**Obesity/Healthy Eating/Active Living**

* HEAL Coalition
* Schools: Free/Reduced Lunch/Breakfast, school gardens
* FINI/SNAP-ED
* YMCA
* Stand-Up for Kids
* Kitsap Transit has expanded some key routes, increasing “active transportation”.
* Special bus line to hiking trails
* Suquamish Tribe “Yuk to Yum”, head start/preschool fruits and vegetables which became the “yum”
* Suquamish partnered with convenience store to make placement of water by checkout and placed signs to use water. PCAP focuses on healthy food and water for participants
* KCR – Healthy cooking class services
* ELC new grant – obesity prevention
* Diabetes prevention- Management task force
* Wisdom Warriors -Suquamish
* Meals on Wheels
* WSU Ext. – Food access, gleaning
* Sail – Class for seniors for fall prevention
* Kitsap Little Pantries – Food Kiosks (volunteers fill kiosks) and stand up for kid’s meals
* Bremerton Backpack brigade
* Kitsap Community Food Coop opened
* Farmers Markets
* WIC
* Girls on the run
* Virtual – videos for kids in schools
* 5k events
* Marvin Williams
* WSU- youth Education program
* NewLife monthly education
* Kingdom fit program
* Corner store healthy food initiative
* VSDA school lunches have made from better ingredients (extra school lunches healthier options and more expensive)
* Summer lunch programs
* Kids day @farmers market
* Urban Roots and Green in hood

**Health Care Access**

* Community health reps at Suquamish spend a lot of time transporting patients. They also advocate for patients. Supplemental dental/vision for tribal DSHS clients
* Schools – rotating school nurses
* School Clinic – PCHS mountain view
* PCHS – increase access via mobile van clinics
* PCHS and KMH have partnered
* Naval Hoop – Active duty/dependents/ retirees, primary care
* New VA Clinic – Silverdale
* Local providers screening for social determinants of health – connected to services
* North Kitsap Fishline – dental clinic in Poulsbo now
* Peninsula has put clinics in control, Kitsap and Bremerton school districts with health and behavioral healthcare
* OESD: If uninsured parent child moves up on waiting list for headstart-ECAP
* Lindquist Dental has increased access to dental care
* Peninsula comments health has grown dental chains (access) dramatically.
* Headstart/ECAP provides health advocate – 97% of families have met all well-child and dental check-ups
* School requirements for vaccinations being enforced
* PCHS: Mobile Van, school-based health, removal of barriers to service
* Smile Partners with Lindquist Dental
* Harrison: NWFMR, New Bremerton Clinic, Expanding emergency department
* Insurance Navigator
* PCHS – More robust and accessible behavioral health programs
* ABCD for kids aged 18 and under
* KCR – has volunteer dentists
* United Way is working with Uber and Lyft providing free rides to help accommodate patients the have barriers to transportation make it to their medical appointments
* Manette Clinic – United way provides prescription vouchers
* More MCOs in community trying to register folks for insurance
* PCHS OB Services in Port Orchard
* Health Fairs plus transportation, KIAC has a bus to help with transportation
* New student health clinic in Bremerton (mountain view)
* WIC – follow-up about dental and have resources
* Newlife health initiative – education and information on health topics and resources – Monthly and Marvin Williams center
* Best Dental Health mobile clinic education, screening and education over 5000 encounters

**Wellbeing- Mental Health**

* Coalitions for suicide prevention is actively meeting again (but clinicians did not attend)
* Student assistance professionals at high schools (OESD), new (gap: no mental health specialists)
* Peninsula School District has a new clinic that includes physical and mental health
* Headstart/ECAP (OESD) focused on youth attendance to identify parents with poor mental health and provided assistance
* Kitsap Strong working on hope theory. Gap: Child psychiatrist – HUGE gap in mental health professionals
* Kitsap Strong and ACEs Education and Trauma Sensitivity for schools
* Suquamish healing canoe
* Port Gamble S’Klallam – art for healing
* Suicide/Anxiety/Healing circles @ Fairview- Dispute Resolution
* Tyler M. Project
* Crisis Intervention Program
* Coffee Oasis
* Dental Best Prevention
* Joy- Social and emotional
* PCHS Van – Mental Health Counseling
* YMCA – before-active school childcare and getting 1-hour physical activity/day family-based intervention obesity program bringing families together
* Kitsap Mental Health – Targeted for adults- provide permanent supportive housing also “Navigation Center”.
* Planned Parenthood in Bremerton: Youth and Family programs, education catered to LGBTQ and community.
* School based BH – Social emotional training for staff at BSD
* PSNS – Parent Training for suicide prevention
* Harrison Incorporating BH screening services into medical clinics

**Substance Use**

* Suquamish- substance abuse trainings
* Integration of two local community clinics PCHS- mobile van, substance abuse treatment
* Kitsap Chief Academy (middle high school) Healing of Canoe Curriculum
* OESD – SAPs in schools
* Drug Court
* Grant application by workforce development to support those with addiction
* PCAP Program supports families experiencing addiction
* Kitsap County Human Services is providing naloxone
* Opioid treatment program will be opening
* OESD Provides assistance to high schools, expanding to middle schools
* Prevention Coalition – Bremerton and North Kitsap and police outreach
* Opiate withdrawal program
* OCH opioid summit
* MAT in Jails
* YMPEP – Youth Marijuana and vaping prevention and education
* Tobacco 21 outreach
* Treatment Courts – Incentive treatment
* WSU – prevention program
* Kitsap Strong ACEs
* School based programs: Hidden in plain sight (BSD), School Nurse Collaboration, PCHS School Based Health
* Kitsap County Human Services/KPHD (Tobacco, vape, Marijuana prevention)
* PCHS Mobile Behavioral Health
* Salish Recovery Coalition/Medicine assisted therapy
* Two substance abuse prevention programs across five districts – multisector approach
* Three corporate widespread treatment and education for physicians
* Co-Occurring inpatient treatment diagnosis
* Narcan Training and Narcan Kits
* Kitsap County Prevention (CANS)
* Not in Mama’s Kitchen

**Housing**

* Homes of compassion- They will have 14 homes by the end of the year
* 2020 Focus at Suquamish, reduce homelessness by 50%
* Some help with home ownership housing Kitsap- Mutual self- help housing
* New juvenile court family resource specialist to assure youth do not leave the center for homeless
* New 24-hour shelter for 70 people is planned at the Navigation Center
* Planned – 7o unit permanent supporting housing
* ECAP – homelessness is top priority
* Moral Manor being built for extended stay for those experiencing domestic violence
* Pendleton Place (KMLES) 74 permanent supportive long-term housing
* New Coffee Oasis in Kingston
* Tiny Home village – Port Orchard
* KCR project for new low-income housing. Emergency housing through housing solutions center. Safe park
* Navigation Center
* Bremerton affordable housing intervention and needs assessment
* Pendleton Place Underway
* 1406 Legislature tax starts next month
* Respite Care at Benedict House in Harrison
* Housing Solutions Center
* Coffee Oasis
* Kitsap Connect
* Homes for all/any house project
* Permanent Supportive housing (KMHS/BH)
* KCR Housing Solutions
* Housing Authority – Pendleton Place managed care
* Kitsap Regional Library – Housing focus winter/spring 2019/2020 and awareness
* Tiny homes at Suquamish