



# Grandparent Loss Group for Children & Teens

Join us for an 8-week group that focuses on healing after the loss of a grandparent



**Calvert Library**  
Prince Frederick  
Meeting Room 1 & 2

**Tuesdays**

**Starting February 15, 2022**

**5:30 - 6:30 pm**

**This program is FREE!**

Registration is required

*Registration closes  
2/11/22*



### **Make connections**

Connect with others who have also lost a grandparent and learn what you have in common



### **Learn coping skills**

Learn helpful skills to process your feelings of grief and sadness



### **Share memories**

Share your favorite memories in a safe and supportive environment

For questions, please contact:

**Sarah Kernan, LCSW-C**

**Child & Teen Bereavement Coordinator**

skernan@calverthospice.org or 410-535-0892, ext. 2206

**Register at:**

Registration online at <https://calverthospice.org/childrens-programs>