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How to play...

- 1) 2 teams – Blue DNR’s versus the Red Blood’s
- 2) If you are in the class, you may choose to play – It’s as simple as that – Most of the questions are not hard and it’s a group game – Don’t worry, be happy
- 3) One side picks a question, then ONLY after I’ve finished reading the question, should you try to be the first to *buzz in* with your answer
- 4) Warning... Premature buzzing (i.e. before I’ve finished reading the question) will result in the other team being able to answer the question instead of you & loss of points for your side (bummer)
- 5) If you buzzed in first, answer the question – However, if you have a brain fart/TIA/performance anxiety and can’t remember squat, that’s OK - You can ask your team members for help and rest assured they will scream lots of suggestions your way
- 6) Most importantly, relax, have fun and thanx for playing **Pediatric Pearls and Jeopardy Jewels** with me!

Helpful Hints and Fantastic Formulas

- **Endotracheal tube (ETT) size**
 - o 16+age/4
 - o Pedi-Wheels, fingers, & formulas
 - o Little finger rule
 - o Everybody's (F)reaking (O)ut rule & "FO"
- **NG/Suction Catheter/Foley Catheter**
 - o 2X the ETT size
- **Securing the ETT**
 - o 3X the ETT size more or guess at the lip
- **Chest tube**
 - o 4X the ETT size for air (pneumothorax)
 - o 5X the ETT size for blood (hemothorax)
- **Fluid bolus (LR or 0.9NS)**
 - o Count fingers and toes 20cc/kg
 - o Playing baseball and striking out
- **Blood products (PRBC's and FFP)** – Blood is thicker than water 10cc/kg
- **Epinephrine** regular cardiac epi – 0.1cc/kg
- **Rapid sequence intubation meds** – Same as big people, just smaller dose
- **Sedatives** – Versed (Midazolam) – 0.1mg/kg – Remember what it does and doesn't do!
- **Analgesics** – Morphine 0.1mg/kg or Fentanyl 1-3 mcg/kg
- **Defibrillation** – 2j/kg, then 4j/kg – Pick up the paddles and count them!
- **Cardioversion** - 0.5-1j/kg - Dead (2j/kg) - only 1/2 dead (1j/kg)
- **Burns**
 - o Rule of 9's – Big parts and little parts
 - Little parts get 9%
 - Big parts get 18%
 - Kids have big heads and little bodies
 - o Parkland “Pumpkin” Formula
 - 2-4cc/kg/BSA burn during 1'st 24 hours post-burn
 - ½ of above amount given during 1'st 8 hours post-burn

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