

Hymn 475 - Forget Not Who You Are

Words: Mildred Spring Case, alt.

Music: Alfred Morton Smith

Forget not who you are, O child of God,
For God demands of you reflection pure;
Your heritage is goodly, and your home,
In Spirit's warm embrace, is safe, secure.

You are the child of Spirit, sinless, pure—
Yours is a perfect beauty, born of Soul—
Complete with health, vitality, and grace.
For is not God, your Father, perfect, whole?

Your understanding, too, comes straight from God.
For in that Mind, magnificent and clear,
You are conceived by Love, a perfect child,
Unhampered by the flesh, or doubt, or fear.

So now look up to God's pure holy light
And greet with fearless joy each coming day.
Of royal birth, you are a King's own child—
And God is yours, and you are God's always.