

Tellico Summer Solstice Sprint Triathlon

Race Date
June 18, 2016

Overall

Place	Name	Bib No	AG Place	----- Swim -----			T1	----- Bike -----			T2	----- Run -----			Total	Penalty
				Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time	
1	Nicholas Morgan	484	1 M OVR	2	11:42.92	1:28	0:36.02	1	39:10.24	24.5	0:24.51	2	18:59.73	6:07	1:10:53.4	
2	Bill Beecher	497	2 M OVR	1	11:03.94	1:23	0:32.51	6	41:20.52	23.2	0:20.59	8	20:07.59	6:29	1:13:25.1	
3	Brandon Krout	436	3 M OVR	6	13:20.09	1:40	0:53.34	3	40:46.77	23.5	0:34.15	1	17:55.79	5:47	1:13:30.1	
4	Lawrence Brede	127	1 M MTR	4	12:10.94	1:31	0:55.81	2	40:23.84	23.8	0:32.92	6	19:44.10	6:22	1:13:47.6	
5	Trevor Christie	444	1 M 30-34	13	14:27.34	1:48	0:20.58	4	41:07.65	23.3	0:18.93	3	19:08.83	6:10	1:15:23.3	
6	John Pemberton	129	1 M 50-54	8	14:07.50	1:46	0:48.81	5	41:10.12	23.3	0:34.38	13	20:56.51	6:45	1:17:37.3	
7	Justin Cazana	200	1 M 40-44	3	12:06.32	1:31	0:39.43	16	44:33.56	21.5	0:33.61	11	20:43.51	6:41	1:18:36.4	
8	Bryan Pellegrin	461	2 M 30-34	10	14:18.85	1:47	1:01.16	7	41:21.93	23.2	0:53.44	18	21:41.57	7:00	1:19:16.9	
9	Matthew Kant	457	3 M 30-34	7	13:53.25	1:44	0:45.85	8	42:17.59	22.7	0:29.95	24	22:27.49	7:15	1:19:54.1	
10	Michael Sia	412	1 M 15-19	28	16:13.62	2:02	0:44.71	12	43:17.91	22.2	0:53.02	5	19:42.55	6:21	1:20:51.8	
11	Daniel Tribble	414	1 M 20-24	18	15:15.90	1:54	0:39.80	9	43:02.12	22.3	0:30.11	21	22:01.09	7:06	1:21:29.0	
12	Betsy Johnson	167	1 F OVR	14	14:27.87	1:48	0:58.44	17	44:37.77	21.5	0:32.23	12	20:55.16	6:45	1:21:31.4	
13	C. David Carrell	196	1 M 35-39	32	16:39.40	2:05	0:47.20	14	43:48.07	21.9	0:39.84	16	21:15.63	6:51	1:23:10.1	
14	Horacio Blanco	493	2 M 40-44	15	14:29.71	1:49	0:49.48	19	45:14.88	21.2	0:36.64	23	22:11.14	7:09	1:23:21.8	
15	Joseph Hicks	120	1 M 45-49	50	18:15.82	2:17	0:53.00	13	43:28.07	22.1	0:37.56	10	20:22.86	6:34	1:23:37.3	
16	Nathan Mize	456	4 M 30-34	21	15:52.67	1:59	0:51.61	20	45:27.06	21.1	0:32.78	17	21:19.88	6:53	1:24:04.0	
17	Bradley Maldonado	268	2 M 20-24	11	14:24.38	1:48	0:50.42	26	46:02.52	20.9	0:49.06	25	22:34.06	7:17	1:24:40.4	
18	Dave Sandstrom	118	2 M 45-49	24	16:10.08	2:01	0:54.22	10	43:03.85	22.3	0:41.95	41	24:57.89	8:03	1:25:47.9	
19	Mckenzie Killian	149	2 F OVR	5	13:06.81	1:38	0:42.28	46	49:47.47	19.3	0:29.98	22	22:07.97	7:08	1:26:14.5	
20	Holly Connell	163	3 F OVR	47	17:47.43	2:13	0:41.16	29	46:34.02	20.6	0:34.34	14	21:05.61	6:48	1:26:42.5	
21	Bill Schmitt	138	1 M 60-64	19	15:36.37	1:57	0:53.62	15	43:57.66	21.8	0:36.93	48	25:44.35	8:18	1:26:48.9	
22	Matt Belliston	426	1 M 25-29	45	17:43.44	2:13	1:18.79	25	45:59.65	20.9	1:34.09	9	20:17.81	6:33	1:26:53.7	
23	Lacey Krout	151	1 F 25-29	62	19:13.21	2:24	1:20.04	31	46:46.32	20.5	0:23.73	4	19:25.43	6:16	1:27:08.7	
24	Paul Horton	64	3 M 45-49	51	18:17.81	2:17	1:09.00	32	47:06.05	20.4	0:42.74	7	20:01.50	6:27	1:27:17.1	
25	Mike Dotson	448	5 M 30-34	9	14:18.18	1:47	0:59.59	36	47:25.92	20.2	0:25.51	33	24:14.36	7:49	1:27:23.5	
26	Nathan Sia	401	2 M 15-19	12	14:25.65	1:48	0:31.77	40	47:49.05	20.1	0:32.39	28	23:08.99	7:28	1:28:27.8	2:00
27	Max Lemons	119	4 M 45-49	25	16:11.67	2:01	0:45.76	41	49:34.44	19.4	0:57.85	15	21:13.49	6:51	1:28:43.2	
28	Norman Cole	140	2 M 60-64	29	16:14.38	2:02	0:41.67	33	47:17.02	20.3	0:44.93	32	24:12.51	7:48	1:29:10.5	
29	Chris Gerard	431	2 M 25-29	83	20:54.84	2:37	0:11.58	22	45:47.09	21.0	0:34.48	20	21:55.01	7:04	1:29:23.0	
30	Michael Wyrosdick	116	5 M 45-49	23	16:05.78	2:01	1:20.98	11	43:05.80	22.3	0:55.42	67	28:18.11	9:08	1:29:46.0	
31	Lana Burl	169	1 F MTR	31	16:26.16	2:03	0:59.48	35	47:23.96	20.3	0:48.65	34	24:14.60	7:49	1:29:52.8	
32	Lloyd Jones	18	3 M 40-44	48	17:56.03	2:15	0:25.17	28	46:28.95	20.7	0:34.54	38	24:49.82	8:00	1:30:14.5	
33	Ryan Foster	416	3 M 25-29	76	20:15.76	2:32	0:39.17	27	46:11.48	20.8	0:29.91	29	23:11.61	7:29	1:30:47.9	

Tellico Summer Solstice Sprint Triathlon

Race Date
June 18, 2016

Overall

Place	Name	Bib No	AG Place	----- Swim -----			T1	----- Bike -----			T2	----- Run -----			Total	Penalty
				Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time	
34	Bryce Wylie	198	4 M 40-44	34	16:48.50	2:06	1:05.50	23	45:53.70	20.9	1:03.91	51	26:14.06	8:28	1:31:05.6	
35	Rommel Sia	124	6 M 45-49	70	19:56.28	2:30	1:10.33	18	45:02.14	21.3	0:46.56	35	24:18.79	7:50	1:31:14.1	
36	Martin Bailey	137	3 M 60-64	71	19:56.99	2:30	0:40.01	24	45:55.08	20.9	0:42.39	36	24:39.69	7:57	1:31:54.1	
37	Marsha Morton	181	1 F 50-54	40	17:05.58	2:08	0:48.17	48	50:34.26	19.0	0:33.58	27	23:07.43	7:27	1:32:09.0	
38	Rhonnda Cloinger	188	1 F 55-59	56	18:32.28	2:19	1:03.19	34	47:17.73	20.3	0:48.28	46	25:34.96	8:15	1:33:16.4	
39	Katie Dotson	156	1 F 30-34	26	16:13.10	2:02	0:50.07	56	51:58.12	18.5	0:29.79	43	25:01.60	8:04	1:34:32.6	
40	Victoria Ursitti	185	2 F 50-54	35	16:48.87	2:06	1:13.49	50	50:50.66	18.9	0:45.28	42	25:00.96	8:04	1:34:39.2	
41	Lizzy Miller	291	2 F 30-34	44	17:41.34	2:13	0:36.51	43	49:37.58	19.3	0:47.35	49	25:59.21	8:23	1:34:41.9	
42	Brad Price	15	5 M 40-44	41	17:06.60	2:08	1:18.50	39	47:45.72	20.1	0:45.43	63	27:50.01	8:59	1:34:46.2	
43	Josh Shave	458	6 M 30-34	39	17:02.41	2:08	1:23.24	52	51:19.16	18.7	0:18.26	39	24:53.17	8:02	1:34:56.2	
44	David Belknap	117	7 M 45-49	69	19:54.35	2:29	0:53.50	21	45:28.01	21.1	1:10.03	61	27:39.49	8:55	1:35:05.3	
45	Anthony Henderson	128	2 M 50-54	81	20:45.12	2:36	1:28.87	37	47:30.69	20.2	1:06.33	50	26:04.01	8:25	1:36:55.0	
46	Nolan Wildfire	441	7 M 30-34	36	16:51.67	2:06	1:42.46	54	51:37.11	18.6	1:11.44	47	25:36.06	8:15	1:36:58.7	
47	Jay Rumph	3	6 M 40-44	54	18:24.15	2:18	0:39.77	42	49:36.86	19.4	0:47.36	70	28:27.26	9:11	1:37:55.4	
48	Sarah Zimmer	148	1 F 20-24	63	19:14.78	2:24	1:36.73	71	56:06.24	17.1	0:16.02	19	21:45.49	7:01	1:38:59.2	
49	Sean Wilbur	469	2 M 35-39	82	20:52.91	2:37	0:37.25	45	49:45.87	19.3	1:08.31	53	26:51.07	8:40	1:39:15.4	
50	Scott Oberlin	32	7 M 40-44	42	17:12.33	2:09	1:23.11	57	52:18.85	18.4	0:50.12	60	27:34.30	8:54	1:39:18.7	
51	Richard Cox	55	8 M 40-44	91	22:14.69	2:47	1:52.78	30	46:42.29	20.6	1:10.91	58	27:29.11	8:52	1:39:29.7	
52	Eddie Harkleroad	247	1 M 55-59	80	20:44.08	2:36	1:47.58	49	50:40.03	18.9	1:13.73	44	25:17.84	8:09	1:39:43.2	
53	Karen Minser	189	1 F 60-64	17	15:15.14	1:54	1:49.80	61	53:30.98	17.9	1:29.61	68	28:20.35	9:08	1:40:25.8	
54	Bruce Minshall	142	1 M 70-74	59	19:02.11	2:23	0:42.91	47	50:21.74	19.1	0:37.04	81	30:17.81	9:46	1:41:01.6	
55	Elmer Pinzon	134	3 M 50-54	33	16:46.86	2:06	1:56.84	64	53:57.87	17.8	1:31.13	54	26:54.27	8:41	1:41:06.9	
56	Sofia Bell	175	1 F 40-44	86	21:40.15	2:43	0:49.95	44	49:42.39	19.3	1:01.76	69	28:23.88	9:09	1:41:38.1	
57	Ben Johnson	121	8 M 45-49	72	20:05.08	2:31	1:43.19	55	51:56.68	18.5	0:49.61	62	27:39.93	8:55	1:42:14.4	
58	Jennifer James	164	1 F 35-39	49	18:07.17	2:16	1:10.27	59	53:23.57	18.0	2:00.90	72	28:33.61	9:13	1:43:15.5	
59	David King	487	3 M 35-39	84	21:09.25	2:39	0:53.51	53	51:35.54	18.6	0:54.33	76	29:01.07	9:22	1:43:33.7	
60	John Snelling	139	4 M 60-64	61	19:08.16	2:24	2:13.51	51	50:57.48	18.8	1:20.00	77	29:56.22	9:39	1:43:35.3	
61	Scott Harness	123	9 M 45-49	16	14:45.20	1:51	1:09.12	68	54:47.31	17.5	0:57.76	90	32:02.78	10:20	1:43:42.1	
62	Jennifer Gerard	160	3 F 30-34	60	19:07.60	2:23	1:08.26	63	53:47.50	17.8	1:06.37	73	28:43.13	9:16	1:43:52.8	
63	The DAM Team	195	1 F 45-49	53	18:23.37	2:18	0:32.89	87	59:48.43	16.1	0:24.47	37	24:46.70	7:59	1:43:55.8	
64	Johnny Johnson	202	4 M 50-54	106	28:59.96	3:37	1:30.72	38	47:35.05	20.2	1:14.24	40	24:55.34	8:02	1:44:15.3	
65	Brooke Milanovich	165	2 F 35-39	55	18:25.64	2:18	1:43.46	74	56:39.27	16.9	0:37.53	55	27:01.84	8:43	1:44:27.7	
66	Janine Pleasant	186	2 F 55-59	37	16:52.71	2:07	0:33.78	66	54:22.26	17.7	0:54.85	89	31:55.04	10:18	1:44:38.6	

Tellico Summer Solstice Sprint Triathlon

Race Date
June 18, 2016

Overall

Place	Name	Bib No	AG Place	----- Swim -----			T1	----- Bike -----			T2	----- Run -----			Total	Penalty
				Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time	
67	Tom Perry	141	1 M 65-69	73	20:10.34	2:31	1:10.24	65	54:13.31	17.7	0:45.39	71	28:28.58	9:11	1:44:47.8	
68	Owen Sessions	415	4 M 25-29	66	19:37.09	2:27	3:09.35	81	58:41.91	16.4	0:22.80	26	23:05.29	7:27	1:44:56.4	
69	Mark Croswell	136	2 M 55-59	85	21:16.62	2:40	2:12.61	58	53:14.43	18.0	1:27.59	52	26:46.89	8:38	1:44:58.1	
70	Rebecca Jackson	197	3 F 50-54	75	20:14.39	2:32	1:07.83	69	55:22.17	17.3	0:51.08	59	27:32.08	8:53	1:45:07.5	
71	Shannon Sapp	278	10 M 45-49	57	18:54.09	2:22	1:36.32	76	56:49.84	16.9	1:03.57	64	27:52.34	8:59	1:46:16.1	
72	Brian Joslin	60	11 M 45-49	68	19:54.18	2:29	2:18.09	62	53:44.66	17.9	1:33.98	75	28:50.60	9:18	1:46:21.5	
73	Ray Beem	219	5 M 50-54	74	20:12.62	2:32	2:03.13	73	56:15.41	17.1	0:52.62	56	27:15.74	8:47	1:46:39.5	
74	Lily McKee	147	1 F 15-19	27	16:13.37	2:02	2:31.39	91	1:02:20.1	15.4	1:26.60	30	24:10.22	7:48	1:46:41.7	
75	Carrie Regan	178	2 F 45-49	46	17:43.68	2:13	1:11.80	75	56:48.43	16.9	1:09.95	79	30:12.50	9:45	1:47:06.3	
76	Joe Griffin	38	9 M 40-44	20	15:43.62	1:58	2:02.11	77	57:04.88	16.8	1:29.05	84	31:31.86	10:10	1:47:51.5	
77	Muna Rodriguez-Taylor	168	3 F 35-39	90	22:09.36	2:46	2:22.03	80	58:11.14	16.5	1:06.93	31	24:10.71	7:48	1:48:00.1	
78	Chip Clifton	483	4 M 35-39	92	23:09.03	2:54	2:02.05	70	55:41.53	17.2	1:10.70	57	27:16.79	8:48	1:49:20.1	
79	Hannah Duncan	290	2 F 25-29	77	20:19.25	2:32	1:04.22	82	59:09.41	16.2	1:00.15	74	28:50.16	9:18	1:50:23.1	
80	Kevin Proffitt	133	6 M 50-54	38	16:53.68	2:07	3:15.00	84	59:22.20	16.2	1:43.47	82	30:31.79	9:51	1:51:46.1	
81	Dave Prichard	486	5 M 35-39	104	26:51.82	3:21	1:59.89	72	56:12.95	17.1	1:55.50	45	25:18.50	8:10	1:52:18.6	
82	Vaughn Jones	35	10 M 40-44	30	16:21.18	2:03	1:29.38	78	57:36.45	16.7	1:14.31	97	36:24.01	11:45	1:53:05.3	
83	Cathy Ledford	187	3 F 55-59	65	19:26.19	2:26	1:48.65	89	1:00:15.0	15.9	1:21.45	80	30:14.34	9:45	1:53:05.6	
84	Lyndsey Lampkin	166	4 F 35-39	64	19:19.52	2:25	0:57.86	96	1:05:05.7	14.8	0:39.59	65	27:56.95	9:01	1:53:59.6	
85	Richard Ranaudo	144	2 M 70-74	93	23:18.39	2:55	3:06.09	67	54:47.27	17.5	1:58.27	83	31:09.46	10:03	1:54:19.4	
86	Jim Ward	62	12 M 45-49	22	15:56.11	2:00	1:57.53	88	1:00:06.7	16.0	0:45.67	99	37:33.05	12:07	1:56:19.0	
87	Steve Tompkins	272	3 M 55-59	99	24:23.66	3:03	1:23.34	79	57:51.18	16.6	1:17.71	85	31:38.34	10:12	1:56:34.2	
88	Brooke Light	170	2 F 40-44	52	18:20.18	2:18	1:21.50	92	1:02:51.2	15.3	1:12.89	91	33:10.45	10:42	1:56:56.2	
89	Jean Carpenter	179	3 F 45-49	87	21:52.48	2:44	1:08.88	85	59:23.08	16.2	1:27.28	92	34:19.26	11:04	1:58:10.9	
90	Eric Coss	433	8 M 30-34	108	30:48.30	3:51	1:32.41	60	53:26.96	18.0	0:51.05	86	31:42.55	10:14	1:58:21.2	
91	Parley Baldwin	466	9 M 30-34	67	19:38.08	2:27	2:11.30	93	1:03:42.2	15.1	1:28.05	88	31:52.15	10:17	1:58:51.7	
92	Shelley Minton	173	3 F 40-44	107	29:43.51	3:43	1:34.37	83	59:17.45	16.2	1:15.92	66	28:06.61	9:04	1:59:57.8	
93	Mary Beth Price	191	1 F 65-69	98	24:15.85	3:02	1:11.45	97	1:05:10.1	14.7	0:29.27	87	31:44.02	10:14	2:02:50.7	
94	Kristine Jansen	152	3 F 25-29	58	18:56.83	2:22	2:49.70	99	1:07:20.7	14.3	0:47.12	95	35:39.60	11:30	2:05:34.0	
95	Meredith Swank	155	4 F 25-29	43	17:28.92	2:11	2:05.16	100	1:07:57.4	14.1	2:18.29	96	36:16.44	11:42	2:06:06.2	
96	John Bates	143	3 M 70-74	100	25:05.92	3:08	2:30.00	90	1:02:01.6	15.5	1:42.73	94	35:19.74	11:24	2:06:40.0	
97	Chuck Jones	199	13 M 45-49	103	26:20.56	3:18	2:16.05	86	59:30.63	16.1	1:55.02	100	38:12.97	12:19	2:08:15.2	
98	Jennifer Celeste	161	4 F 30-34	89	22:08.98	2:46	1:44.07	95	1:04:35.8	14.9	1:16.08	102	38:49.38	12:31	2:08:34.3	
99	Jacob Stritzinger	411	3 M 15-19	95	23:50.17	2:59	1:39.06	103	1:13:01.9	13.1	2:03.67	78	30:02.67	9:41	2:10:37.5	

Tellico Summer Solstice Sprint Triathlon

Race Date

June 18, 2016

Overall

<u>Place</u>	<u>Name</u>	<u>Bib No</u>	<u>AG Place</u>	<u>Swim</u>			<u>T1</u>	<u>Bike</u>			<u>T2</u>	<u>Run</u>			<u>Total</u>	<u>Penalty</u>
				<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	
100	Crystal Thomas	162	5 F 30-34	88	21:56.66	2:45	1:16.66	101	1:09:03.2	13.9	1:39.63	101	38:16.77	12:21	2:12:13.0	
101	Sue McDonald	180	4 F 45-49	105	28:48.84	3:36	1:48.39	98	1:05:37.9	14.6	1:19.53	98	37:13.03	12:00	2:14:47.7	
102	Lisa Atkinson	183	4 F 50-54	79	20:41.29	2:35	1:58.81	102	1:09:22.3	13.8	2:02.93	104	42:21.45	13:40	2:16:26.8	
103	Jennifer Seals	171	4 F 40-44	101	25:18.37	3:10	3:00.20	104	1:13:37.5	13.0	0:36.69	93	34:28.28	11:07	2:17:01.1	
104	Joseph Hulings	146	1 M 75-79	78	20:30.67	2:34	1:31.80	106	1:14:29.6	12.9	2:02.71	105	42:31.60	13:43	2:21:06.4	
105	Ron McElhaney	145	4 M 70-74	110	40:32.53	5:04	3:26.04	94	1:04:29.5	14.9		103	39:29.42	12:44	2:27:57.4	
106	Rachel Simmons	154	5 F 25-29	97	24:11.04	3:01	2:28.53	107	1:16:19.2	12.6	1:52.20	108	44:14.37	14:16	2:29:05.3	
107	Kenneth Radley	135	4 M 55-59	94	23:34.57	2:57	2:11.10	105	1:14:17.5	12.9		111	54:13.38	17:29	2:34:16.5	
108	Jean Miller	223	4 F 55-59	96	24:07.06	3:01	3:53.69	108	1:19:12.0	12.1	1:28.70	110	46:41.35	15:04	2:35:22.8	
109	Barbara Bogart	192	1 F 70-74	109	31:26.36	3:56	3:36.47	110	1:22:21.3	11.7	1:52.94	109	46:08.37	14:53	2:45:25.4	
110	Rebecca Auble	176	5 F 40-44	111	41:12.03	5:09	2:49.26	109	1:20:11.7	12.0	0:43.53	107	43:15.00	13:57	2:48:11.5	
111	James Stritzinger	125	14 M 45-49	102	26:17.85	3:17	4:15.72	111	1:36:57.7	9.90	2:16.72	106	42:43.61	13:47	2:52:31.6	