

# ST. CHARLES AREA AGENCY ON AGING • MAY 2018

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>All Meals are Served With 1/2 Pint of 2% Milk.</b></p>	<p><b>Hamburger</b> on a Bun Lettuce/Tomato/Pickle Mayonnaise/Mustard Baked Beans Orange Juice Chocolate Milk <b>1</b></p>	<p><b>White Beans &amp; Sausage over Rice</b> Mustard Greens Mixed Fruit Cornbread Strawberry Gelatin <b>2</b></p>	<p><b>Bourbon Chicken Salad Sandwich</b> on Whole Wheat Bread Lettuce &amp; Tomato Potato Salad Fresh Orange <b>3</b></p>	<p><b>Baked Bone-In Chicken w/Gravy</b> Mashed Potatoes Carrots Whole Wheat Bread Variety Moon Pie <b>4</b></p>
<p><b>Sliced Roasted Turkey w/Gravy</b> Mashed Potatoes Southern Green Beans Whole Wheat Roll Peaches Margarine <b>7</b></p>	<p><b>Chicken &amp; Sausage Jambalaya</b> Green Peas Normandy Blend Vegt Whole Wheat Bread Raisins <b>8</b></p>	<p><b>Red Beans &amp; Sausage w/Brown Rice</b> Steamed Spinach Fresh Fruit Cornbread LD Oatmeal Cookie <b>9</b></p>	<p><b>Italian Beef &amp; Rice Casserole</b> Cabbage Carrots White Dinner Roll Apple Streusel Cake Margarine <b>10</b></p>	<p><b>MOTHER'S DAY SPECIAL</b> <b>Shake'n Bake Bone-In Chicken</b> Broccoli Tossed Salad w/Dressing Macaroni &amp; Cheese Strawberry Shortcake <b>11</b></p>
<p><b>Meatballs w/Country Gravy</b> Smothered Potatoes Mixed Vegetables Whole Wheat Bread Fresh Fruit <b>14</b></p>	<p><b>Turkey &amp; Cheese Sandwich</b> on a Bun Lettuce/Tomato/Pickle Mayonnaise/Mustard Marin Zucchini Salad Peach Cobbler <b>15</b></p>	<p><b>Chicken &amp; Sausage Gumbo w/Rice</b> Okra &amp; Tomatoes Potato Salad Whole Wheat Crackers Cake / Ice Cream Cup <b>16</b></p>	<p><b>Hamburger</b> on a Bun Lettuce/Tomato/Onion Mayonnaise/Mustard Baked Beans Mandarin Oranges <b>17</b></p>	<p><b>Ham &amp; Lima Beans w/Rice</b> Mustard Greens Pickled Beets Cornbread Fresh Fruit <b>18</b></p>
<p><b>Smothered Chicken</b> Carrots Mashed Potatoes Whole Wheat Bread Oatmeal Raisin Cookie <b>21</b></p>	<p><b>Sausage &amp; Pinto Beans w/Rice</b> Steamed Spinach Coleslaw Cornbread Apple Juice <b>22</b></p>	<p><b>Tuna Salad Sandwich</b> on Whole Wheat Bread Lettuce/Tomato/Pickle Pickled Beets Fresh Orange <b>23</b></p>	<p><b>Spaghetti w/Meat Sauce</b> Green Beans w/Peppers Tossed Salad w/Dressing White Dinner Roll Apple Cobbler <b>24</b></p>	<p><b>Ham &amp; Turkey Chef Salad</b> over Green Garden Salad w/Salad Dressing Saltine Crackers Fresh Orange Almond Cookie <b>25</b></p>
<p><b><u>CLOSED FOR HOLIDAY</u></b></p>  <p><b>28</b></p>	<p><b>Hamburger</b> on a Bun Lettuce/Pickle/Onion Mayonnaise/Mustard Baked Beans Orange Juice Chocolate Milk <b>29</b></p>	<p><b>White Beans &amp; Sausage over Rice</b> Mustard Greens Mixed Fruit Cornbread Strawberry Gelatin <b>30</b></p>	<p><b>Bourbon Chicken Salad Sandwich</b> on Whole Wheat Bread Lettuce &amp; Tomato Potato Salad Fresh Orange <b>31</b></p>	<p><b>Your Contributions are Greatly Appreciated.</b></p> <p><b>Please Help Your Council on Aging Help Others.</b></p>