

## **Flu Particularly Widespread This Season -- Not too late for vaccine**

According to the Texas Department of State Health Services, everyone six months old and older are urged to get vaccinated against the flu.

Sweeny Community Hospital (SCH) medical staff members state it's not too late to get the flu shot. Additionally, there are numerous cases of repeat patients who have had two rounds of the flu this season so even if you've already had the illness, a vaccination can help prevent or reduce the adverse effects.

Everyone without allergies or other issues that prevent getting the vaccination should get it, but it is particularly important for pregnant women, young children, older adults, and people with chronic health conditions, because people in those groups are at a greater risk of severe complications if they do get the flu.

Flu vaccines are available now for those at least 4-years-old at SCH's West Columbia Health Center. Call 979-345-2525 for information or to make an appointment. The clinic is located at 668 Brazos Ave, West Columbia, TX, 77486.

