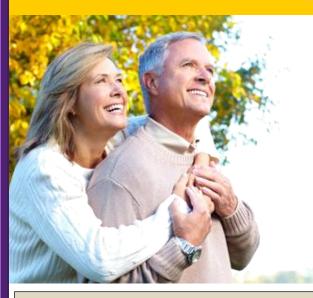
help and hope



TOPICS

Understanding the Diagnosis

Communication Strategies

Strong Body – Strong Mind

Legal and Financial Issues

Brain Fitness Strategies

Laughter Therapy

seminar for people diagnosed with dementia and their families

Saturdays, May 6 & 13 10 a.m. – 3 p.m. Valle Verde Senior Living

900 Calle de Los Amigos Santa Barbara

Help and Hope provides essential information to promote quality of life and family health.

In a 2-day seminar, families attend lectures and workshops specially designed for people in the early stages of Alzheimer's disease or related dementias and their partners.

There is no charge for participation. Space is limited and registration is required. To register or more information, please contact Marcy Oswald

805.892.4259 x111 or moswald@alz.org

Help and Hope is a program of the Alzheimer's Association California Central Chapter