

LEARN TO PERFORM AND CORRECT YOUR GHUSL

Step 1: Make Niyyah (Intention)

Intention is the basis of all actions. Before Ghusl, make the Niyyah Intention inside ones heart, "O Allah, I am making this Ghusl to become clean from Hadasa Akbar (Major Impurity).

Step 2: Say Bismillaah

Say Bis-mil-laahir Rah-maanir Raheem



Step 3: Begin by washing your hands
Wash both hands properly 3 times, starting with the right hand, up to and including the wrists. Make sure you do not miss any part.



Step 4:

Wash off all impurities (off the private parts and any other part of the body where there may be impurities). Now wash your hands.



Step 5: Rinse your mouth

(a) Rinse and gargle your mouth thoroughly, 3 times.
(Gargle gently if you are fasting)



Step 5: Clean your nose

(b) Take some water with your right hand gently up into your nostrils, making sure it reaches into the nasal passage, and then clean the nose with the small finger of your left hand. Do this 3 times.
(Take care if you are fasting)



Step 6: Wash your face

Thoroughly wash your entire face 3 times, covering from the top of your forehead to the bottom of your chin and from one earlobe to the other.



Step 7: Wash your forearms

Wash the right arm up to and including the elbow, 3 times.

The arm extends from the fingertips, including the nails, to the lower part of the upper arm. It is essential to remove anything stuck to the hands before washing them that could prevent the water from reaching the skin, such as dough, mud, paint, nail polish, ring's, watch etc.. Do the same with the Left Arm 3 times.



Continue performing Wudhu ie: Khillal of the fingers, Masah of the head, ears and nape.

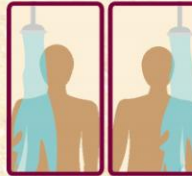


Finally wash the feet and do Khillal of the toes using the little finger of the left hand.



Step 8:

After you have completed your Wudhu then pour water over the right side of the head, rubbing the roots of your hair with your wet fingers. Thereafter the left side of the head and then the whole head down to the roots of the hairs rubbing the roots of the hair with the wet fingers.



Step 9:

Pour water over the entire body freely beginning from the right side, then the left side and then the entire body. ensuring that no part of the body is left dry, by rubbing the body with your wet hands. Also pass water into the navel, ears etc.



Step 10: Wash feet

Move back from the area where you did Ghusl ensuring your not dipping your feet in musta'mal (used) water, and wash the right foot and then the left foot up to and including the ankles, three times. You should enter the water between your toes with your little finger of your left hand, and then wash the feet.

The above is the Sunnah method of performing Ghusl and is in accordance with the Hanafi fiqh. All Islamically revered names have been omitted to preserve their sanctity and so that this posters can be placed in an area where people can study them before performing Ghusl.

NOTE: Make sure NO place has been left dry. If after Ghusl you recall that a certain part of the body was left dry, mealy wash the dry portion – No need to repeat the Ghusl again.

WOMAN: If the hair is not plaited it is compulsory to wet all the hair up to the very base - If a single hair is left dry Ghusl will not be complete. If hair is plaited you are excused from loosening the plaited hair. It is necessary to wet the base of each and every hair. If you find it difficult to wet each & every hair then you have to unplait the hair.

THERE ARE ONLY 3 FARAADH (COMPULSORY ACTIONS) WHEN PERFORMING A FARDH (COMPULSORY) GHUSL, BY DOING THESE ACTIONS THE GHUSL WILL BE COMPLETE:

1. To gargle
2. To wash the inside of the nose
3. To wash the entire body with no part left dry. This includes private parts, navel, roots of hair, eyebrows moustache and the skin beneath the beard

GHUSL IS COMPULSORY (FARDH) IN THE FOLLOWING CASES:

1. After ejaculation of semen.
2. After sexual intercourse (regardless of whether ejaculation Occured or not).
3. For women after Haidh (menstruation)
4. For women after Nifaas (post child birth discharge)
5. If any of the above was experienced prior to accepting Islam then on accepting Islam Ghusl would become fardh.

GHUSL IS DESIRABLE IN THE FOLLOWING CASES:

1. On the occasion of Jumuah (Friday prayers)
2. The two Eids
3. Before entering into Ihraam for Umrah and/or Hajj
4. After giving Ghusl to the deceased
5. On entering the holy cities of Makkah and Madinah