issues that stir up anger. I am suggesting we calm down first, think about what we need to say, and discuss the issue in a productive manner. I know ... that's not easy. I've done a lot of walking.

But remember,

***“A soft answer turns away wrath, but a harsh word stirs up anger” Proverbs 15:1.***

In Christ, we have all the power we need to respond with grace and truth ... or to not respond at all.”

***“Fools vent their anger, but the wise quietly hold it back.” Prov 29:11***

... The Bible also tells us:

***“Those who guard their lips preserve their lives, but those who speak rashly will come to ruin” (Proverbs 13:3, NIV).***

***“Do you see someone who speaks in haste? There is more hope for a fool than for them” (Proverbs 29:20, NIV).***

***“My dear brothers and sisters, take note of this: Everyone should be quick to listen, slow to speak and slow to become angry, because human anger does not produce the righteousness that God desires” (James 1:19-20, NIV).***



## Recipe Corner

**Roger's (Chuckie's) Buttermilk Waffles**—Another recipe from a favorite cousin. While a Belgium waffle iron works best, they also taste very good from a regular iron too. I made extra, wrapped them in a paper towel and froze them in self sealing plastic bags. Then thru the week, popped them into the toaster to enjoy. Tasty!

**2 eggs**

**Beat well**

**2 c buttermilk**

**Add**

**1 tsp baking soda**

**Beat till smooth**

**2 c flour, sifted**

*(batter will be thin)*

**2 tsp baking powder**

**½ tsp salt**

**1/3 c butter, melted**

**Bake** in a waffle iron (Belgium Waffle Iron is best) till golden brown. Serve with syrup, whipped butter or fruit sauce



**Fruit Sauce (frozen berry)** Georgie's (Jeannie's Mom)

In a **medium saucepan**, over **medium heat**

**2 cups frozen mixed berries\***  
**2-6 tablespoons sugar**, to taste  
**1 teaspoon lemon juice**  
**5 grates of lemon zest**

**Cook** for about **5 minutes**  
**stir** occasionally till juice thickens  
(add additional water or sugar  
as needed – 1-2 Tbsp at a time)

**1 tablespoon water**  
**1/2 tablespoon cornstarch**

In a small cup-**wisk** till smooth  
**Add** to pan  
**Simmer** for a **few minutes**.

Fruit sauce thickens as it cools.—Serve warm or chilled

\*If you use fresh fruit – add 2-4 Tbsp of water. Any berry works, but I especially like blueberry. This Fruit Sauce is good on waffles, pancakes, cheesecakes, ice cream and whatever!



*October Reflections 2020*—**Halloween Costumes**—by Jeannie

Guess I always enjoyed the dress-up part of Halloween; the costumes, the make-up, the masks—all good fun. The first remembered Halloween costume for me was as a Spanish dancer with my mother's black lace head scarf draped across my lower face. Everyone else had eye masks, but my brother said mine had to go across my lower face to keep my mouth shut. What did he know anyway?

My kids always had costumes (we made them, there were no bought ones then, I even made a Batman) and make up—remember my kids are from the KISS generation—all kinds of make-up. Though Cat/Lori freaked coworker out when she wore “cats eyes” contact lenses. One of her guys asked if she had had eye surgery!

An operating room nurse I worked with went as the Hulk one year, dyed his blonde hair and entire body a bilious green—not realizing that it would take weeks to shed all the green color. He was one weird looking guy for months. A friend of mine told me at 8+ months pregnant she wore a white tee-shirt with a big round yellow circle sewed on the middle of it and wore devil horns—she was a deviled egg. I have also seen a black t-shirt with a large white circle with the number 8 in the center as the preverbal 8 Ball as well.

One of my favorites was the lad in the office that wore slacks and a white shirt with 98.6 printed across the front. When asked what he was supposed to be, his response was “a temp!”; Classic!

My Mother had a friend Lois who took her 3 nephews, who all wanted to be Zorro that year, to an Elementary School Halloween party. After several hours all were exhausted as she drove home. When she stopped at the first one's home she realized two of them weren't hers! She did go back and make a quiet change of Zorros and never mentioned the mistake to her sisters!

Many years ago, when we lived in Everett the “witch crashing into the tree” was the fad, we of course made our own and after the first year you would have thought there was a witches convention in our neighborhood. They were everywhere; trees, side of the houses, garages even tool sheds.

We then moved to Chattanooga, where they do not look upon Halloween as the event we do here in the Pacific NW. The first Halloween there we set up our decorations and put the witch up against the side of the house. The next morning, my husband fielded phone calls from several concerned neighbors that it was bad enough that David was making me help in the remodel and painting, but that “Miss Jeannie seems to be stuck on the side of the house and can't get down!” What really concerned me was that they thought I wore orange and purple striped stockings and a pointy hat while working on said house! Not very funny. *Obviously them was my going into town clothes!*





## Notices:

- **WORSHIP SERVICES** - The Council reviewed and decided that we would need to continue the temporary suspension of Worship Service during the ongoing COVID Pandemic for the health of our Congregation. Please read the enclosed summary letter from Cheryl. We will continue with the weekly Worship Packet sent via email postal mail for those who do not have internet access. If you wish to participate and are not receiving this, please let me know so you can be included.
- We need to thank the **Synod** for their aid in assisting us at this difficult time. They have made learning resources available for our weekly packets and continue to support us in our mission.
- The **COVID 19 rules** to be followed for use of our Facility, are posted on our front bulletin Board. If you would like a copy, please contact our office or leave a voice mail for an email or postal copy.
- **Christ the King** – Episcopal church with Father David Fell is meeting and streaming their service at Emanuel at 10:30 am.
- **Mark Buckler** – the Tacoma Veteran Counseling Services is seeing clients at Emanuel on Wednesdays. Appointments can be made by calling 253-565-7038 for veterans and their families.
- **Giving Thanks Dinner** has been serving an average of 50 meals every Tuesday night. And have agreed to continue to do so to the end of the year for now.
- **Bible Study**–We are using 2 Bible Studies to better understand the book of Genesis. If you would like to participate and are not receiving the weekly study, please let me know to be sure you are included

## Calling for needed Volunteers at Emanuel To help us Care for God's House

Please sign up for an hour, day, week month, whatever, for our every-day chores such as: cleaning the bathrooms, dusting, floors to be swept/mopped, windows to be cleaned, seasonal decorating to be done. You can sign up for a time when there is no one or minimum people present to protect yourself from becoming ill. Please, **please** call to sign up to help us all out, If each of us volunteers minimally, we can maximize our efforts!

### From the Desk of Jim Smith

God found Gideon in a hole  
He found Joseph in a prison  
He found Daniel in a lion's den.  
He has a curious habit of showing up  
In the midst of trouble, not the absence.

Where the world sees failure, God sees future

Next time you feel unqualified to be used by God remember this, he tends to recruit from the pit, not the pedestal. **AMEN!!!!!!**



# Prayers of the People

## Afflicted with cancer

Baker, Martin  
 Calhoun, Jason  
 Dale, Jacque  
 Hugli, Dennis  
 Humbert, Randy  
 Humbert, Sue  
 LeDuc, Mike  
 McGriff, Sean  
 Risch-Sheldon, Danny  
 Risch, Roger  
 Runion, Beverly  
 Sansone, Gena  
 Steiner, Kim  
 Thompson, Gene  
 Thompson, Greg

## Homebound/Care Facility

Keena, Almyra  
 Slater, Lanny  
 Springer, Mike  
 Stanton, Tom

## Difficult Times

Pennington, Catherine  
 Springer, Lillian  
 Nelson, Beverly

## Receiving Medical Care

Baldwin, Andrea  
 Davis, Larry  
 Jackson, Bebe  
 John—Allan's friend  
 Meredith, Karen  
 Nelson, Jim  
 Newcomer, Bill  
 Ott, Glenda  
 Pennington, Allie  
 Sandberg, Kris  
 Slease, Kathy  
 Snyder, Carmen  
 Steiner, Kim

## Friends and Family in Mourning

Mike Fernald  
 Milo Burroughs

## Military, Law Enforcement and E/R Workers

Lusher, Aaron  
 Slease, Brian

**Please also pray** for those in Service in combat and/or suffering from PTSD and/or other injuries

## Special Prayers

Please pray for those in sickness-physical and mental health

Please pray for those who are anxious and fearful.

Please pray for the Lord's peace and comfort for all of us.



To include someone on the prayer list or add them back, please fill out a prayer card and put it in the offering plate, or email the information to the office along with your name and contact number if questions. Names are removed after 4 Sundays, except for those with cancer, home-bound or in a care facility, and service men and women: these will remain for a year.

## Scripture Readings Sept 2020

	1st Reading	Psalm	2nd Reading	Gospel
Oct 4 Pentecost 18	Isiah 5:1-7	Psalm 80:7-19	Philippians 3:4b-14	Matthew 21:33-46
Oct 11 Pentecost 19	Isiah 25:6-9	Psalm 23	Philippians 4:4-13	Matthew 22:1-14
Oct 18 Pentecost 20	Isiah 45:1-7	Psalm 96:1-9	1 Thess. 1:1-10	Matthew 22:15-22
Oct 25 Reformation	Revelation 14:6-7	Psalm 46	Romans 3:19-28	John 8:31-36 or Matt 11:12-19
				

## A WINTER FRIEND

*(Sent by Eiko Harding—too good to not share! JD)*

"This article is so befitting for all of us... take time to ponder... the last statement cannot be refuted: ...

You know time has a way of moving quickly and catching you unaware of the passing years. It seems like yesterday that I was young, just married, and embarking on my new life with my mate. Yet in a way, it seems like eons ago, and I wonder where all those years went. I know that I lived them all. I have glimpses of how it was back then and of all my hopes and dreams.

But, here it is... the winter of my life, and it catches me by surprise... How did I get here so fast? Where did the years go and where did my youth go? I remember well seeing older people through the years and thinking that those "older people" were years away from me and that winter was so far off that I could not fathom it or imagine fully what it would be like.

But, here it is...my friends are retired and getting grey... they move slower and I see an older person in myself now. Some are in better and some worse shape than me... but, I see the great change... Not like the ones that I remember who were young and vibrant...but, like me, their age is beginning to show and we are ... those older folks that we used to see ....

Each day now, I find that just getting a shower is a real target for the day! And taking a nap is not a treat anymore... it's mandatory! Cause if I don't on my own free will... I just fall asleep where I sit!

And so... now I enter this new season of my life unprepared for all the aches and pains and the loss of strength and ability to go and do things that I wish I had done but never did!! But at least I know, that though the winter has come, and I'm not sure how long it will last... this I know, that when it's over on this earth... it's over. A new adventure will begin!

Yes, I have regrets. There are things I wish I hadn't done... things I should have done, but indeed, there are also many things I'm happy to have done. It's all in a lifetime.

So, if you're not in your winter yet... let me remind you, that it will be here faster than you think. So, whatever you would like to accomplish in your life, please do it quickly! Don't put things off too long!! Life goes by quickly. So, do what you can TODAY, as you can never be sure whether this is your winter or not!

You have no promise that you will see all the seasons of your life... so, LIVE FOR TODAY and say all the things that you want your loved ones to remember, and hope that they appreciate and love you for all the things that you have done for them in all the years past!! "Life" is a GIFT to you. The way you live your life is your gift to those who come after. Make it a fantastic one.

Remember: 'It is Health that is real Wealth and not pieces of gold and silver' ..

But "Old" is good in some things:

Old Songs, Old movies ... and best of all, our dear ...OLD FRIENDS!! ..."



**Emanuel Lutheran Church**  
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# Emanuel Lutheran Church

09-22-20

Dear Emanuel Family and Friends,

Emanuel has engaged in informal communications with our community throughout the spring and summer of 2020 regarding activities and worship services at Emanuel's church building. Most members were officially polled again at the end of August 2020 (many between August 23rd and August 26th).

The Emanuel Council then met in-person September 17, 2020 and using this information along with Washington State guidelines, we discussed next-steps, made recommendations, attempted to improve communication with members and friends, and managed issues to be presented to the congregation prior to our Annual Meeting in January 2021.

It was determined that we are unable to engage in in-person contact at this time, and that social distancing/safety will most likely require that no actual in-person regular worship services be held at Emanuel during the remainder of 2020. (Other activities will be evaluated as they are presented.) Earlier, Yelm United Methodist had issued an invitation for anyone wishing to join their outdoor worship service on Sunday mornings at 10:00. Christ the King is now holding their services at 10:30 am. These were accepted as a reasonable compromise for those who felt a need for in-person contact while still respecting our community's need to distance.

## Regarding regular meeting inside the nave and sanctuary at the church:

It was determined that it is still unsafe for Emanuel to resume regular worship services. However, in June 2020, it was agreed that we could have bible studies, read through the worship packet, have committee meetings, social distancing meetings, and other alternative worshipping on the lawn in front of the church. However, no one has chosen to take control/advantage of that opportunity. Should someone wish to be within the nave and sanctuary of the church, Father Fell provides a service almost at the exact same time that we had it. We also may plan something specific/special; we are just not meeting regularly within the building.

## Regarding having a service with a pastor:

Pastor Doug Tomlinson of the Yelm United Methodist Church (and they are recognized under the ELCA to perform services and administer communion, however not at this time) has invited us to join them for their "on the lawn service". And if of course, as mentioned before, Father David Fell has service and communion within the sanctuary. We have been invited to other local churches and have access to streamed and televised services which include communion.

Should we drop the suspension for regularly scheduled services and have a pulpit supply pastor provide worship, we would be bringing in another person from outside who could possibly expose us. Remembering that many pastors are self-quarantining themselves, pulpit supply pastors might not even be available. The Synod has offered us Zoom or telephone communion should we request it. (Let us remember the Synod has actually supported us very well considering the fact that we are not able to financially support them at this time) We can also access a streamed (Lutheran) service, providing our own elements, and take communion by television or online. (Kathy Peterson and I have both done this.)

# Emanuel Lutheran Church

## Regarding fellowship:

Of course, we understand that the big problem is fellowship. It would be wonderful to be together in the sanctuary and be able to worship together. But many of us would not, or could not, attend even if the Council and congregation chose to lift the suspension. We are blessed in having Jim (our Fellowship Ambassador), Karen and Jeannie heading a team along with our Prayer Warriors at this time making sure that we are all having contact with each other and prayers are being addressed. With our phone fellowship, mailing packets, personal one-on-ones, and Zoom; we are doing as much as we can to keep each other safe.

We will continue mailing and emailing packets, telephone and other electronic communication, occasional one-on-one social distanced contacts, and we will experiment with Zoom meetings at 9 a.m. (Worship) and 1:00 p.m. (bible study) on Sundays, as well as specially planned Zoom meetings. This will be reviewed mid-October to determine whether we will discontinue Zoom, continue with Zoom, and/or purchase a Zoom membership. Other worship options will continue to be explored.

Ultimately, it is not because of the governor's orders, the Council determination, or even the congregation responses that we must suspend services. It is a matter of safety which been agreed upon by most of the congregation by telephone and electronic vote since in person was not possible.

We are planning to have special Emanuel community observances. We can plan get togethers; such as the council meeting, ministry meetings, one-on-one small Bible studies; however full return to regular worship services would be unwise and immoral at this time as it would expose many vulnerable people who would accept our judgment that it is now safe.

What is it we can do to improve your worship experiences during Emanuel's suspension of services? Please let us know if we have missed you or are not contacting you often enough. (We also do not want to be a bother.)

Know that your faithfulness to serving His people is greatly appreciated.

Cheryl Ohlsen  
Emanuel Lutheran Council President

# October 2020

**Emanuel Lutheran Church**  
 206 3rd Street SE  
 Yelm, WA 98597  
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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3
4 10:30 Christ the King Worship Service	5	6	9	8	9	10
11 10:30 Christ the King Worship Service	12	13	14	15	16	17
18 10:30 Christ the King Worship Service	19	20	21	22	23 Newsletter Items Due	24
25 10:30 Christ the King Worship Service  Reformation Sunday	26	27	28	29	30	31 

# Books in the Bible - Old Testament

E	Z	P	J	U	C	D	S	D	T	E	S	D	H
Z	M	R	O	H	I	A	T	E	H	N	R	O	J
E	C	O	E	L	A	N	O	U	E	I	E	Y	S
K	M	V	L	E	L	I	B	T	R	H	D	O	H
I	O	E	R	V	H	E	I	E	N	E	I	I	H
E	Z	R	A	I	S	L	T	R	U	S	E	Z	A
L	H	B	E	T	E	H	A	O	M	T	D	E	C
E	R	S	E	I	G	T	E	N	B	H	G	X	I
N	M	I	L	C	D	U	S	O	E	E	E	O	M
V	E	D	U	U	U	R	O	M	R	R	N	D	B
K	I	N	G	S	J	R	H	Y	S	L	E	U	U
N	M	U	H	A	I	M	E	R	E	J	S	S	O
H	H	J	L	H	T	I	D	U	J	E	I	S	E
O	R	S	U	M	J	O	S	H	U	A	S	R	P

DEUTERONOMY  
 GENESIS  
 ESTHER  
 EZRA  
 EXODUS  
 NUMBERS  
 JEREMIAH  
 LEVITICUS  
 JOEL  
 RUTH  
 JUDITH  
 MICAH  
 HOSEA  
 JOSHUA  
 KINGS  
 DANIEL  
 JUDGES  
 PROVERBS  
 TOBIT  
 EZEKIEL