

Registration

Phone: 403.894.3643

Email: info@ccssg.com

Online: go to www.ccssg.com
click the *Workshops* tab
scroll down to *Tightening the Knot*
click the *Register* button

Cost

The cost of our workshops varies by title, location, capacity, and other factors. Please see www.ccssg.com for current workshop offerings and prices.

Private Events

If you'd like to host this or one of our other seminars / workshops at your church, study group, or business anywhere in Canada, please contact us for pricing and availability.

Contact

C to C Support Services Group
121 Heritage Close West
Lethbridge AB Canada T1K 6S1
403.894.3643 or info@ccssg.com
www.ccssg.com



C to C Support Services Group
Personal Support Division

About your instructors

Charles and Charlene Van den Akker were both born and raised in Manitoba. Married for 26 years and together through the joys and sorrows of marriage, births, family illness, deaths of loved ones, an inter-provincial move, and more, they have a vibrant marriage and are blessed to have 4 wonderful children, 1 son-in-law, and a new grandchild. Although their work has taken them across North America, after 12 years in practice in Winnipeg MB they now live in Lethbridge AB and are building a new practice there.



In addition to university education, marriage, parenting and 22 years of business experience, Charles and Charlene work together as Christ-centered counselors, life coaches, and presenters specially certified in:

Choice Theory & Reality Therapy

Biblical Peacemaking
(Conflict Coaches & Mediators)

Steps to Freedom in Christ
(Advanced Facilitators)

NeuroLinguistic Programming
(Licensed Master Practitioners of NLP)

Life Coaching

Social & Emotional Intelligence Coaching

Motivational Coaching

plus supplementary training in play therapy, timeline therapy, family reconstruction therapy, LAB profiling, MBTI profiling, and more.

Tightening the Knot

strengthening your marriage
in an unraveling world



You can have
an exciting marriage



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You are not alone.

- about 50% of all marriages end in divorce
- about 60% of intact marriages are unhappy

Only about 20% of married couples are happy. Not the best odds! But what have they figured out that others haven't?

5 things predict a good marriage:

- Communication
- Flexibility
- Couple Closeness
- Personality Compatibility
- Conflict Skills

In addition, couples who agree on spiritual beliefs report significantly higher marital satisfaction and couple closeness than those who do not agree.

How does your marriage rate?

Think it can't change?

The five categories listed above aren't rocket science; they're teachable, learnable tools that you can put into practice *right now* to improve your married relationship.

A little time – a big payoff!

Whether your marriage is happy, boring, or struggling, these are things you can learn right now, together.

It's possible to have a thriving marriage. Make it matter!

Session 1: A beautiful design

- leaving your family behind
- cleaving to your spouse
- sins that affect marriage and children
- when is divorce (not) an option?

Session 2: How we communicate

- learning strategies
- the language within communication
- 7 deadly habits that tear down
- 7 caring habits that build up

Session 3: Conflict and resolution

- communication types
- the slippery slope of conflict
- procedures to reconciliation
- apologies and forgiveness

Session 4: Needs, wants and goals

- needs – physical, psychological, spiritual
- wants – and how they create conflict
- the heart – and creating (dis)respect
- finding and setting mutual goals

Invest a little time in your marriage today! It's worth it!

Tightening the Knot

*Strengthening your marriage
in an unraveling world*

**October 23 - November 13, 2019
Taber, Alberta**

Times: Wed Oct 23 7:00pm - 10:00pm
Wed Oct 30 7:00pm - 10:00pm
Wed Nov 6 7:00pm - 10:00pm
Wed Nov 13 7:00pm - 10:00pm

Location: Taber Can. Ref. Church
3902 Heritage Drive
Taber AB

Price: \$150 – includes materials,
refreshments, and light snacks.

Registration details on reverse.

Register Now!
Space is limited to 10 couples!

Payment and Cancellation Policy: All registrations must be paid in full prior to the start date, unless prior arrangements are made. 75% refund if cancellation is requested before the start date; no refunds after workshop starts or for no-shows. If a workshop is cancelled due to insufficient registrations or unforeseen circumstances, all fees will be refunded in full.