

THE LINKS CONNECTOR



LINKS REESE, BUTTS, CHISM,
WILSON, HARRIS, SPIVEY,
WATSON, STITH, HALL, PATTON

MEMBERS ATTEND SPECIAL TEA



After the regular October 3, 2011, meeting was adjourned, everyone gathered at the English Rose Inn on Taylor Street for lunch and tea. Ladies adorned in their hats set the afternoon to a lovely and friendly affair. Everyone laughed and talked and ate the delicious

food topped off with a rum cake dessert. Everything was beautiful with an old English setting. You thought you were at someone's home eating in the dining room.

It has been suggested that we have a "Hat and Tea Affair" more often.

This gave us the opportunity to further bond together tightening our "Chain of Friendship."

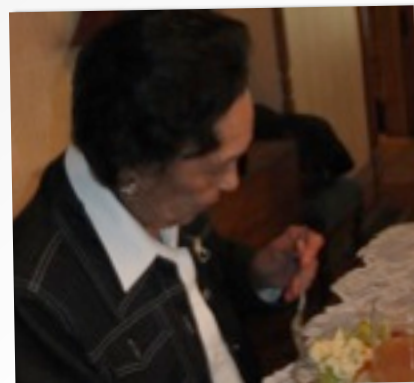
It was great to see Alumna Butts in attendance and to see that she is doing quite well.



ENJOYING A DELICIOUS MEAL



LINKS CHISM AND HALL



LINK STITH

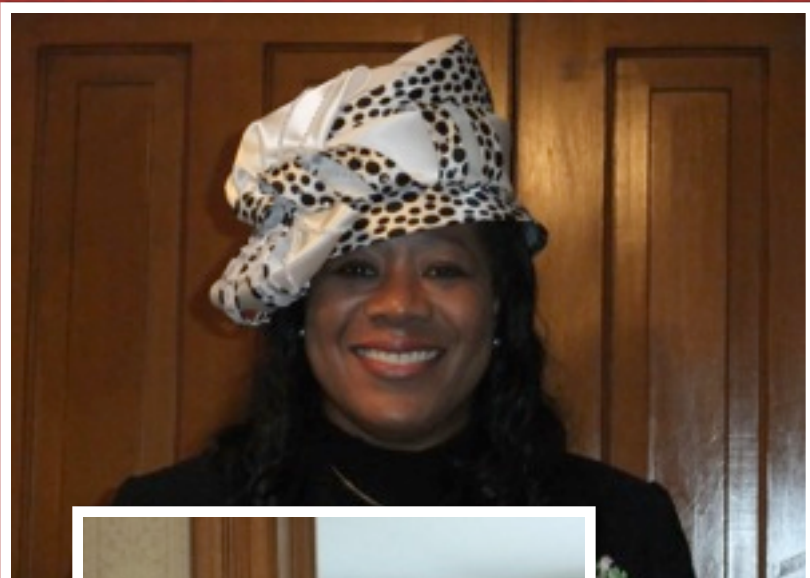
PHOTOS FROM THE TEA



THESE LADIES ARE PROUD TO BE MEMBERS OF THE SOUTH BEND AREA (IN) CHAPTER OF THE LINKS, INCORPORATED.

IN HATS ARE LINK OTHA REESE, LINK IDA WATSON, LINK MYRTLE WILSON, AND LINK TINA PATTON

PHOTOS FROM THE TEA



CONTINUING: LINKS TINA PATTON, LINK JANICE HALL, LINK MYRTLE WILSON, ALUMNA WILLIE MAE BUTTS AND LINK VIRGINIA CHISM

UMBRELLA PROGRAM KICKOFF



THE HEALTH AND HUMAN SERVICES FACET HAS BEEN VERY BUSY MEETING AND PLANNING THE KICKOFF OF THE CHAPTER'S UMBRELLA PROGRAMMING INITIATIVE-- CHILDHOOD OBESITY PREVENTION. ALL FACETS WILL PARTICIPATE. EACH CHAIR OF THE FACET WILL SUBMITTED PLAN TO IMPLEMENT THAT FACET'S PORTION OF THE INITIATIVE. THE KICKOFF DATE IS PLANNED JANUARY 2012. THIS WILL BE AN ON-GOING PROJECT. PLANS ARE TO PARTNER WITH THE COMMUNITY WITH THIS INITIATIVE.



FACET COMMITTEE AT WORK

THE UMBRELLA PROGRAM



Health & Human Services

Janice Hall, Chair

Childhood Obesity Initiative

Following the National Childhood Obesity Initiative, the South Bend Area (IN) Chapter has developed a Childhood Obesity Prevention Program. Our goal is to address the problem of obesity among African American children within the South Bend, Indiana area providing educational tools which will improve their food selection and physical activity.

Program goals are to (1) Empower parents and/or guardians by: increasing awareness of the negative health challenges associated with childhood obesity, conducting nutrition classes for both adult and children participants, encouraging local churches to aid in developing nutritional programs, providing food shopping tips, identifying physical activities that both adults and children may participate in together, conducting healthy eating forums, and providing updated and available health services information to participants; (2) Involve children in health related project within the community: art poster program and gardening projects; and (3) Introduce children to physical activity programs such as boxing, tennis, and swimming.

To complete the umbrella approach, the five facets will participate in these long-range project. The **Health and Human Services** facet will introduce basic obesity information-issues and concerns. The **National Trends and Services** facet will address the economic and social inequalities that significantly affect our African American community in the area of childhood obesity. Subjects may include financial planning and buying tips, medical health trends, and image building. The **Services to Youth** facet will primarily focus on health and wellness education by partnering with local school(s), churches, or youth organizations. They will participate in a Friendship Garden project. **The Arts** facet will design a community poster Art contest using the theme: "Make Health a Habit" in conjunction with the National Links Initiative. The **International Trends and Services** facet will focus on aligning their program with the National Links Initiative called "Safe Motherhood." They will raise awareness of the need to donate safe motherhood kits to African Countries. They will work with teenage mothers in helping them to develop healthy lifestyles during their pregnancies and afterwards.

THE FACETS



Virginia Calvin, Chair

THE ARTS



Teresa Phillips, Chair

SERVICES TO YOUTH



Tina Patton, Chair

NATIONAL TRENDS



Ida Watson, Chair

INTERNATIONAL TRENDS

2011 HOLIDAY BRUNCH



Holiday Brunch 2011

Our Chapter will host its Annual Holiday Brunch on Saturday, December 3, 2011, at 10:00 a. m. at The Woodward (across from Teachers Credit Union, Downtown). Tickets are \$35.00 each.

Mark your calendar now. Further details will be coming soon.

Link Chism and Link Calvin are co-chairs of the event. Other committee members are Link Hall and Link Byrd.

LINKS MEET & GREET

In order to become more involved in the community and better known, the South Bend Area (IN) Chapter will host a Meet and Greet Function inviting African-American women. They will get to know us and what we do and we will have the opportunity to meet and get to know them. This is a form of networking that will give us more opportunity for partnerships.

Therefore, we are asking all Link members to join us on Wednesday, October 26, 2011, at Trio's Restaurant, from 5:00 p.m. until 7:00 p.m..

JOIN US TO NETWORK

Mark your calendars now!

Don't forget the date is Wednesday, October 26, 2011, from 5:00 p.m. until 7:00 p.m., at Trio's Restaurant, Downtown.

JOIN US TO FELLOWSHIP

Don't miss this affair!

We need all of our Link Sisters to participate in this "Meet and Greet" Affair. We need to show our solidarity as Link members. We need you!



STRENGTH

OUR HISTORY IS ONE OF STRENGTH BECAUSE AGAINST ALL ODDS WE HAVE BEEN ABLE TO REACH A LEVEL OF SUCCESS THAT HAS NOT BEEN POSSIBLE FOR AFRICAN AMERICAN WOMEN.

--TINA PATTON, PRESIDENT
SOUTH BEND CHAPTER, LINKS



COURAGE

OUR HISTORY IS ONE OF COURAGE BECAUSE WE HAVE NEVER BEEN AFRAID TO TAKE ON ANYONE OR ANYTHING TO REACH THE GOALS WE HAVE SET FOR OURSELVES.

--TINA PATTON, PRESIDENT
SOUTH BEND CHAPTER, LINKS



LOVE

OUR HISTORY IS ONE OF LOVE, BECAUSE WE KNOW LOVE AND WE SHOW LOVE TO ALL WHO WE ARE CONNECTED TO.

--TINA PATTON, PRESIDENT
SOUTH BEND CHAPTER, LINKS

Chapter Officers



President - Tina Patton



Vice President - Teresa Phillips



Recording Secretary - Leslie Wesley



Treasurer - Imogene Harris



Financial Secretary - Joyce Stith



Program Chair - Myrtle Wilson