



2018 USATF Region 14
Junior Olympic Track & Field Championships

Saturday, July 7 and Sunday, July 8

Fresno Pacific University
1717 S Chestnut Ave.
Fresno, CA 93702

Welcome! The Central California Association of USA Track and Field (USATF) welcomes you to the Region 14 USATF Junior Olympic Track & Field Championships. For all questions and the latest updates, please contact us at:

president@centralcalifornia.usatf.org
secretary@centralcalifornia.usatf.org

In the event of an emergency, you may reach the Meet Director, Lynell Glover, at (559) 691-0377.

Registration

Online registration

Online registration is available at <http://www.athletic.net>

Registration deadline

You must complete your registration process before **9:00 pm PST on Monday, July 2**. Please, do not wait until the last minute. The website may not be able to handle a large volume of entries, and we will not be responsible for your inability to complete the process. **There will be no late registration and no same-day registration.**

Registration cost

Cost per athlete: \$9.00 per event entered.

Cost per relay: \$30.00 per event entered. Please note: Unattached athletes may not form a relay team.

There will be no refunds.

Eligibility

Per USATF Rule 300.1(c), athletes must be at least seven (7) years of age on December 31 of the current year to compete at the Youth Athletics or Junior Olympic National Championships.

Per USATF Rule 300.1(d), athletes who are still eighteen (18) years of age through the final day of the National Junior Olympics Track & Field Championships shall be eligible to compete in the 17-18 year old division through that meet.

Athletes must compete in their own respective age group. These age groups are based on the age the athlete will turn in the year 2018. Please see the chart.

USATF Age divisions

Youth competition takes place in two-year age divisions.
These age divisions are based
on the age the athlete will turn in the year 2018.

Age division for 2018	Year of birth
Age 7-8 (Group 1)*	2010-2011
Age 9-10 (Group 2)*	2008-2009
Age 11-12 (Group 3)*	2006-2007
Age 13-14 (Group 4)**	2004-2005
Age 15-16 (Group 5)**	2002-2003
Age 17-18 (Group 6)**	2000-2001

* Athletes may compete in up to 3 events, including relays.

** Athletes may compete in up to 4 events, including relays.

Packet pick-up

Only a background-checked club coach can pick up competition bib numbers and related materials at Fresno Pacific University. This does not apply to unattached athletes. Please arrive early enough to get your packets before the meet begins.

Qualifying Rules

With approval of the Association, athletes who miss their Association Championships because of extraordinary circumstances may be advanced to the Regional meet so long as such advancement does not displace an athlete who competed in the Association meet and does not exceed the Association's allocation to the Regional meet. This may be approved by the meet directors.

An athlete can miss the Association Championship, but not the Regional Championship, if the absence is the result of participation in a USATF cultural exchange trip. These exceptions must be worked out with the regional coordinator **before** the meet takes place. These clearances should be made by contacting regional coordinator David Lawrence at dlaw222@aol.com

Athletes who compete in the Junior National Championships or World Youth Championships may be entered in the National Junior Olympic meet without having to compete in the Association or Regional meet provided that they meet the youth athletics age limits. Acquisition of the waiver and completion of the entry to the National meet must be made **before** the regional meet by contacting regional coordinator David Lawrence at dlaw222@aol.com

Competition Rules

No electronic devices

Athletes are not allowed to use cell phones, headsets or any other type of electronic devices while in the Clerking area, field of competition or on the infield.

Athlete check-in

Athletes can be checked in all day.

Track event athletes can check into their events with the Clerk of the Course first thing in the morning for all of their events. We will still do a first and final call. Athletes should then report to the clerking area and remain there. After the event is closed, no changes will be made for any running events.

All four members of a relay team must check in together at the Clerk of the Course and all four members' tops must match.

Field event athletes must check in at their particular field event.

If your name does not appear on the check in sheet, athlete must take bib number to the finish line to have the event signed off.

If an athlete is competing in a field event and their running event is coming up, the athlete must check out of the field event with the head field event official and then check in at the running event. As soon as they complete the running event, they need to check back into the field event. In such cases as high jump or pole vault, the bar will continue to go up, and the athlete must re-enter the event at whatever height the bar is set.

Bib numbers and hip numbers

All athletes will have a bib number assigned to them in order to compete. Bib numbers will be distributed at packet pickup. Athletes must only wear their own number. Bib numbers must be worn on the front of the jersey. An exception is made for high jumpers and pole vaulters who have the option to wear their bib number on their back, if they would prefer.

For all running and race walking events, athletes will be assigned a hip number when they check in with the Clerk of the Course for final seeding. Hip numbers must be worn on the correct hip (hip facing infield while competing – not on the buttocks or on the front of the shorts). Shirts must be tucked in so hip numbers are visible by camera at finish line. In some of the longer distance races, hip numbers may also be placed on the front of the shirt to assist with lap counting.

Implements

Field event implements (except javelins and pole vault poles) may be supplied by meet management. Personal implements must be passed by our Weights & Measures official.

Spike length

Maximum 3/16" pyramid or compression on all synthetic rubber surfaces. Athletes who do not have the proper spikes will be asked to obtain the correct spikes or they will not be allowed to compete. Racing flats can always be substituted for racing spikes.

Starting heights

The starting height for the high jump and the pole vault will be per USATF rule 242.5(k). Incremental increases will be 2" in the high jump and 6" in the pole vault until there is a winner. The winner may then determine the next height.

USATF false start rules

The 15-16 and 17-18 age groups are no longer allowed any false starts, similar to their high school rule.

The 7-8, 9-10, 11-12, 13-14 age groups are allowed one false start.

Protest procedures

All protests must be submitted in writing within thirty (30) minutes after the results of an event are posted per Rule 73. This time period will be strictly enforced. There will be a \$50.00 cash submission fee required to file a protest. This fee will be refunded only if the protest is upheld. Only violations of the USATF 2018 Rules of Competition may be protested. Judgment calls made by meet officials cannot be protested. Protests that do not meet the above criteria will not be accepted. The location of the protest table will be announced.

Results posting

Results will be posted at a designated location during the meet as soon after the competition as possible. Posted results are for the benefit of everyone, so please do not remove them. The results will only be posted once. If they are removed, they will not be posted again. You may check www.athletic.net for final results within 3 days after the competition ends.

Awards

Medals are awarded to the overall top three places in each event.

Awards will be available for the designated club coach or parent of an unattached athlete at the awards table 30 minutes after results are posted. Athletes can pick up their own awards. NOTE: The 30 minute waiting period is required to allow processing time in the event a protest is filed regarding an event result.

Advancement

The Top 5 athletes in each event shall advance to the 2018 National Junior Olympic Track & Field Championships at North Carolina A&T University in Greensboro, NC.

Medical services and security

Qualified personnel will be available at all sessions of the championships. Additional medical facilities are in close proximity to the stadium. A fire department and rescue unit are located within minutes of the stadium.

Stadium Rules

Access to infield/Clerk of the Course area

Only athletes who are competing will be allowed access to the track or Clerk of the Course area. Any coach or parent in the infield or clerking area may result in the immediate disqualification of their athlete or team and an automatic grievance will be filed for a 30-day suspension.

Access to warm-up area

Only athletes and Central California USATF coaches with valid 2018 clearance will be allowed access to this area. Any parent or uncleared USATF coach in the warm-up area may result in the immediate disqualification of their athlete or team and/or an automatic grievance will be filed for a 30-day suspension.

Tents

Tents are allowed on the top row of the bleachers only, but they cannot block the announcer's area. Tents must be broken down and removed from the stadium at the completion of competition each day. Fresno Pacific University and USATF are not responsible for lost or stolen items.

Alcohol

There is no alcohol permitted on school grounds.

Smoking

The school is a SMOKE FREE ZONE. There is no smoking allowed inside or immediately outside of the stadium.

Coolers

Coolers are permitted inside the stadium. However, glass containers are not permitted. Coolers may be checked at the gate. Please remove any alcohol, tobacco or glass before entering the stadium.

Admission

Spectators receive free admission to the event.

Parking

Parking on campus will be \$5 per day. There may be free street parking in the residential area, but it will be limited and may require walking.

Food services

Food and beverages will be sold throughout the meet. You may bring your own food and drink into the stadium, but you may not bring in glass containers. When you leave, you must remove anything you brought in with you. For your convenience, plastic garbage bags and garbage cans will be available throughout the facility for garbage disposal. BBQ pits and sunflower seeds are not allowed in the stadium.

Lost and found

A lost and found area will be located near the protest table.

Region 14 Junior Olympic Track & Field Championships
Fresno Pacific University
Fresno, CA

SATURDAY - Events Schedule
July 7, 2018

NOTE: Saturday 80/100/110 hurdle events will be run as finals if no heats are required.

Field Events

Event	Age Group	Time
Long Jump	Group 3 Girls/Boys	8:30 AM
Long Jump	Group 2 Girls/Boys	
Long Jump	Group 1 Girls/Boys	
Triple Jump	Group 4 Girls/Boys	after Long Jump
Triple Jump	Group 5 Girls/Boys	
Triple Jump	Group 6 Girls/Boys	
Pole Vault	Group 4 Girls/Boys	8:30 AM
Pole Vault	Group 5 Girls/Boys	
Pole Vault	Group 6 Girls/Boys	
High Jump	Group 2 Girls/Boys	8:30 AM
High Jump	Group 3 Girls/Boys	
High Jump	Group 4 Girls/Boys	

Event	Age Group	Time
Javelin	Group 4 Girls/Boys	8:00 AM
Javelin	Group 5 Girls/Boys	
Javelin	Group 6 Girls/Boys	
Hammer	Group 5 Girls/Boys	July 6 th 5 PM
Hammer	Group 6 Girls/Boys	
Shot Put	Group 1 Girls/Boys	8:30 AM
Shot Put	Group 2 Girls/Boys	
Shot Put	Group 3 Girls/Boys	

Track Events

Events will be held on a rolling schedule

Event	Age Group	Time
1500m RW Finals	Group 2 and Group 3 Girls/Boys	8:00 AM
3000m RW Finals	Group 4 through Group 6 Girls/Boys	
3000m Finals	Group 3 through Group 6 Girls/Boys	
Steeplechase	Group 3 through Group 6 Girls/Boys	July 6 th - 5:00 PM
100m Dash Trials	Group 1 through Group 6 Girls/Boys	
800m Run Finals	Group 1 through Group 6 Girls/Boys	
80m Hurdle Trials	Group 3 Girls/Boys	
100m Hurdle Trials	Group 4 Girls/Boys	
100m Hurdle Trials	Group 5 and Group 6 Girls	
110m Hurdle Trials	Group 5 and Group 6 Boys	
4x800m Relay	Group 3 through Group 6 Girls/Boys	
100m Dash Finals	Group 1 through Group 6 Girls/Boys	
400m Dash Finals	Group 1 through Group 6 Girls/Boys	

Athletes are not allowed to use cell phones, headsets, or any other type of electronic devices while in the clerking area, field of competition, or on the infield.

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SUNDAY - Events Schedule
July 8, 2018

Field Events

Event	Age Group	Time
Discus	Group 6 Girls/Boys	8:30 AM
Discus	Group 5 Girls/Boys	
Discus	Group 4 Girls/Boys	
Discus	Group 3 Girls/Boys	
Shot Put	Group 4 Girls/Boys	8:30 AM
Shot Put	Group 5 Girls/Boys	
Shot Put	Group 6 Girls/Boys	
High Jump	Group 5 Girls/Boys	8:30 AM
High Jump	Group 6 Girls/Boys	

Event	Age Group	Time
Long Jump	Group 4 Girls/Boys	8:30 AM
Long Jump	Group 5 Girls/Boys	
Long Jump	Group 6 Girls/Boys	
450g Aero Javelin	Group 3 Girls/Boys	8:30 AM
Mini Javelin	Group 2 Girls/Boys	
Mini Javelin	Group 1 Girls/Boys	

Track Events

Events will be held on a rolling schedule

Event	Age Group	Time
200m Dash Trials	Group 1 through Group 6 Girls/Boys	9:00 AM
1500m Run Finals	Group 1 through Group 6 Girls/Boys	
200m Hurdle Finals	Group 4 Girls/Boys	
400m Hurdle Finals	Group 5 and Group 6 Girls/Boys	
4x100m Relay Finals	Group 1 through Group 6 Girls/Boys	
200m Dash Finals	Group 1 through Group 6 Girls/Boys	
80m Hurdle Finals	Group 3 Girls/Boys	
100m Hurdle Finals	Group 4 Girls/Boys	
100m Hurdle Finals	Group 5 and Group 6 Girls	
110m Hurdle Finals	Group 5 and Group 6 Boys	
4x400m Relay Finals	Group 1 through Group 6 Girls/Boys	

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Youth Sports Code of Conduct

We, the Central California Association of USA Track & Field, believe that the sports of Cross Country, Track & Field, and Race Walking should be fun as well as an integral part of a sound educational program. We believe those who coach and work with youth are, first and foremost, teachers who have a duty to promote life skills and develop good character. All head coaches will be responsible for the actions of athlete, coaches, and parents who are involved with their club.

Spectators will be given one warning of inappropriate conduct. If it continues, they will have to leave the stadium.