

# Port Carling Skating Club

## Club Response Plan

**Effective Date: Sept 17, 2021**

In conjunction with Skate Ontario, the Township of Muskoka Lakes, and the Simcoe Muskoka District Health Unit please refer to Port Carling Skating Club's (see below) and [Skate Ontario's Return to Play Protocols](#).

Any individual participating in club activities is required to complete a COVID-19 Waiver, or have a signed COVID-19 Waiver on-file with Skate Ontario. This includes, skaters, coaches, board members and volunteers. Please note: this will be kept on file with Skate Ontario. Failure to do so means that individuals must not participate in club activities. All skaters are required to complete the COVID-19 Provincial Screening prior to entering the facility for their skating session.

### **PORT CARLING SKATING CLUB'S RETURN TO SPORT PROTOCOLS**

- All skaters may have access to a dressing room. Dressing rooms will be assigned upon arrival to the arena. Skaters must sit on marked areas on the benches when getting ready. Masks must be worn.
- All participants and skaters **MUST** wash their hands with either soap or water or hand sanitizer upon entry to the building and ice surface as well when leaving.
- All participants entering the facility must wear a face mask. Skaters will be permitted to remove their face mask when they enter the ice surface but must put the mask back on once their session is completed.
- Skaters with a helmet do not need to wear a face covering between the dressing room and the ice surface and vice versa.
- Social distancing must be maintained while not in motion while on the ice surface. Skaters and coaches are permitted to engage in physical contact while in motion.
- Program assistants are required to wear a mask when physically supporting CanSkate skaters.
- A copy of the screening tool will be provided before the season begins. If a skater is unwell, they or their parent/guardian may choose to self-fail the screening by contacting a member of the COVID oversight group or emailing [pscscovid@gmail.com](mailto:pscscovid@gmail.com). A refund will only be issued if notice is received **before** the start of the session.
- Skaters and guardians must use Township of Muskoka Lakes designated washrooms and follow Township of Muskoka Lakes protocols, *including but not*

*limited to sanitizing hands upon entry to the Port Carling arena and completing the Township of Muskoka Lakes Waiver and Health Screening Questionnaire prior to the skater getting on the ice.*

- Participants may use the water station to fill their water bottle. Use of the water spout is not permitted at this time.
- Participants are asked to bring their own tissues and dispose of properly in garbage receptacles provided at the arena.
- Participants must wash their gloves or mitts after each session.

## **IF AN INDIVIDUAL BECOMES UNWELL WITH SYMPTOMS OF COVID-19 WHILE AT THE FACILITY**

- If an individual becomes unwell with symptoms of COVID-19 that individual must immediately stop participation in club activities.
- The individual should be isolated from all others in a well-ventilated area, or outside and provided with a non-medical face mask if one is available.
- The individual shall be sent home and instructed to follow public health guidelines regarding self-isolation and testing.
- The facility should be informed in order to determine if any areas need to be closed off and/or require additional cleaning/disinfecting.
- A member of the COVID-19 Oversight Group should be informed of the situation and should contact the individual or their parent/guardian to determine if next steps are being taken regarding testing.

## **IF AN INDIVIDUAL HAS COVID-19 SYMPTOMS PRIOR TO COMING TO SKATING**

- If a skater has covid-19 symptoms they must:
  - Get a covid test, stay home and isolate until you get the results or
  - Seek guidance/diagnosis from a medical professional before returning or
  - Self-isolate (STAY HOME) for 10 days
- Contact at a member of the COVID-19 oversight group via email [pcscovid@gmail.com](mailto:pcscovid@gmail.com) or by phone.
- Once skaters has a negative result or alternative diagnosis they are able to return to skating as long as symptoms have resolved.

## **IF AN INDIVIDUAL TESTS POSITIVE FOR COVID 19**

- If an individual tests positive for COVID-19, they should inform a member of the COVID-19 Oversight Group.
- The COVID-19 Oversight Group will work where requested with the facility and public health officials to assist in contact tracing. The Session Participation tracking sheets may be used to assist public health officials in informing other club members who may have been in close contact with the individual.
- Any club/skating school members who were in close contact with the individual should not participate in club/skating school activities for 14 days and should follow public health guidelines regarding self-isolation and testing.
- It is recommended to also inform all club/skating school members of a positive COVID-19 result within the club setting.
- The COVID-19 oversight group will inform and work with the facility in the case of a positive COVID-19 result and determine if any additional cleaning/disinfecting should be performed as per the facility's guidelines.
- The club will inform Skate Ontario of a positive COVID-19 diagnosis by e- mailing [clubsupportservices@skateontario.org](mailto:clubsupportservices@skateontario.org)

## **RETURN TO CLUB ACTIVITIES FOLLOWING ILLNESS OR EXPOSURE TO COVID 19**

- Individuals must follow all public health and facility guidelines with respect to returning to skating following an illness or exposure to COVID-19
- If a COVID-19 test was negative and there was no known exposure to COVID-19, the individual may return to club activities once they no longer have any symptoms of COVID-19.
- If a COVID-19 test was negative and there was a known exposure to COVID-19, the individual may only return to club activities fourteen days after any symptoms started and once they no longer have any symptoms of COVID-19
- If an immediate family member (a member of the same household) has been in direct contact with an individual who has tested positive for COVID-19 or has been alerted by the COVID Alert app that exposure has been detected an individual (who is not fully vaccinated: 2 doses plus 14 days) must not participate in club activities until the exposed person has received a negative COVID-19 test. If the individual is fully vaccinated (which means 2 doses plus 14 days) they do not have to self-isolate while awaiting results of a family member test.
- If a skater's immediate family member is experiencing COVID-19 symptoms they must also self-isolate until the family member receives a negative result. If the skater is fully vaccinated they do not have to self-isolate.

## **RETURN TO CLUB ACTIVITIES FOLLOWING COVID-19**

- Following a positive COVID-19 test, an individual must follow all public health guidelines regarding return to activities.

## **PUBLIC HEALTH GUIDELINES**

Club members should follow all public health guidelines regarding COVID-19. These may include:

- Any club members who themselves have travelled outside of Canada, must self-isolate and not participate in club activities for 14 days, unless the individual has a Government of Canada Travel Exemption.
- Any individual with symptoms of COVID-19 is not permitted to take part in club activities.
- Any individual who has been exposed to someone with a confirmed case of COVID-19 should self-isolate and is not permitted to participate in club activities for 14 days.

## **COVID OVERSIGHT GROUP**

The following people will comprise this COVID-19 Oversight Group.

Erika Ferguson 705-646-4078 efergy@hotmail.com

Sarah MacKay 705-644-3765 bsmackay@live.com

Lisa Gonneau 705-706-3692 lisagonneau@gmail.com

Sarah Wallace 705-646-3101

**Should you have any questions about any aspects of the Return to Play protocols or other policies related to COVID-19, please contact one of the individuals above.**

**\*These protocols are subject to change.**

**DISCLAIMER: Printed hard copies of controlled documents are considered uncontrolled. All personnel using hard copies for ease of reference are required to determine the up-to-date status of any hard copy document to ensure it matches the current electronic version.**



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## COVID-19 REFUND POLICY

Policy # 1

**Document Classification: Policy**

**Related By-Laws: 77-19 Refunds**

**Document Control:**

<b>Implementation:</b>	<b>Date:</b> August 27, 2021
<b>Next review by board:</b>	<b>Date:</b> August 2022

For the 2020-2021 season the Port Carling Skating Club will issue a \$5 per session refund under the following circumstances only:

- i. A skater fails the COVID-19 screening (at the arena or by email **before** the session begins).
- ii. A skater has been in close contact with a confirmed or suspected case of COVID-19.
- iii. Public Health officials (the Province of Ontario or the Simcoe Muskoka Health Unit) close the arena.
- iv. The Township of Muskoka Lakes closes the arena.
- v. Port Carling Skating Club requires your skater to miss a session in order to meet Ontario Framework for Re-Opening Guidelines.
- vi. A skater is required to miss their session while waiting on an exposed immediate family member to receive a negative COVID-19 test.

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## CANCELLATION POLICY

Policy # 2

**Document Classification: Policy**

**Related By-Laws:**

**Document Control:**

<b>Implementation:</b>	<b>Date:</b> August 27, 2021
<b>Next review by board:</b>	<b>Date:</b> August 2022

In the event of inclement weather, the board of directors will make every attempt to cancel skating at least 1 hour before the scheduled ice time. Members will be notified via email, Facebook and the Moose FM and Country 102 local radio stations.

Cancellations or closures related to the COVID-19 pandemic will be communicated by the COVID-19 oversight group via email, Facebook, and the Moose FM and Country 102 local radio stations.

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## RED ZONE SKATER POLICY

Policy # 3

**Document Classification: Policy**

**Related By-Laws:**

**Document Control:**

<b>Implementation:</b>	<b>Date:</b> November 21, 2020
<b>Reviewed by board:</b>	<b>Date:</b> September 2021

In the event that the Ontario Government declares the Simcoe Muskoka District Health Unit under gathering restrictions or Skate Ontario deems reduced numbers of skaters on the surface, we at Port Carling Skating Club will follow the guidelines as directed.

Skaters will sit out their session on a rotating basis determined by the team manager or a COVID Response Team Member. Synchro team managers or COVID response Team member will be responsible for communicating the schedule to families.

If a skater knows they will be absent the team manager or COVID response Team member will be notified and offer the spot to a skater who is scheduled to sit out.