

**AGENDA**

*Southeast Washington Regional FYSPRT*

*11/17/2021 3:30-5:00 p.m.*

*Location – ZOOM and PHONE-IN ONLY*

<p><b>Purpose</b> designed to influence the functioning of local, state, and child-serving systems, and to promote proactive changes that will improve access to, and the quality of, services for families and youth with complex behavioral health challenges, and the outcomes they experience.</p>	<p><b>Mission</b> through respectful partnerships, families, youth, systems and communities will effectively collaborate to proactively influence, and provide leadership to address challenges and barriers faced by the behavioral health service system for children, youth, and families in Washington State.</p>	<p><b>Vision</b> To bring all necessary parties together to contribute to continuous improvement to children’s behavioral</p>	<p><b>Ground Rules</b> All FYSPRT attendees should have a chance to speak, express their own ideas and feelings freely, and pursue and finish out their thoughts          Everyone has an equal opportunity to share their voice and view          A variety of points of view are to be put forward and discussed during meetings          All attendees should work to remain open-minded          Stay true to the FYSPRT goals          Participants can interpret topics openly and honestly          All respectful feedback is welcomed</p>
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Agenda Items	
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<p><b>Welcome &amp; Introductions</b> (10 minutes)</p>	<p>Youth Tri-lead Baltazar Torres            On entry to the meeting, please put your name, agency/group affiliation if you have one, and if you are a family, youth or system partner into the chat box. This will help with attendance and with the gift card drawing. Thank you!  <i>Tri-Lead Jill and Tri-Lead Baltazar lead introductions and ice breaker.</i></p>
<p><b>Meeting Minutes</b> (5 minutes)</p>	<p>System Tri-lead Jill Mulhausen            Review of meeting minutes from October 14, 2021            Motion made by: _Jeanette _____            Seconded by: ___Baltazar _____            Did the vote carry? YES  <i>Jill Mulhausen reviewed the minutes from the October meeting. Meeting minutes were passed without amendments.</i></p>
<p><b>Telebehavioral Health “best practices” study</b> (5 minutes)</p>	<p>Meredith Piehowski  <a href="https://qaz1.az1.qualtrics.com/jfe/form/SV_3fRH8sAc35vdt42">https://qaz1.az1.qualtrics.com/jfe/form/SV_3fRH8sAc35vdt42</a>  <i>Meredith discussed a study through the University of Washington regarding telebehavioral health services in WA state. The study will be a 2 year long evaluation/information gathering process to develop guidance for telebehavioral health. The first stage will include individual’s opinions about telebehavioral health, pros, cons and concerns. After mapping the concerns the team will work with various individuals/groups to develop a more thorough research plan. The project is intended to inform possible future investments in building telehealth infrastructure and/or policies for children’s mental health services in WA state. Asked participants to complete survey and contact FYSPRT convener if there was interest in more information about the study.</i></p>
<p><b>Educational Ombuds Presentation</b> (40 minutes)</p>	<p>Danielle Eidenberg  <i>Education Ombuds provides services to students enrolled in public, charter, and tribal schools across the state of WA. They can provide resources and referrals to anyone that contacts them, but provides additional supports and services for individuals who</i></p>

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	<p><i>are identified as a part of their strategic plan (priority populations). Ombuds can work with a student or family for up to 4 months. Ombuds spend most of their time listening to concerns that are shared and try to address concerns through collaborative problem solving, facilitative conversations, and sometimes they provide navigation help. Can work directly with parents, can work with parents and students, and with the students and the school. Referrals can be made by students, parent/guardian, and community professionals. The work can also work with the family or community health provider in a consultation role. Ombuds will take students mental health into consideration and what is best for all parties involved when assisting and developing plans. They are an impartial 3<sup>rd</sup> party. Ombuds can assist with a variety of issues including bullying/harassment, intimidation, school avoidance, anxiety, discriminatory complaints. Ombuds will help create a safety plan. There are many resources on the website and many of the resources are available in multiple languages. Danielle provided some information and shared some of the various materials available on the website. Ombuds can also address issues within the school district such as racism and discrimination and have had positive feedback in their efforts to create a more cohesive and unified school community. Currently there is an increase of discriminatory issues and complaints that they are hearing about and addressing. Had a question and answer session. Provided information on contact information and ways to contact Education Ombuds for referrals or services. Discussed current concerns with districts in particular with LGBTQ students and how the Education Ombuds can work with the districts on behalf a student(s) to resolve an issue(s) with the district particularly regarding issues of discrimination, etc.</i></p>
<p><b>Gift Card drawing (5 minutes)</b></p>	<p>Baltazar Torres Gift card drawing Contact Meredith at meredithp@gcbh.org for mail options if you win! <i>Due to composition of meeting members, it was decided that 2 FYSPRT attendees would be drawn this month for gift cards (excluding the GCBH ASO staff). A policy regarding giving gift card eligibility will be reviewed by the Tri-leads and then presented at the next FYSPRT meeting for approval. My Thai and Katie Z won the gift cards this month. Congratulations!</i></p>
<p><b>Tri-Lead Application (5 minutes)</b></p>	<p>Tri-Leads  FYSPRT Tri-Lead Application 11.12.20 <i>Tri-Leads discussed the search for Co-Tri Leads and where the applications can be found.</i></p>
<p><b>Roundtable Discussion (15 minutes)</b></p>	<p>All members <i>Meredith – Informed group that crisis cards have been updated, will be printed and can contact FYSPRT, Cameron at GCBH ASO or Kirk at Benton Franklin Health Coalition if they want cards, also available in Spanish as well Jeanette – Discussed involvement in CPC training and training specifically for youth and youth in juvenile justice facility Cameron – SUD program was approved by the state and will update when the provider contracts have been assigned Rikki – 3 Rivers Therapy added WISe team and Peer Counselors and are implementing a “WISe like” model for individuals that will provide peer services, outreach, support to families outside of the Medicaid population. Discussed equal access and new Crisis Stabilization Center that is currently being built. Interested in feedback and community needs and want to fill gaps in services where we can. Discussed triage process for new patients and referrals and crisis services that are available. Cindy – Ombuds update, upcoming Ombuds Connect meeting, several complicated cases that are being worked on, new state Ombuds office will be in effect in October 2022.</i></p>

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	<i>Jill – Several openings at Phoenix at this time, understanding of all mental health conditions, able to do therapy after school</i>
<b>Closing Announcements and Evaluation (5 minutes)</b>	Tri-Leads <b>Your FYSPRT meeting evaluation is available at this link: <a href="https://www.surveymonkey.com/r/RDZT3PZ">https://www.surveymonkey.com/r/RDZT3PZ</a></b> <i>Please know your evaluations are an important part of improving FYSPRT, are included in FYSPRT reports to the State, and are much appreciated!</i> <i>Asked participants to complete survey monkey. No state meeting this month. Promoted looking for Co Tri-leads.</i>
Regional FYSPRT meeting dates	December 9, 2021 – Presentation by SPARK January 13 <sup>th</sup> , 2022 February 10, 2022  Meeting ID: 376 123 4588 1-253-215-8782 or 3761234588# <a href="https://us06web.zoom.us/j/3761234588">https://us06web.zoom.us/j/3761234588</a>
State FYSPRT meeting dates	November meeting is cancelled and has not been rescheduled at this time. Blake Office Park, West Building Chelan/Roosevelt Rooms: 4450 10th Avenue SE Lacey, WA 98503 <i>(Note: The 2021 Statewide FYSPRT Meeting Schedule will be updated if meeting logistics change due to COVID-19, or if meetings are cancelled due to weather or other circumstances.)</i>

**Want to become a voting FYSPRT member or Tri-Lead?**

**Ask for a membership application or find one on our website @ <http://www.southeastfysprt.org>**

Additional Information/Links:

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[Join CJJ's 2022 Emerging Leaders Committee!](#)