

Memorial Day Weekend Schedule

 **Friday, May 27th,**

All regularly scheduled classes will be held except for Tai Chi

 **Saturday, May 28th**

8am Metabolic Boost w/ Adriane

9am Level XT w/ Nicole

9am Cycle w/ Adriane

9am Yoga w/ Julie

10am Body Flow w/ Stephanie

11am Yoga w/ Andrea

 **Sunday, May 29th**

8:45am Zumba w/ Valentina

9:45am Yoga w/ Andrea

10am Reformer Pilates w/ Eden

11am Reformer Pilates w/ Eden } *(*Extra fee)*

In observance of Memorial Day

Monday, May 30th

Level will be open

8am – 2pm

CLASSES

9am Level XT w/Nicole

10am Body Flow w/Janet

