

# PROGRAM

The Essential Skills & Employment Training (ESET) Program provides introductory workshops in employment, wellness and culture, effective communication and leadership.

The program is about building, embracing and establishing relationships with Aboriginal women to build capacity development, enhance experience and to create opportunities. It is about investing and empowering the lives of Aboriginal women 18 years or older who reside in the City of Edmonton.

For upcoming dates and locations visit the AWPA on Facebook



AWPA

P.O. Box 2035

Edmonton, AB T5K 0C0

P: 587-341-8498

E: 2015awpa@gmail.com



[www.awpa.ca](http://www.awpa.ca)

# PURPOSE

The program will be delivered in the north, south, east and west areas of Edmonton in November, January, February and March.

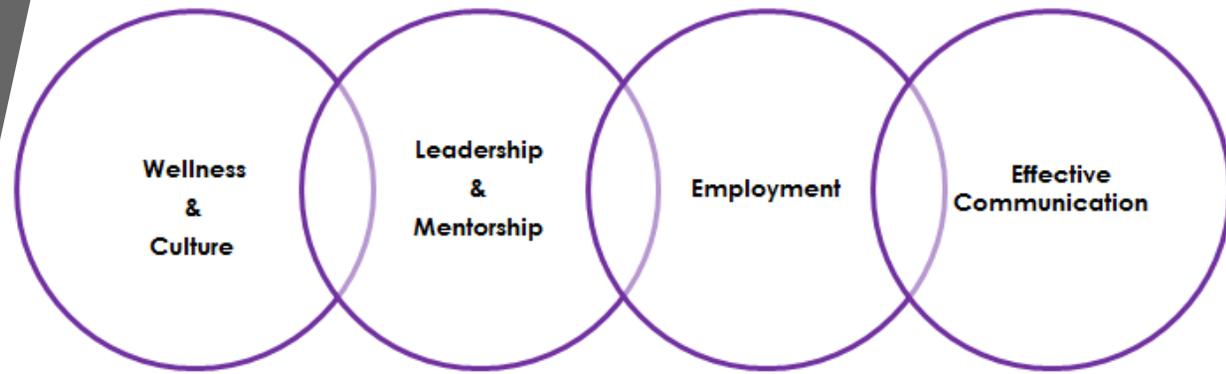
The program will work in collaboration with various service providers from organizations, industry and post-secondary institutions to ensure participants have made connections.

Presenters will be invited to showcase their programs, services and resources that focus on employment, wellness & culture, effective communication and leadership & mentorship,

There will be a total of 6 workshops and a community networking event where participants will be provided with a program certificate.

Participants will build their resume, cover letter and interview skills. They will create a career profile and be exposed to how to prepare for interviews through a variety of strategies and techniques.

If you know of an individual who will benefit from this program direct them to the ESET Program



# Register Today

## COLLABORATION

*"As I was sitting in a women's sharing circle, I paused and took a moment to look at each women in the circle. I found myself overwhelmed with the thought of how much I needed these women, my sisters -First Nations, Metis, and Inuit women.*

*As a human being, I am rediscovering my need for human relationship and connection. And as a Cree women, I am rediscovering the strength of the Indigenous women and her story. Her existence is a gift. Her life is a gift. Her story is a gift. Her nationhood is a gift. She is a gift, as a Indigenous women, from Creator" -ESET Program, Wellness & Culture Presenter*

MICHELLE NIEVIADOMY, ASSISTANT  
DIRECTOR, EDMONTON NATIVE  
HEALING SOCIETY

## BENEFITS

exposure to wellness, health and cultural strategies and tools

build and enhance career, establish goals, identify barriers and find employment

participation in cultural activities and introduction to Aboriginal women and mentorship opportunities

increase knowledge, skills and enhance communication and leadership capacity

create connections to various programs, supports and services in the community

build a strong network of supports through positive relationship building