

TRUE[®] CARDIO

CS400

COMMERCIAL



PREMIUM FITNESS EQUIPMENT SINCE 1981

CS400 ELLIPTICAL

The CS400 Elliptical from TRUE combines the durability and performance expected all over the world from a TRUE product, in a sleek and sexy design that is sure to have your users looking twice. The small and compact footprint of the CS400 allows you to place this elliptical machine in tight spaces where a traditional front or rear-drive elliptical might not work. Plus, your users will love the unique Cardio 360™ programming that acts like their own personal trainer in the machine, walking them through a 20-minute total-body workout that no other elliptical on the market can deliver.



CS400

TECHNICAL SPECIFICATIONS	Power Source	110V, Self-Generating option available, 220V Option Available	
	Cord Length	10' / 3.0M	
	Drive System	Core Drive™	
	Total Body Workout	Cardio 360™	
	Resistance Source	Hybrid Self-Generating Brake	
	Maximum Workload	450 Watts	
	Frame Construction	Robotically Welded Heavy-Gauge Steel	
	Stride Length	21" / 53 cm	
	Footpad	Soft Step Cushioned Anti-Fatigue Material	
	Exercise Arms	Ergonomic Handles with Moisture Resistant Sleeves	
	Handrail Design	Extended Handrails with Molded Rubber, Moisture Resistant Grips	
	Side Step Design	Non-Slip Rubber with Textured Pattern	
	Contact Heart Rate Monitoring	Yes	
	Wireless Heart Rate Monitoring	Polar® Compatible	
	AVAILABLE CONSOLES	Transcend ¹⁶ , Transcend ¹⁰ , Escalate ¹⁵ , Escalate ⁹ , Emerge	
	Cardio 360™	Upper Body Isolation	Yes
		Lower Body Isolation	Yes
Total Body		Yes	
SAFETY	Side Steps	Standard	
	Extended Handrails	Standard	
	Activity Guard (removable)	Standard	
REGULATORY APPROVALS	ETL UL1647, CSA, CE, EN957, FCC		
EXTRAS	Accessories	Water Bottle Holder, Accessory Tray, Over Molded Reading Rack/Tablet Holder	
PHYSICAL SPECIFICATIONS	Footprint	62.5" L x 32" W / 159 cm x 81 cm	
	Active Footprint	74" L x 32" W / 188 cm x 81 cm	
	Q-Factor	2" / 5 cm	
	Machine Weight	340 lbs / 154 kg	
	Shipping Weight	409 lbs / 186 kg	
	Maximum User Weight	400 lbs / 181 kg	
	Step-Up Height	7.5" / 19 cm	
	Portability	2 Front Transport Wheels & Removable Handles	
WARRANTY	Warranty Classification	Commercial (non-dues paying facilities with less than 8 hours of usage per day)	
	Frame	Lifetime	
	Parts	5 Years (Transcend ¹⁶ , Transcend ¹⁰ , Escalate ¹⁵ Consoles are 3 years)	
	Labor	2 Years	

Warranties outside the U.S. and Canada may vary - Please contact your dealer for details. Specifications subject to change without notice.

