


Mental Health and Behavioral Development Specialists



Facility	Address	City/Town	Phone #	Ages
Adcare Hospital	107 Lincoln St.	Worcester	(508) 453-3053	Adolescents and Adults
Arbour Counseling	411 Chandler St.	Worcester	(508) 799-0688	All ages
Counseling and Assessment Clinic	255 Park Ave, Ste 804 76 Summer St.	Worcester Fitchburg	(508) 756-5400 (508) 345-9400	All ages
Child and Family Service	55 Cedar St. #2	Worcester	(508) 753-1260	All ages
Children's Friend	20 Cedar St.	Worcester	(508) 753-5425	All ages
Community Healthlink Lipton Center	100 Erdman Way.	Leominster	(978) 466-8384	All ages
Community HealthLink Counseling Centers	211 Greeley St. 275 Nichols Rd. 40 Spruce St.	Clinton Fitchburg Leominster	(978) 368-0181 (978) 401-3970 (978) 534-6116	All ages
Community Healthlink Youth and Family Services	275 Belmont St.	Worcester	(508) 791-3261	Adolescents and Adults
Crossroads Counseling Associates	2 South Shaker Rd, D216	Shirley	(978) 425-6666	All ages
Habit Opco, Inc	155 Airport Rd	Fitchburg	(978) 343-6300	Adults and Elders
Dr. Bryan Iandoli (Psychologist)	33 Electric Ave. Ste 205	Fitchburg	(978) 343-4747	Adults only

Dr. David Kent (Psychologist)	189 May St.	Worcester	(508) 471-9258	
LUK Behavioral Health Clinic	545 Westminster St. 40 Southbridge St.	Fitchburg Worcester	(978) 345-0685 (508) 762-3000	All ages
MSPCC	335 Chandler St.	Worcester	(508) 753-2967	All ages
Clinical and Support Option	205 School St. #301	Gardner	(978) 632-9400	All ages
Dr. Erik Nelson (Psychologist)	198 Russell St.	Worcester	(508) 363-4664	All ages
Dr. Joel Silver (Psychologist)	31 Lake Street Ste 101	Gardner	(978) 632-4516	
South Bay Mental Health Center	340 Main St, Ste 818 80 Erdman Way #208	Worcester Leominster	(508) 427-5362 (978) 870-1840	All ages
Spectrum Health Systems	40 Spruce St. 31 Main St. 585 Lincoln St.	Leominster Marlborough Worcester	(978) 466-3820 (508) 485-0298 (508) 854-3320	Adolescents, Adults, and Elders
TAK Center for Mental Health	1069 Central St.	Leominster	(978) 728-4957	Adults and kids
UMASS Outpatient Psychiatry	279 Lincoln St.	Worcester	(508) 334-5393	All ages
Y.O.U., Inc	81 Plantation St.	Worcester	(855) 496-8462	All ages
New England Center for Healthy Minds	289 Great Rd.	Acton	(978) 679-1200	All ages
Talkspace.com	(online therapy options)			
Psychologytoday.com	(search for mental health professionals in the area)			