



HEALING CIRCLE

EVERY TUESDAY,
BEGINNING MAY 2, 2017
FROM 4:00 PM TO 6:00 PM HIGH SCHOOL STUDENTS ARE
WELCOME TO JOIN OUR

HEALING CIRCLE

WE ARE PROVIDING A FREE AND OPEN, DROP-IN GROUP DESIGNED TO ASSIST ADOLESCENTS THAT HAVE EXPERIENCED TRAUMATIC EVENTS PERTAINING TO COMMUNITY AND GUN VIOLENCE BY PROVIDING HEALTHY COPING MECHANISMS AND CREATING MEANINGFULNESS IN ONE'S LIFE AFTER LOSING A FRIEND OR FAMILY MEMBER. **PARENTAL CONSENT IS NEEDED.**

THE FOCUS OF THE GROUP IS FOR ADOLESCENTS TO LEARN:

- ♥ **COPING SKILLS**
- ♥ **POSITIVE SELF-TALK**
- ♥ **MANAGING FEELINGS**
- ♥ **TALKING TO OTHERS**
- ♥ **OPEN COMMUNICATION**
- ♥ **JOURNALING & SPOKEN WORDS**



FOR MORE INFORMATION - PLEASE CONTACT :
APRIL WILBURNE, BSW (Graduate Intern)
JAMES EDWARDS, BSW (Graduate Intern)
OR BRENDA T. THOMPSON, LCSW (PhD Candidate)



THE BRANCH FAMILY INSTITUTE
1111 S. WESTERN AVENUE
CHICAGO, IL 60643
773-238-1100