

## IEP Language to Authorize Personal Care Assistance Services

1. Condition or diagnosis that creates the need
2. Covered tasks to be provided
3. Average total time per day
4. Method of delivery
5. Staff who will provide (paraprofessional)
6. Staff to supervise tasks (the most qualified professional)
7. Staff to direct tasks (case manager)

### Examples:

- a. Due to Sally's **congenital defects**, she needs an **aide** to provide partial **physical assistance daily, for up to 70 minutes**, with personal care tasks including **the following ADLs: mobility, transfers, and positioning** (*list specific details on how to carry out the tasks*). These activities will be supervised by the **school nurse** and Sally's **special education teacher** is the responsible party.
- b. A **para** will assist George with his personal care needs for **up to 140 minutes per day**. **Because of George's CP**, he has an **unsteady gait** and needs **total physical assistance with mobility** both within and outside of the building, **including certain transfers** related to vehicles, equipment, etc. George must have his **food set up** and an **orthotic applied**. He can feed and drink himself with appropriate adapted equipment and set up. However, **he must be constantly monitored for frequent choking**. It is also important for George to maintain good range of all joints through **daily ROM**. In addition, George has **diabetes** and must have his **glucose taken mid-morning and mid-afternoon**. When ranges are exceeded, George must be **escorted to the nurse's office** for further assessment and the RN will provide necessary insulin per doctor's orders. The personal care tasks will be **supervised by the school nurse** and the **IEP manager** is the responsible party.
- c. A **para** will meet Jeanie's personal care needs by **observing and redirecting** her **explosive behavior** that **often results in physical aggression towards self or others and destruction of property** (*list specific behaviors such as hitting, biting, kicking, pinching, scratching, etc*). The observation and redirection will occur **throughout the entire school day and during transportation to and from school on the bus**. This activity will be supervised by a **mental health professional** and the **IEP manager** is the responsible party.