



A.M.* Snack Menu Summer / Fall 2022

* Provided daily in Preschool only.

AM snacks provided to all rooms on PA days, School Breaks and Summer Camp

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Week 1	Raisin Bran 2% Milk Fresh Fruit	M.G. Cheerios 2% Milk Fresh Fruit	Shreddies 2% Milk Fresh Fruit	Raisin Bran 2% Milk Fresh Fruit	M.G. Cheerios 2% Milk Fresh Fruit
Week 2	Shreddies 2% Milk Fresh Fruit	Raisin Bran 2% Milk Fresh Fruit	Multigrain Cheerios 2% Milk Fresh Fruit	Shreddies 2% Milk Fresh Fruit	Raisin Bran 2% Milk Fresh Fruit
Week 3	M.G. Cheerios 2% Milk Fresh Fruit	Shreddies 2% Milk Fresh Fruit	Raisin Bran 2% Milk Fresh Fruit	M. G. Cheerios 2% Milk Fresh Fruit	Shreddies 2% Milk Fresh Fruit
Week 4	Raisin Bran 2% Milk Fresh Fruit	M.G. Cheerios 2% Milk Fresh Fruit	Shreddies 2% Milk Fresh Fruit	Raisin Bran 2% Milk Fresh Fruit	M.G. Cheerios 2% Milk Fresh Fruit

P.M. Snack Menu

Week 1	Berry Squares Fresh Fruit	No Nut Butter Rice Cakes Fresh Fruit	Gold Fish Crackers Raisins	Apple Sauce Whole Wheat Multigrain Crackers	*Tuna Salad Whole Wheat Bagel Fresh Fruit * Rm 101 - Cream Cheese
Week 2	Yogurt Arrowroot Cookies Fresh Fruit	Apple Banana Raisin Loaf Fresh Fruit	Soft Cheese Whole Wheat Blueberry Bagel Apple Sauce	Morning Glory Muffin Fresh Fruit	No Nut Butter Whole Wheat English Muffin Fresh Fruit
Week 3	Apricot Squares Fresh Fruit	Apple Sauce Rice Cake	Gold Fish Crackers Raisins	Banana Chocolate Loaf Fresh Fruit	Sliced Cheddar Whole Wheat Multigrain Crackers Fresh Fruit
Week 4	Grapes Squares Fresh Fruit	Yogurt Whole Wheat Multigrain Crackers Fresh Fruit	Carrot Coconut Loaf Fresh Fruit	No Nut Butter Whole Wheat Bagel Apple Sauce	Nachos Cheese Salsa

Water available at all times

July 4, 2022