



ALGBTIC

Association for Lesbian, Gay, Bisexual & Transgender Issues in Counseling

INAUGURAL CONFERENCE

September 19 - 20, 2014

New Orleans, Louisiana

Hilton New Orleans Riverside Hotel

Greetings Everyone!

Welcome! Words can't express how happy I am that you are joining us in New Orleans for ALGBTIC's Inaugural conference. Our conference is the "first of its kind" for counselors focusing solely on LGBT issues. We have approximately 120 workshops, roundtables, and poster sessions. It has been a labor of love by many people but no one has worked harder than my conference chair, Dr. Catherine Roland. Her expertise and dedication has been invaluable. Thank you Catherine! I would also like to give a special thank you to my ALGBTIC Board and in particular Jeff Gowing and Kris Goodrich as well as Missy Lugo who assisted me through this process.

Although the landscape for LGBT persons is changing for the better, there is still much work to be done. This conference is only the beginning of new and dynamic programming sponsored by ALGBTIC! I have no doubt our presence will be felt throughout the counseling profession!

I hope you enjoy your time in New Orleans and participating in this unique opportunity. We wanted to create a safe environment to share knowledge, educate and promote a sense of community. I hope we accomplished that for you.



*Laissez Les Bon Temps Rouler!!
"Let the Good Times Roll!!"*

With Warm Regards,



Jane E. Rheineck, Ph.D., LCPC, NCC
ALGBTIC President 2014-2015

ALGBTIC LEADERSHIP 2014-2015

Jane E. Rheineck
President

Kristopher M. Goodrich
President - elect

Hugh C. Crethar
Past - President

Joy S. Whitman
Governing Council
Representative

Jeffrey Gowing
Secretary

Robert L. Mate
Treasurer

Tonya R. Hammer
Professional Trustee

Joel M. Filmore
Professional Trustee

Michael DeVoll
Professional Trustee

Alyssa Anderson
Student Trustee

Ned Farley
Journal Editor

**Arien Muzacz and
Ryan Liberati**
Newsletter Editors

Committee Members:

Shainna Ali
Matt Branfield
Adam Carter
Elizabeth Forsyth

Jeff Gowing
Rachel Henesy
Nzinga Lawrence
Missy Lugo
Sergio Washington
Jared Rose
Maiko Xiong

Presidential Task Forces:

LGBT Lifespan Development
Best Practices
Catherine Roland
Penny Sanders
Jeffrey Gowing
Suzy Wise

ALGBTIC Past-Presidents
Council
Mike Chaney, Chair

ALGBTIC Schedule at a Glance

FRIDAY September 19

7:00-8:00 am	Registration
8:10-8:50 am	Opening Remarks - Chart Ballroom Dr. Jane Rheineck- President Dr. Catherine Roland-Conference Chair Dr. Thelma Duffey-ACA President-elect
9:00-12:00 pm	3-Hour Intensive session with Dr. Michael Kocet
9:15-10:05 am	Education Sessions
10:15-11:05 am	Education Sessions
11:15-12:05	Education Sessions
12:05-1:30	LUNCH on your own
1:30-4:30	3-Hour Intensive session with Dr. Barbara Herlihy
1:45-2:35	Education Sessions
2:45-3:35	Education Sessions
3:45-4:35	Education Sessions
4:30-5:30	Poster Sessions - Chart Ballroom
5:30-7:30	Reception - Chart Ballroom A time to meet new people, network and just relax after an invigorating first day.

SATURDAY September 20

8:15 -	Greetings and Updates - Chart Ballroom Dr. Jane Rheineck- President Dr. Catherine Roland-Conference Chair
9:00-9:50 pm	Education Sessions
10:00-10:50	Education Sessions
11:00-11:50	Education Sessions
12:00-2:00 pm	LUNCHEON - Quarter Deck Ballroom Free with your registration so please join us and our guest speakers, Dr. Colleen Logan and Dr. Patricia Arredondo , both past presidents of ACA. We will also be honoring past presidents of ALGBTIC!
2:10-3:00 pm	Education Sessions
3:10-4:00 pm	Education Sessions
4:10-5:00 pm	Education Sessions
7:30 - 9:30 pm	Fundraiser for the New Orleans AIDS Task Force. An opportunity to give back to our community in the great city of New Orleans! You won't want to miss this party! Good Friends Bar in the French Quarter, 740 Dauphine Street, New Orleans. LA

**Inaugural Conference
New Orleans - September 19th-20th
Hilton New Orleans Riverside**

**LGBT Advocacy over the Lifespan:
Celebrating and Moving Forward**

FRIDAY SEPTEMBER 19, 2014

7:00-8:00
Registration/Check-in

Starting at 8:10
Jane Rheineck, President
Catherine Roland, Conference Chair
Dr. Thelma Duffey, ACA President-Elect

Full Conference Day of Workshops, Roundtables and Poster Presentations

Intensive Session I (9:00 - 12:00) - Compass Room

Dr. Michael Kocet, Past Chair of the ACA Ethics Code Revision Task Force, Past President of ALGBTIC

Integrating the New ACA Code of Ethics into Practice with LGBTQ Clients

This interactive workshop/presentation will examine how the newly released 2014 ACA Code of Ethics can be integrated into counseling practice in a variety of settings, with LGBTQ clients and students. With special emphasis on issues of spirituality, we will explore the relationship between spirituality and religion and the lived experiences of LGBTQ clients and student. Discussion will focus on boundary crossing in the LGBTQ community, the role of values in the therapeutic process, social media, and other current topics that may impact ethical practice. The presentation will involve case studies, discussion, and small group exercises designed to foster deeper understanding among participants. We will highlight the key changes to the 2014 ACA Code of Ethics, and how the Code can be a useful tool in guiding ethical practice, in our quest to practice competently as an LGBTQ professional.

Intensive Session II (1:30 – 4:30) - Compass Room

Dr. Barbara Herlihy, well-known author, mentor and leader

Conflicts Between Personal and Professional Values: An Update on Legal, Ethical and Professional Responses to the Issue

This interactive workshop/presentation will focus on the issues that have arisen out of the court cases where counselors and counseling students have refused to counsel LGBTQ clients on relationship issues, among others, due to the counselor's or student's religious beliefs. The cases, legislative actions, and how the new ACA Code of Ethics has responded, will be discussed. Interactively, we will share how we can respond to colleagues, students and supervisees, regardless of work setting, who are struggling between personal or professional issues. Sometimes being "intolerant of intolerance" is difficult, as it can be viewed value-laden, and at times generates a reaction that we are imposing our own values of inclusion and acceptance on others. We will use case studies, role plays, and small group exercises as we explore the best ways in which to navigate the rocky road toward true openness and ethical counseling, based on real cases that have paved the way in the past few years.

Session 1 (9:15 – 10:05)

A. Understanding Long-Term Gay Male Relationships in the South: Implications for Counselors, Counselor Educators, and Counseling Supervisors - Kabacoff Room

Presenter: John Marszalek, Walden University

The presenter will describe the results of an ongoing qualitative study of gay male couples in Mississippi who have been in sustained relationships of at least 5 years. The research findings, based on in-depth interviews, will be presented by telling the stories of ten couples living in rural, micropolitan, and metropolitan areas of Mississippi. These stories will provide counselors with a more in-depth understanding of relationship dynamics, factors that impact relationship satisfaction, and sources of challenge and support for relationship persistence for gay couples in a small southern state, including stories of community support, microaggression, overt discrimination, and tolerance versus acceptance. Participants will be encouraged to discuss how the stories compare to the experiences of gay couples in long-term relationships in other areas of the United States.

B. On the Straight and Narrow: Navigating Conflicts Between Religious and Social Justice Values - Bridge Room

Presenters: Gena Minnix & Saro Helpinstill, Marshall University

Sustaining constructive dialogue can be difficult when the religious beliefs of counselors or trainees conflict with social justice values. In this workshop, participants will learn powerful tools that gatekeepers, colleagues, and classmates can use when working with those whose religious beliefs have the potential to inflict harm on LGBTQ clients. The presenters will demonstrate how to create and sustain dialogue that can lead to empathy and help counselors adhere to professional competency standards.

C. The Influence of Societal Expectations on how Same-Sex Couples Define Gender Roles and Relationship Satisfaction - Steering Room

Presenters: Samuel Farley, Tonya Hammer, Hugh Crethar & Colton Brown
Oklahoma State University

This session will examine the impact that societal influences such as media, controlling images, myths, and stereotypes have on same-sex couples as they define gender roles and expectations in relationships. We will explore the impact those definitions and expectations have on relationship satisfaction including but not limited to emotional, intellectual and sexual satisfaction, as well as issues of safety and security in the relationship.

Session 2 (10:15 – 11:05)

A. Advocating for School Transformation:

Creating Agents of Change for Safer Schools - Bridge Room

Presenters: Melissa S. Ockerman, DePaul University, Brea Adams, North Lawndale College Prep

School counselors and school-based leaders must create change, not just within their program, but through the empowerment of youth. Presenters will discuss evidence-based practices for creating safe school climates for LGBTQ youth and ways to foster school transformation and social justice through advocacy and whole-school anti-bullying and cyber bullying programming. A case study illustrating the concepts will be shared and resources will be provided.

B. What's the "T": Promoting Self-acceptance in Black, Adolescent Gay Males - Pelican Room

Presenters: Tanya Lorenzi, Quentin Hunter & Erika Klipa, Georgia Regents University

This presentation will examine African American, adolescent gay males and the ways in which they construct their identity and self-concept while dealing with societal prescriptions. Daily challenges in the form of bullying, self-harm and suicidal ideation can become inhibiting factors to the self-acceptance that is a necessary and integral to their identity development. Part of the counselor's role as advocate is to help their clients develop healthy coping mechanisms to mitigate their stress

C. Use of Mindfulness - Based Cognitive Behavior Therapy with Sexual and Gender Minorities - Kabacoff Room

Presenters: Raul Machuca & Susan Rainsberger, Barry University

Presenters explore using of mindfulness-based cognitive behavior therapy to help increase gender and sexual minorities' ability to cope with intense emotions/experiences unique to their diversity, and strengthen their relationship with themselves and others. The presenters will focus on the use of an inductive process in facilitating present moment awareness, and non-judgmental stance when dealing with these unique challenges.

D. Foundations of School Counseling for LGBTIQ Youth - Steering Room

Presenters: Jeffrey Moe & Emily Goodman Scott, Old Dominion University, Elsa Soto Leggett & Katherine Bacon, University of Houston-Victoria

Review of the literature reveals that lesbian, gay male, bisexual, transgender, and questioning youth may benefit from school-wide programming focused on: 1) Open & Affirming Service, 2) Bullying Prevention, and 3) Suicide Prevention. Presenters will illustrate how counselors can meet the needs of LGBTQ youth using a systems-wide perspective. The implications for practice and training of results from a survey of school counselor's sexual orientation competence, perception of service development for LGBTQ youth, and other factors will also be shared.

Session 3 (11:15 – 12:05)

A. Creating an Inclusive community for Lesbian, Gay, Bisexual, Trans, Queer and Questioning Teens - Steering Room

Presenter: Darla Linville, Georgia Regents University

This program focuses on the advocacy and social change work undertaken collaboratively to create a support network for lesbian, gay, trans, and queer and questioning youth in a small town in Central Maine. The original collaboration involved advocacy work with teaching staff, school board and administrative structure of the school district, and expanded to youth leadership. This model may offer direction to other districts hoping to pursue social change for the health and safety of LGBTQQ youth.

B. Going Beyond Counselor Education and Advocating for LGBT Students on Campus through Dialogues with Faculty and Staff - Bridge Room

Presenter: Cindy Anderton, University of Wisconsin-Whitewater

Responding to the needs of LGBT students at the University of Wisconsin-Whitewater (UWW), faculty in the counselor education department paired with a graduate counseling student to create and facilitate a seven-week psychoeducation group, to educate UWW faculty and staff on the needs and concerns of LGBT students both in the classroom and on campus

C. Out of the Closet and into the Courtroom: The Challenges to LGBT Partners in Elder Life - Kabacoff Room

Presenters: Rhiann W. Condon, Slippery Rock University, Cynthia A. Smith, LPC

Many older LGBT individuals experience the freedom of coming out of the closet and fully expressing their orientation only to find that their wishes and end of life decisions are challenged. LGBT individuals may reach a personal decision to share his/her beliefs, future planning or assets and enter into a partnership. They often find themselves in court due to family challenges for control of financial assets or medical end-of-life decision-making. Let's discuss these difficult issues.

D. Evidence-based Approaches for Working with LGBTQ Youth - Pelican Room

Presenter: Ryan Hancock-Liberati, Webster University

The counseling profession continues to produce evidence-based interventions for counseling heterosexual students, while research regarding interventions with sexual minority youth remains largely unexplored. Evidence-based treatments ensure that only the most effective treatments are provided and will discourage the use of non-empirically based treatments. This presentation will discuss current research on evidenced-based interventions for counseling sexual minority youth, as well as demonstrations and role-plays

LUNCH: 12:05-1:30 - On your own (see restaurant suggestion list)

Session 4 (1:45 – 2:35)

A. Transgenderism and the College Experience - Pelican Room

Presenter: Rodney L. Parks, Elon University

The presenter will discuss a phenomenological case study that examined the unique experiences of two transgender students who began their transition during their college years at a large, Southeastern university. As students transition, they face a number of challenges including a lack of access to healthcare, difficulties with facilities, and identity issues. A dual instrumental case study examines the experiences of one male-to-female and one female-to-male transgender student to shed light on the challenges and needs of this vulnerable student population.

B. Breaking the Chains of Silence: Giving LGBT Students a Voice through Leadership and Advocacy - Steering Room

Presenters: Kendra Jackson & Christine Suniti Bhat, Ohio University

LGBTQ students in schools are often bound by silence, with no forum to address the overt or hidden overtones of discrimination, prejudice, and stereotyping they face. School counselors can provide a voice to resonate in support of LGBTQ students through their role as leaders and advocates within the school community. This presentation will provide leadership and advocacy initiatives to assist in creating safe and supportive learning environments for LGBTQ students. Ideas for fostering collaborative relationships with community and school personnel to address the holistic needs of LGBTQ students will be provided.

C. Recruiting Out-of-Bounds:

The Struggles of Gay Collegiate Athletes to be who they are! - Kabacoff Room

Presenters: Stacey Kohler and Simone Edwards, Montclair State University

The NCAA boasts a total of 420,000 student athletes in the U.S., which includes students of all ages, races, ethnicities and socio-economic status. Sexual orientation is one factor that isn't publicly talked about in college athletics, but is a critical issue. Gay athletes are often forced to conform to stereotypical heterosexual norms as members of a team sport. This workshop examines

D. Counseling LGBT Clients in Rural Communities - Bridge Room

Presenters: Andrew Burck & Inyang Enbong, Marshall University

Clients in rural communities may face difficulties trying to obtain services they need to address their present concern. LGBT clients in rural communities find support more difficult because of the lack of access to services in their community and then having to travel long distances to obtain those services. This presentation will provide counselors with ways to support and advocate for LGBT clients in rural communities.

Roundtables - Chart Ballroom B

Table 1

Coming Out, More than Meets the Eye: How to Help Clients Navigate the Potential Risks & Benefits of the Impactful Act

Presenter: Megan S. McBride, Bowling Green University

Table 2

Increasing Gay-Affirmative Behaviors in school Utilizing the Emotional Quotient

Presenter: Meredith Rausch, The University of Iowa

Table 3

Spirituality as a Coping Mechanism to Counteract Shame and Guilt

Presenters: Jonie Oliver & NaKeshi Dyer, The University of Memphis

Table 4

**A Sacred Awareness: Inviting Space for Spirituality Integrated
Psychotherapy with LGBTQ Clients**

Presenters: Nick DeJesus & Missy Stancil, Carenet Counseling of North Carolina

Table 5

From Stonewall to Marriage Equality – One Story of Millions

Presenter Penny Sanders, Adams State University

Table 6

Enhancing Advocacy Efforts for Gay Jamaican Immigrants

Presenter: Dana Griffith,

Roundtables - Chart Ballroom C

Table 5

**Broaching the Topic of LGBTQ Competencies with
Conservative Counseling Students**

Presenters: Kirsten LaMantia & Jennifer Gess, Idaho State University, Holly Wagner, University of Missouri, Saint Louis

Table 6

Queering the Literature on LGBT youth: A Positive Narrative

Presenters: Montinique Mceachern, Melissa Luke, Syracuse University

Table 7

Counselor Educators and Lesbian, Gay, and Bisexual Affirmative Counseling

Presenters: Joy Whitman, Walden University & Katie Moran, Stevenson High School

Table 8

**TRANS-inform: Best practices for clinical and school counselors working with
adolescents identifying as gender non-conforming**

Presenters: Lindsay Webster, Tiffany Otting, Melanie Smith, Kyrstin Jiminez, University of North Texas

Table 9

The Cycle of Coming Out: A New Perspective on Identity Development

Presenter: Shainna Ali, University of Central Florida

Table 10

The Perceived Environment for LGBTQ Student Athletes

Presenters: Caroline Bertolet & Kevin Snow, Old Dominion University

Session 5 (2:45 – 3:35)

A. LGBTQ College Women & Sexual Violence Prevention: Exploring Student Campus Climate Experience and Bystander Intervention - Steering Room

Presenters: Amy Zavadil, Barnard College & Sarah Springer, Montclair State University

Schools are expected to provide proactive prevention education, specifically encouraging educating about bystander skills. A bystander intervention approach shifts the focus of prevention from victims and perpetrators as responsible for risk reduction, and considers prevention to be a community responsibility (McMahon & Banyard, 2012). In this presentation, data from a student campus climate survey highlight different experiences of LGBTQ and heterosexual students. Implications for school and college counselors and recommendations for collaborative approaches to bystander intervention will be discussed.

B. Supporting School Counselors as Advocates and Allies - Bridge Room

Presenters: Laura Boyd Farmer, Janna Scarborough & Rebekah Byrd, East Tennessee State University

School counselors are in a unique position to support LGBTQ-identified youth. However, the school setting may not provide a welcoming atmosphere for the level of support needed. How can school counselors overcome systemic challenges in order to best serve youth who are at increased risk of low academic performance, depression, self-harm, substance abuse, and suicide? This presentation will build upon skill competencies necessary for school counselors and open dialogue about how to work with challenges faced in the school system.

C. I'm an Athlete, I'm Sorry: Discussion of Stereotypes and Apologetic Behavior in Female Athletics - Kabacoff Room

Presenters: Anne Weese & Claudia Howell, Virginia Tech

Stereotypes are present within the athletic community and female athletes are faced with decisions regarding the ways in which they choose to respond to these stereotypes. Recent research has demonstrated the relationship between the prevalence of apologetic behaviors and sexual orientation in female athletes. Participants will learn about apologetic behaviors in female athletes, specific research that has been done in this area as well as continued areas of need in serving this population.

D. Gender and Sexual Minorities in Schools: What You Need to Know about Stereotype Threats, Ethics, Academics and Sports - Pelican Room

Presenter: Robyn Brammer

Many k-12 schools are struggling to understand the unique concerns of Lesbian, gay, bisexual, transgender, queer, questioning, and intersexed (LGBTQQI) kids. When facing homophobia and transphobia, LGBTQQI youth may internalize these values and focus on altering their presentation. This process requires mental energy, which may diminish their performance in clubs, sports, or classroom participation. This workshop addresses recent advancements in administrative policies, proactive methods of restructuring sports/classrooms, and techniques for building allies within the school setting.

Session 6 (3:45 – 4:35)

A. No Drinking, No Drugs, No Gays: Addressing Homophobic Bullying in Sports - Steering Room

Presenters: Beez Schell & Penny Sanders, Adams State University

In this session, we will present information on homophobic bullying with particular attention to physical education and sports settings. Discussion will be focused on effective strategies and resources for school counselors/administrators to use in order to prevent and/or address this issue.

B. “Put it out there”: How LGBTQ Youth Determine From Whom to Seek Support - Kabacoff Room

Presenter: Stuart Roe, The College of New Jersey

Participants will examine the lived experiences of LGBTQ youth via quotations from recent interviews and discuss the meaning in the context of individual LGBTQ identities (race, gender, etc.). Participants will hear about the various methods that LGBTQ use to determine from whom they can seek support and the ways in which they have felt supported by parents, teachers, counselors, school nurses and peers. Variables such as geographic location, school size, parental support, and GSA presence will also be addressed.

C. Counseling Queer Students in a High School Environment - Chart Ballroom A

Presenters: Ken Jackson & Jolie Daigle, University of Georgia

Professional ethics (ACA, ALGBTIC, ASCA) encourage counselors and counselor educators to develop competencies in working with LGBTQ students, who often encounter oppressive high school environments and a lack of counselor support. This workshop will provide an overview of ethical/legal issues and theoretical and developmental foundations for working with queer high school students. Attendees will review a sample LGBTQ group counseling intervention and assess support structures and personal risks. They will also explore implications for counselor educators and counseling programs.

Posters (4:30 – 5:30) Chart Ballroom

1. Stretching the Rainbow: Counseling LGBT Clients in Multiple Partner Relationships

Presenters: Arien Muzacz & Kiri Horsey, Ohio University

2. Career Counseling with LGBT clients: Recognizing Unique Challenges and Implications in the World of Work

Presenters: Javier Perez & James Geckler

3. Sexual Orientation and Spirituality with LGBTQ College Students: An Integration Model and Guidelines for Campus Inclusion

Presenters: Kevin Snow & Caroline Bertolet, Old Dominion University

4. Safe sex Behavior Among Men who have Sex with Men: HIV in the Southern United States

Presenter: Michael Schaeffer, Megan Loew, Elin Ovrebo, David M. Grant, University of Memphis

5. A Systemic Review of School-Based Bullying Program Outcomes for Adolescents who are Gay, Lesbian or Bisexual

Presenters: Stephen Lenz, Chloe Lancaster & Laura Bailey, University of Memphis

6. Pickup vs. Brown and Sexual Orientation Change Efforts: Legal Effects, Foci, Nuances and Ramifications on the Therapeutic Community

Presenter: Patia Tabar, Northern Kentucky

7. Competency in Affirmative Therapy: Master’s Level Trainees Experiences after Participation in LGBTQA Workshop

Presenters: Kodee Walls & Kyle Kittleson, Ball State University

8. The Relationships Between Forgiveness and Mutuality, Resilience, Spirituality, and Hope in the LGBT Population

Presenters: Laura Bailey, Steve Rivera & Stephen Lenz, University of Memphis

9. Risky Behaviors among HIV Positive Men who have Sex with Men: Are there Cohort Differences?

Presenters: Megan Loew, Elin Ovrebo & Lynda Sagrestano, University of Memphis

10. Experiences of Burnout: A Comparative Study of Heterosexual and LGBT Counselors

Presenters: Cory Viehl, Rafe McCullough & Franco Dispenza, Georgia State University

11. Family Dynamics Post Disclosure as LGBT: The African American Experience

Presenters: Don Trahan, Jr & Kristopher Goodrich, University of Mary Washington

12. 50 Shades of Training: Exploring the Need for Sexuality Training Among Counselors

Presenters: Molli Bachenburg & Shannon Dermer, Governor's State University

13. Collaborative Approaches to Gatekeeping and Enhancing Counseling Interns

Presenters: Noella St. Germain & Amanda Sehr, Argosy University

14. Blue in a Red State:

Advocating for LGBTI Oriented Counseling Programs in Rural Conservative Areas

Presenters: Douglas Knutson & Julie Koch, Oklahoma State University

15. Experiences Affecting African-American Gay Men's College Persistence and Success

Presenter: Vivia Hill-Scott, University of Georgia

16. Bisexual Visibility in Counselor Education

Presenter: Laurie Bonjo, SUNY New Paltz

17. Conceptualizing beyond "gay" and "straight" on the college campus: How to help bisexual students.

Presenter: Tara Overzat, Mercer University

18. A Look at the LGBTQI Population in Homeless Shelters

Presenter: Amanda Ezell Dickey: Troy University; Patrick Faircloth, Troy University

19. Addressing Cultural Diversity Needs in Southern Rural Communities

Presenters: Melissa Strickland, Auburn University; Elizabeth Hancock, Auburn University

20. Effective strategies for working with persons living with HIV/AIDS: Implications for counseling, supervision, and counselor education.

Presenter: David Julius Ford Jr., Old Dominion University; David Young Oh; Hosea Crowell

21. Southern Collaboration: Teaching LGBT Competencies in Alabama.

Presenters: Patrick Faircloth, Troy University; Paul Hard, Auburn University at Montgomery

22. Addressing Cultural Diversity Needs in Southern Rural Communities

Presenters: Melissa Strickland and Elizabeth Hancock, Auburn University

23. Preparing for Counseling with Bisexual Men

Presenter: Julie Blunkosky, Barry University

24. Pre-marital Counseling for LGBT Couples.

Presenters: Derek Robertson, University of Texas at San Antonio; Victoria Ann Foster, The College of William & Mary; Bret Hendricks, Texas Tech University

25. LGBT Microaggressions in Counselor Education.

Presenter: P. Lance Aguilar

26. The Potential Benefits and Costs of “Outness” on the Job in Dual-Career Lesbian and Gay Couples: A Counselor’s Approach

Presenter: Marcela Kepicova, Montclair State University

27. The A Word

Presenter: Stacy Wahlstrom and Brian Edwards, Montclair State University

5:30 – 6:30: Reception - Chart Ballroom -

Light Refreshments and great networking!

7:30 – 9:30: Fundraiser - Good Friends Bar

Fundraiser for the New Orleans AIDS Task Force. An opportunity to give back to our community in the great city of New Orleans! You won’t want to miss this party! Good Friends Bar in the French Quarter, 740 Dauphine Street, New Orleans. LA

SATURDAY, SEPTEMBER 20TH

8:15: Greetings and Updates Chart Ballroom

Session 1: (9:00 – 9:50)

A. Forbidden Conversations: Sex-Positive Counseling With Younger and Older LGBT clients - Pelican Room

Presenters: Arien Muzacz & Patricia Haversham, Harlem United

In the United States, HIV disproportionately affects older adults and young gay and bisexual men. This workshop will illustrate the importance of having affirmative conversations about sex and sexuality with all clients who hold multiple minority identities, and explore barriers those conversations, from systems of societal oppression to counselor bias or discomfort. Using a harm reduction approach with clients presents an opportunity to offer valuable information to clients without contributing to existing stigma.

B. Transgendered in the World of Work: Issue, Concerns, and Social Justice Implications for Career Counseling - Steering Room

Presenters: Lee Covington Rush & Jakendra Williams, Northern Illinois University

Currently, there is a dearth of specific research on career interventions with transgender populations. This workshop will provide an overview of the most contemporaneous recommendations for attending the needs of these underserved clients, in the domain of career and work related activities. Attention will focus on definition terms; requisite career awareness; skills and technique applicable with this diverse population; and the social justice implications for enhanced advocacy on the behalf of this client group.

C. LGB Persons Living with Chronic Illness and/or Disability (CID): Research, Counseling, and Social Justice Implications - Bridge Room

Presenters: Franco Dispenza, Taylor Elizabeth Chastain & Thomas Murphy, Georgia State University

Sexual minorities are at greater risk for developing chronic illness and disability (CID) conditions when compared to heterosexuals (e.g., Bernert et al., 2012; Fredriksen-Goldsen et al., 2012); however there is a dearth of information regarding the intersection of LGB identity, CID, and counseling practice. The foci of this workshop is to introduce attendees (students, counselors, educators) to current empirical trends, describe research informed counseling and social justice practices with this population, and engage attendees in active learning to enhance multicultural competencies.

D. Praying the Gay Away versus Best Practices: The Impact of Religious Fundamentalism and Empathy on Therapeutic Relationships - Kabacoff Room

Presenters: Johnathan Procter, Marist College & Mona Robinson, Ohio State

It is evitable that a counselor will provide services to a member of the LGBT community. Up to this point, the relationship between religious fundamentalism, empathy, and attitudes toward lesbians and gays have not been explored in master's level counseling students. Religious fundamentalism seems to predict discriminatory attitudes in counselor trainees toward sexual minorities, even after multicultural competency training. Current curricula may not provide counselor trainees with enough knowledge, skills and awareness regarding the LGBT community.

E. A Red-Ribbon Alert: HIV in 2014 - Compass Room

Presenter: William Hight, Georgia

"Can you get it from oral sex?" "Is it true that...?" "What about a cure?" "Can Lesbians get it during sex?" This interactive and fun workshop will equip counselors with updated information regarding HIV trends, transmission and prevention they can use to help their clients avoid acquiring or transmitting HIV (and other sexually transmitted infections) while still enjoying satisfying intimate and sexual lives

Session 2 (10:00 – 10:50)

A. Faithful Remnant: Supporting Religiously Committed LGBTQ Adults - Compass Room

Presenters: Elizabeth Maynard & Amanda Jolivet, University of St. Thomas

This workshop reviews common conflicts experienced by religiously committed LGBTQ adults, introduces a range of theological positions on same gender relationships, and offers suggestions for building a therapeutic alliance with clients wary of affirming counselors.

B. LGBT Bibliotherapy for Children and Parents - Steering Room

Presenters: Michael Kocet, Bridgewater State University, & Samuel Sanabria, Rollins College

Bibliotherapy has been proven useful in helping people of all ages through a variety of life situations. This presentation will present the concept of Bibliotherapy for children, in which literature is used to bring awareness and emotional change through a process of identification and insight. Guidelines to using Bibliotherapy with children will be offered, including setting therapeutic goals and choosing books that fit those goals in a variety of clinical and educational settings. Additional guidelines on how to read to children, and discuss the book during and after reading will be provided.

C. Enhancing Sexuality Courses: Watching Films can Promote Student Growth and Advocacy for LGBT Communities - Kabacoff Room

Presenters: Melodie H. Frick, E. Heather Thompson & Russ Curtis, Western Carolina University

Counselor educators can use experiential learning methods (e.g., the use of films) to integrate ALGBTIC Counseling Competencies into counseling courses. This presentation will discuss findings from a research study on students' perceptions of watching two films (Normal and For the Bible Tells Me So) in a sexuality course. Discussion will include how the use of these films prompted emotional and cognitive shifts for the students and how this improved their competencies in working with LGBT communities.

D. Investigating the LGBTQ Responsive Model of Group Work Supervision: A Pilot Study - Chart Ballroom A

Presenter: Melissa Luke, Syracuse University, & Kristopher M. Goodrich, University of New Mexico

This presentation will report an investigation of the LGBTQ Responsive Model for Supervision of Group Work, a trans-theoretical supervisory framework to address the needs of Lesbian, Gay, Bisexual, Transgender, and Questioning persons (Goodrich & Luke, 2011). Findings partially supported applicability of the LGBTQ responsive Model for Supervision of Group Work with school counselors-in-training (Luke & Goodrich, 2013). Presenters will report the findings of how supervisors used interventions in the group counseling context, and limitations and implications will be discussed.

E. Promoting Clarity, Connection, and Compassion: Counseling LGBT Families Using Developmental Relational Counseling - Bridge Room

Presenter: Thelma Duffey, University of Texas at San Antonio and
President-Elect of the American Counseling Association

LGBT marriage with full legal recognition is increasingly becoming a reality! Same-sex couples across the country are living in fully equal, legal marriages and raising children with all of the rights and responsibilities inherent in those roles. As we celebrate equality, we are also aware that there is still much work to do to ensure that all people have the opportunity to enjoy this hard-won right. In all contexts and configurations, relationships face challenges, stressors, and relational ruptures from one time to another. Participants in this presentation will explore relevant personal, cultural, and contextual dynamics, common and unique, which diverse LGBT families bring to counseling. Counseling considerations for working with LGBT families will be discussed

F. Gender Variant Issues in Counseling - Pelican Room

Presenter: Rebecca A. Munsey, Tarleton State University

As the visibility of gender variant community continues to gain more and more acknowledgment, counselors are encountering gender variant clients. The presenter will define vocabulary words, developmental issues across the lifespan, counselor competencies, relationship issues, mental health counseling issues unique to gender variant individuals, and therapeutic interventions beneficial to the population. The presenter will bring personal experience as a gender variant individual, along with case studies with gender variant clients they have worked with therapeutically.

Session 3 (11:00 – 11:50)

A. Counseling Gay Men of Color: Understanding Dating, Sexual Risk-Taking, and Micro-Aggressions Through Social Media - Steering Room

Presenters: Leslie Kooyman & Carlos Flores, Montclair State University

The use of social media in seeking relationships and dating has led to the need to explore how this trend specifically impacts gay men of color and their sexual behavior. Gay men of color experience greater bias and discrimination in online profiles and chatting along with increased sexual risk taking and negative mental health outcomes due to this new trend. This workshop will discuss these issues specific to gay men of color and provide strategies for counseling this population.

B. Invisible in Plain Sight: Disenfranchised Grief and LGBTQ Youth - Compass Room

Presenter: Laura Wheat, University of Tennessee

“Disenfranchised grief” may occur when a loss is unrecognized or overlooked. Adolescents who identify as LGBTQ may face experiences of disenfranchised grief because of their age and their sexual orientation or gender identity / expression. LGBTQ youth experiencing losses associated with their identity (e.g., loss of friend networks after coming out, etc.) may become isolated and vulnerable. In this interactive session, attendees will learn about the unique characteristics of disenfranchised grief in LGBTQ youth and strategies for support and advocacy.

C. The Intersection of LGBT Affirmative Counselor Education and Religious Beliefs - Pelican Room

Presenters: Joy S. Whitman, Walden University

This workshop presents the dilemma counselor education programs face when professional practice and ethics collide with the students’ religious values in terms of LGB affirmative counseling. Objectives include the introduction of the concept of LGB affirmative counselor education as a discipline, integration, and recommendation to manage the dilemma of educating students who struggle personally with the integration of their conservative religious views of LGB individuals with best practices.

D. LGBT College Student Attrition: Issues of Concern and a Way Forward in a Neglected Area of Minority Student Services - Bridge Room

Presenters: Timothy Lyons, University of Memphis, Susan Lonborg, Central Washington University & Suzanne Lease, University of Memphis

College student attrition is heavily influenced by social factors. LGBT students have been neglected in minority retention research. We address this failure and its likely impact on LGBT students and our institutions. We provide a practical overview of research applicable to the threat of LGBT college student attrition. Concepts and findings of immediate practical value for college mental health professionals, student services professionals, and administrators are presented. Foundational learning for practice and research with LGBT college students is our objective

E. Experiential Activities used in a Group Therapy Model for GLBT College Students - Kabacoff Room

Presenters: Rockey Robbin, University of Oklahoma; Tyler Sparkman, OU; Vanessa Fortune, OU.

The presenters have created a Psycho-educational Group Therapy Model for GLBT College Students to participant in over the course of two Saturday marathon sessions. Presenters will describe the programs organization during the first part of the session and then engage participants in some of the fun, thoughtful, and relevant activities created for the program during the second part of the session.

Lunch: 12:00- 2:00 - Quarter Deck Room
Dr. Colleen Logan and Dr. Patricia Arredondo

Session 4 (2:10 – 3:00)

A. One Less Lipstick Lesbian: Exploring the Self-Identification and Experiences of Masculine of Center Black Lesbians - Bridge Room

Presenters: Montinique McEachern, Syracuse University & Della V. Mosley, University of Kentucky

Despite the studies conducted on the topic of female masculinity, few have explicitly studied Black Lesbian populations. This interactive workshop will evaluate the current literature on female masculinity, the intersectionality of race and gender for the Black Lesbians, and based on qualitative data obtained directly from this population, it will expound on the language and labels used in counseling literature to be more inclusive of the masculine of center Black Lesbian community. This workshop will conclude with implications for better servicing this population.

B. Relational Neuroscience in the LGBT Community- Celebrating Courage - Steering Room

Presenters: Jacqueline Ciccio Parsons, University of Texas, & Rebekah Pender, Kean University & Rebecca Munsey, Tarleton University

Recent discoveries in neuroscience suggest what many in the LGBT community already know. Lady Gaga was right about sexual orientation, but scientists are finally studying the biological origins. There are differences between male and female brain structures, but recent studies suggest that straight males and lesbians have similar brain structures, as do straight females and gay men. And, the distress of homophobia/social pain and the distress of physical pain activate the same part of the brain equaling pain from social exclusion.

C. Spirituality as part of Cultural Competence: Ethical Dimensions of Working with GLBTQQ Clients - Kabacoff Room

Presenters: Harriet Glosoff, Montclair State University & Leila Roach, Stetson University

Join us for a balanced reflection on the many different ethical dimensions related to integrating spirituality and religion into counseling when working with GLBTQQ individuals. We will examine the complex intersection of the AGLBTIC Competencies, ASERVIC Competencies, ACA's Multicultural and Advocacy Competencies, and ACA's Multicultural and Advocacy Competencies, and the ACA code of Ethics. Together we will identify common ethical challenges involving strategies to manage situations when principles and virtues conflict when working with GLBTQQ individuals

D. Meeting the Needs of Rural-based Transgender Clients: What Practitioners in Rural AND Urban Settings Need to Know - Pelican Room

Julie Koch & Douglas Knutson, Oklahoma State

There is a crucial need for competent mental health services for Transgender persons, but the need is even greater for those who live in rural areas. In this workshop, the presenters will: provide an overview of needs of rural-based Transgender persons who are seeking health care services; will share case examples from their clinical work; and will give recommendations for how mental health providers - both those in rural areas and those in urban areas - can reach out to this population.

E. Work, Work, Work! Career choices, challenges and celebrations for Lesbians and Gay Men - Compass Room

Catherine Roland, The Chicago School for Professional Psychology – Washington DC campus
Larry Burlew, Private consultant, Counselor Educator

Our choice of career, the life activity where we could spend the most time and effort in adulthood, is a vital part of our identity, growth, and development. This workshop specifically examines the challenges that lesbians and gay men face in “developing” a career, as well as the potential gifts they bring to the workplace. Several strategies related to choosing a discipline, succeeding, and also leading in that profession will be discussed (counseling will be used as an example). “Developing” a successful career must also be considered within the framework of coming out involving lesbians and gay men’s actions with respect to integrating their career and sexual identity development.

Session 5 (3:10 - 4:00)

A. Taking the “T” out of LGBT: A Foundation for Counseling the Transgender Community - Bridge Room

Presenters: Stacy Wahlstrom, William B. Baker, Montclair State University

The commonly used acronym “LGBT” carries certain assumptions with it. It can lead people to believe that all members of the community are created equally and have similar needs. This session will highlight the unique features of, help participants to better understand the issues and concerns of, and provide strategies for serving the Transgender community.

B. Counseling LGBT Clients Involved in Legal Situations or Litigation - Kabacoff Room

Presenter: Theodore P. Remley, Our Lady of Holy Cross College

Counselors who provide services to LGBT clients sometimes find themselves discussing possible legal matters with clients or counseling clients who are involved in litigation. The presenter, who is an attorney and counselor, will review legal matters that LGBT clients might face and will provide an overview of the current law in those areas. Guidelines will be provided to assist counselors not impose their own advocacy beliefs on their clients; avoid unwanted court appearances; and refer clients to attorneys.

C. The Experiences of Homeless LGBT - Identified Youth and the Unexpected Impact on the Researcher.- Compass Room

Presenter: Jennifer Preston, Minnesota State University, Mankato

D. Mothers, Mothering and The Other Mother - Pelican Room

Presenters: Colleen Logan, Walden University, Marilyn Powell, Walden University
Phyllis Mogielski-Watson Laureate Education

Raising children in lesbian households poses unique opportunities and challenges. This program will focus on the spectrum of Lesbian motherhood and the developmental process of blending family roles while nurturing children. Particular attention will be given to blending families and efforts made to foster children who are able to develop and maintain healthy gender, cultural and ethnic identities.

Roundtables - Chart Ballroom B

Table 1

Intersectionality Considerations for Treating Lesbian, Gay, Bisexual, and Transgender Adolescents and Adults

Presenter: James Geckler, The Pennsylvania State University

Table 2

Facilitating Resilience: A Framework for Developing an LGBTQ+ Youth Group

Presenters: Jennifer Gess & Kristen Lister, Idaho State University

Table 3

Counseling and Advocacy of LGBT Individuals and Couples Seeking Parenthood

Presenters: Ana Puig, University of Florida & Samuel Sanabria, Rollins College

Table 4

Building Positive Capital: Addressing the Mental Health and Adjustment Issues of LGBT College Students from a Strength-Based Perspective

Presenters: Priscilla Rose Selvaraj & Christine Suniti Bhat, Ohio University

Table 5

Homophobia and Homonegativity in Counselor Education Programs

Presenters: Deborah Jackson, Mississippi State University & Harry Hawkins, Community Advocate

Table 6

Enriching Comprehensive LGBT Programs from a Counseling Viewpoint: Multiple Perspectives, Identities, and Life Stages

Presenter: Michael Pisarcik, Virginia Commonwealth University

Roundtables - Chart Ballroom C

Table 7

Intersections in Identity: Counseling Practices that Address the Post-Modern Shift in Identity Development

Presenter: Lauren Benoist, The Pennsylvania State University

Table 8

Positive Mental Health Outcomes for LGBT Youth & Families: A School-wide approach

Presenters: Carly Scarton, The Pennsylvania State University, Elizabeth Mellin

Table 9

Supporting LGBTQQ-identifying High School Students through the College Application and Transition Process

Presenter: Joseph Feola, Montclair State University

Table 10

Increasing Phenomenological Awareness and Competency for Counseling LGTBQ Students

Presenters: Yvonne Ortiz-Bush, Tamekia Bell, California State University, Bakersfield

Table 11

Examining Experiences of Adverse Childhood Events and Intimate Partner Violence in Lesbian relationships Using Ecological Theory

Presenter: Meredith Rausch, The University of Iowa

Table 12

Counselor's Perceived Competence in Counseling Clients through the Coming-Out Process

Presenter: Shainna Ali, University of Central Florida

Session 6 (4:10 - 5:00)

A. Grassroots Advocacy for LGBT Issues: How to Promote Social Justice in your Community - Pelican Room

Presenters: Elizabeth Forsyth, Arizona & Steve Farmer, Northern Arizona University

Counselors are called to advocate for LGBT clients and the profession. This workshop gives participants an inside look at local and state grassroots advocacy efforts for LGBT clients. Legislation efforts threaten to discriminate against LGBT populations and inhibit counselors' ethical practice. Workshop presenters have organized with other stakeholders to successfully fight discrimination. Participants will learn how to identify issues in their areas and be empowered to assemble resources, take action and create change for disadvantaged populations and advance the profession.

B. LGBT Student Awareness and Anti-Bullying through Theater Performance- The Body Language Project - Kabacoff Room

Presenter: Susan Marshall Brindle, Pennsylvania & Pia Small & Susan Russell, Penn State University

Using theater performance as a means to spread the word and to share stories of diversity, bullying, and harassment opens up a dialogue that, while direct, inspires an emotional connection and offers hope. This communication leads us to the creation of shared, community-wide solutions. The Body Language project uses playwriting and performance to create conversations about social issues facing every 21st century middle and high school student. By using monologue writing and public performance, students can help other students.

C. Creating a Safe Learning Environment for LGBTQ Students: A School Counselor's Responsibility - Bridge Room

Presenters: Christine Ebrahim, Jesse Roessler & Devon Levio, Loyola University

Although there seems to be a trend toward more openness and acceptance among peers in school about issues regarding sexuality, there still exists a serious problem with bullying. As an advocate for all students, it is the school counselor's responsibility to help create a safe learning environment. During this interactive program, we will discuss ways in which schools have done just that.

D. "Does this make me look fat?" Body Image Disturbance Among Gay and Bisexual Men - Steering Room

Presenter: Michael P. Chaney, Oakland University

Although research indicates that gay and bisexual men are more likely than heterosexual men to be concerned about muscularity and to experience adverse physical and psychological consequences on the quest to achieve an idealized male body, clinicians are not often trained to work with gay and bisexual men struggling with extreme body image distress. Individual and systemic factors contributing to extreme body image disturbance among this population are examined. Diagnostic treatment, and advocacy strategies are also explored, and resources provided.

E. Challenging times: Navigating Relationship Dissolution and Stepfamily Reformation in Lesbian and Gay Families - Compass Room

Presenter: Noelle R. St. Germain, Argosy University & Amanda Sehr

For same-sex couples that conceive or adopt children together, special challenges may arise surrounding the dissolution of their relationship and the formation of a new stepfamily as a result of the visibility of negative messages about lesbian and gay families. This presentation will address possible issues faced by lesbian and gay families in the present context as well as provide specific interventions and considerations for counseling individuals, couples, children and families.

**PH.D. PROGRAM IN COUNSELOR EDUCATION & SUPERVISION
NOW AVAILABLE IN WASHINGTON, D.C.**

Join our 3rd cohort of the Counselor Education & Supervision program at the Chicago School's urban campus in Washington, D.C.

Program Highlights Include:

- **Face to face interaction** with highly skilled, well recognized experts in the field
- **Small classes** offer a traditional, yet unique learning environment
- **Mentoring** by leaders in the field of Counselor Education
- **Exciting** and highly diverse learning community

**EDUCATION
INNOVATION
SERVICE
COMMUNITY**



**Learn more. Contact Dr. Catherine Roland | Department Chair:
croland@thechicagoschool.edu**

800.721.8072 | thechicagoschool.edu/Washington_DC



NORTHERN ILLINOIS UNIVERSITY

**Department of Counseling,
Adult and Higher Education**

College of Education

Adult and Higher Education

Master's of Science in Education (M.S.Ed.)

Doctorate of Education (Ed.D.)

Certificate in Higher Education Counseling

Master's of Science in Education (M.S.Ed.)

Doctorate of Education (Ed.D.)

Certificate in Career Counseling

ALGBTIC PAST PRESIDENTS

Hugh Crethar
2013-2014

Pete Finnerty
2012-2013

Amney Harper
2011-2012

Mike Chaney
2010-2011

Michael Kocet
2009-2010

Anneliese Singh
2008-2009

Phyllis Mogielski-Watson
2007-2008

Brian Dew
2006-2007

Joy Whitman
2005-2006

Colleen Connolly
2003-2004

Ned Farley
2002-2003

Sue Strong
2000-2002

Anthony Terdrup
1998-2000

Colleen Logan
1997-1998

Bob Barret
1996-1997

Colleen Logan/Bob Barret
1994-1996

Ned Farley/Michael Spretnjak
1990-1994

Fernando Gutierrez/Sari Dworkin
1985-1989

Joe Norton
1974-

