

## NDC COACHING FEES

The coaching staff will communicate individually with parents regarding the diver's level. Jr. Elite and JOS divers are required to commit to year-round training and competition.

**Monthly training fees are due on the 1<sup>st</sup> day of each month. The Annual Membership Fee is due by September 1<sup>st</sup> of each year.**

### Fee Structure:

<b>Learn-to-Dive - 75 minute training sessions</b>		
Monthly Training Fee:	1 time per week	\$75.00
	2 times per week	\$100.00
Annual Membership Fee:		\$50.00

<b>Junior Elite - 2 hour training sessions</b>		
Monthly Training Fee:	3 to 4 times per week	\$200.00
Annual Membership Fee:		\$100.00

<b>High School Prep - 2 hours training sessions</b>		
Monthly Training Fee:	1 to 2 times per week	\$175.00
	3 to 4 times per week	\$225.00
Annual Membership Fee:		\$125.00

<b>Junior Olympic Squad: - 3 hour training sessions</b>		
Monthly Training Fee:	Minimum of 5 days per week (Includes a minimum of 1 belt spotting per week)	\$400.00
Annual Membership Fee:		\$175.00

Weight Training: **JOS** divers are required to participate in a minimum of two weight training sessions per week @ \$10.00 per session. Divers who are not on the JOS may also be able to participate in weight training and need to speak to the coaching staff.

Additional Belt Spotting – 15 minute sessions are available on Saturdays and can be arranged with Kris @ \$25.00 per session.

Private lessons are available as pre-arranged with the coaching staff at the rate of \$50.00 for one hour. The fee for semi-private lessons (2 divers) is \$30.00 per diver for one hour.