



QUINOA BLEND

MEDITERRANEAN MEDLEY

This quick and easy to use dish combines a blend of quinoa and brown rice with sundried tomatoes, spinach, olive oil and other natural flavors. It has 8 grams of protein, is a good source of fiber (contains 6 grams of fat per serving as prepared) and has 28 grams of whole grain per 1 cup serving (see nutrition information for sodium content).

Near East® Quinoa Blend Mediterranean Medley is Kosher Certified *OU*.

