

Holdenwood 10K Trail Run  
 Sunday September 24 2023 11AM Shirley, MA  
 Timing & Finish Line Management by 5K Sports Race Management  
 Fiveksport@aol.com 207-865-4501 Fiveksport.com Running4Free.com

\*\*\*\*\* AWARDS LIST \*\*\*\*\*

\*\*\*\*\* FEMALE OVERALL RESULTS \*\*\*\*\*

1	Julie LaSante	38 Ayer	MA	51:54
2	Darcy Schultz	58 West Newton	MA	57:30
3	Michelle Scally	39 shirley	MA	59:51

\*\*\*\*\* MALE OVERALL RESULTS \*\*\*\*\*

1	Leone Jake	14 Ayer	MA	38:50
2	KEVIN BENNETT	34 GROTON	MA	39:07
3	EVAN GRIFFITH	31 JEFFERSON	MA	41:53

FEMALE AGE GROUP: 1 - 14

1	23 Lexi Leone	11 Ayer	MA	1:01:31
2	33 Aubrey Duffy	14		1:14:23

MALE AGE GROUP: 1 - 14

1	9 Mason Bearer	12		48:10
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FEMALE AGE GROUP: 15 - 19

MALE AGE GROUP: 15 - 19

1	5 Alex Lampe	16 Groton	MA	44:04
2	8 Nathan Baptista	17 Ayer	MA	48:01
3	10 Cole Heinle-Kleccka	17 Shirley	MA	48:53

FEMALE AGE GROUP: 20 - 29

MALE AGE GROUP: 20 - 29

FEMALE AGE GROUP: 30 - 39

1	25 Anna Green	33 SHIRLEY	MA	1:02:09
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MALE AGE GROUP: 30 - 39

1	4 DEREK CLIFTON	35		43:37
2	7 Sean Burpoe	31		46:12
3	19 John Conway	34 Somerville	MA	58:37

FEMALE AGE GROUP: 40 - 49

1	21 aLISA hILFINGER	48		1:00:30
2	31 Karen Jones	43 Ayer	MA	1:12:06
3	32 Susan McAlpine	40 Pepperell	MA	1:14:21

MALE AGE GROUP: 40 - 49

1	6 JAMES RYAN	43 JEFFERSON	MA	44:11
2	18 Jim Eakin	44 Jefferson	MA	58:19
3	24 JASON LEONE	47 AYER	MA	1:01:33

FEMALE AGE GROUP: 50 - 59

1	34 Lori Patterson	51 Cumberland	RI	1:21:30
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MALE AGE GROUP: 50 - 59

1	11 George Bearer	50 Groton	MA	50:14
2	14 Kurt Hanss	50		54:09
3	15 Rich Allen	52 Hopedale	MA	57:05

FEMALE AGE GROUP: 60 - 69

MALE AGE GROUP: 60 - 69

1	12 Michael Leary	67 Ellwood City	PA	50:46
2	16 Bob Zanelli	65 Groton	MA	57:20
3	26 Frank Lowenstein	63 West Newton	MA	1:03:19

FEMALE AGE GROUP: 70 - 99

MALE AGE GROUP: 70 - 99

