## 2019 TCAL FROSH/SOPH FOOTBALL

|                      | LINCOLN   | LODI          | ST. MARY'S | TOKAY         | TRACY      | WEST       |
|----------------------|-----------|---------------|------------|---------------|------------|------------|
| THURSDAY<br>10/3/19  | at LODI   | LINCOLN       | at WEST    | at TRACY      | TOKAY      | ST. MARY'S |
| THURSDAY<br>10/10/19 | TRACY     | at ST. MARY'S | LODI       | WEST          | at LINCOLN | at TOKAY   |
| THURSDAY<br>10/17/19 | at TOKAY  | at WEST       | at TRACY   | LINCOLN       | ST. MARY'S | LODI       |
| THURSDAY<br>10/24/19 | WEST      | TRACY         | TOKAY      | at ST. MARY'S | at LODI    | at LINCOLN |
| THURSDAY<br>10/31/19 | ST MARY'S | at TOKAY      | at LINCOLN | LODI          | WEST       | at TRACY   |

Practice starts July 29
First Scrimmage Aug 16
First Contest frosh/soph August 22
Sit Out Period September 27
Last Contest November 1