





Welcome.

Cardamom seeks to bring together East and West, old and new, familiar and unfamiliar, through food, culture and relationships. I chose the name "Cardamom" for my restaurant because cardamom is an important native Indian spice. Known as "the queen of spices"—second only to the "king," black pepper—it is one of the most expensive spices in the world by weight (topped only by saffron and vanilla). Cardamom is used in a wide range of Indian foods and nearly all food from our kitchen—both savory and sweet. It's an essential ingredient in *garam masala*, which is a basic spice mix that forms the foundation of many Indian dishes. It is used together with cinnamon and cloves in *chai* (spiced tea), and often used alone in desserts. So, cardamom, while quite precious, is both common and versatile.

Cardamom seeks to explore what Indian food and culture have done for centuries—take the best from outside influences and create something new, but distinctly Indian. Indian cuisine has been influenced over the centuries by a host of cultures—the Persians in the north, the Chinese in the east, the Portuguese, the British. Indian chefs and home cooks have a long history of taking outside flavors and cooking techniques, and combining them with their native spices. India is a vast country and very diverse. We designed our menu to reflect this diversity, and then to take it a step further by adding our own Western-influenced dishes.

Why Fresh Indian?

fresh ingredients—like locally grown produce, freshly roasted & ground spices fresh cooking—our chefs are cooking your food to order—really!

more fresh produce on your plate—from fresh green salads to fresh-squeezed juice fresh new dishes—East-meets-West creations

Please enjoy this journey with me,





signature cocktails



CARDAMOM COLLINS

8

grapefruit vodka, housemade cardamom syrup, fresh lemon juice, soda

PEGU CLUB

8

1920s cocktail from the famed gentlemen's club in Rangoon, Burma tanqueray qin, orange curaçao, fresh lime juice, angostura bitters, orange bitters

GINGER GOLD RUSH

12

maker's mark bourbon, domaine de canton (french ginger liqueur with cognac), fresh lemon juice, bourbon cocktail cherry

TAMARIND MARGARITA

12

1800 premium tequila, cointreau, tamarind, fresh lime juice, himalayan pink salt rim

MANGOPEÑO

10

Spicy meets sweet

absolut vodka, aperol, mango purée, fresh lemon juice, jalapeño, topped with cava

ULTIMATE GIN & TONIC

11

Invented in the 1800s by British in India; ours is made with authentic quinine tonic hendrick's botanical gin, fever-tree premium indian tonic, mango wedge

MUMBAITINI

11

From Taj Mahal Hotel, New Delhi grey goose vodka, fresh curry leaves, fresh ginger root, fresh lime juice

MODERN ROYALE

10

absolut vodka, st. germain (elderflower liqueur), lemon, lime & grapefruit juices, topped with cava

CARDAMOM OLD FASHIONED

10

maker's mark bourbon, housemade cardamom syrup, cardamom bitters, bourbon cherry

MARIGOLD

8

From Indian Accent, New Delhi gosling's black seal rum, spiced tea, orange, cranberry & lime juices

LYCHEE COCKTAIL

11

1800 premium tequila, soho lychee liqueur, lychee juice, fresh lemon juice

DESI HIGHBALL

8

An Indian twist on the rum & coke

gosling's black seal rum, cola, cilantro, lime juice, tabasco, pinch of chat masala

COCONUT COOLER

Q

white rum, coconut cream, mint, fresh lime juice, housemade cardamom syrup, soda







sparkling

JAUME SERRA CRISTALINO BRUT CAVA* | Spain 6 16

Sparkling wines pair well with Indian food, so we offer this award-winning Cava by the glass Estate-grown grapes. Delicious green apple flavors. Fine, appealing bubbles. Clean, crisp.

CHARLES DE FÈRE CUVÉE JEAN-LOUIS BRUT* | France

25

Made just outside of Champagne!

Bright & fruity. Typical Chenin Blanc aromas of apples, apricots, honey. Fine, abundant bubbles.

dry crisp whites

D'ARENBERG "THE HERMIT CRAB" VIOGNIER* | Australia 9 29

Crisp, dry Viognier-Marsanne blend excellent for pairing with Indian food

Medium bodied, fruity & spicy yet dry make this a highly-rated offering a crowd pleaser.

DOMAINE TALMARD MÂCON CHARDONNAY* | France

29

Pure varietal Chardonnay, unmarked by any oak—pairs well with a range of our dishes Bright & fresh. Bursting with apple, peach and grapefruit flavors.

SIMONNET-FEBVRE CHABLIS | France

42

Rich, complex nose characterized by floral and mineral. Wonderful structure in the mouth. Aromas of butter, brioche and meadow mushrooms.

aromatic whites

LEFT FOOT CHARLEY MISSING SPIRE RIESLING* | Michigan

29

Originally from German stock, this Riesling grown outside Traverse City is drawing national attention

Lovely, drier riesling. Perfumes of flowers and peaches with a tropical juice quality.

VILLA WOLF GEWÜRZTRAMINER* | Germany

23

Gewürztraminer is often paired with Indian food, particularly to calm the heat Not overly sweet. Aromatic, floral, off-dry style.

rosé

SABLES D'AZUR ROSÉ* | France

9 29

Very drinkable and delightful with our curries

Soft, not-quite-dry, Provencal rosé; crisp, fresh and lively. Cinsault, Grenache, Syrah.

*recommended for pairing with a range of our dishes

lighter reds

SEAN MINOR CARNEROS PINOT NOIR | California

36

11

Plum, blueberry and strawberry nuances. Bright cherry with earthy and sweet oak notes. Spicy finish framed by fresh fruit.

FLEUR DE FLEURIE BEAUJOLAIS GAMAY* | France

29

A fruity and simple French red that pairs well with our foods

Lush and silky with flavors of bright red fruits. Approachable and easy to drink.

medium red

RENATO RATTI NEBBIOLO* | Italy

39

Fine, delicate and persistent bouquet. Characteristic trace scents of strawberry and raspberry. Pleasantly bitterish, velvety. At once elegant and full.

bold reds

DRY CREEK HERITAGE VINES ZINFANDEL* | California

34

10

9

A bolder red with amazing depth and structure that won't clash with Indian food Layers of blueberry, allspice, red currants, and blackberries, with a juicy, mouthwatering quality. Silky and smooth mouthfeel.

MIRZA GHALIB CABERNET SAUVIGNON* | France

29

Mirza Ghalib wines have been designed expressly for pairing with Indian foods Cabernet Sauvignon—dominant blend. Straightforward flavors of blackberry, red current and plums with vanilla, allspice and black soil.

VALENTIN BIANCHI MALBEC | Argentina

25

From this third-generation, family-owned Argentine winery, founded by an Italian, comes the perfect expression of the highly-praised Malbec grape

Ripe plums, cherries, hints of vanilla and coffee. Massive, silky, mouthfeel. Long finish.

wine and Indian food

Finding a wine to stand up to the aggressive flavors of Indian food can be tricky, but we are up to the task! Because all our dishes, regardless of heat level, feature a blend of spices, the traditional meat/wine pairings are not relevant. Most sommeliers will agree, best for Indian foods are sparkling wines and crisp dry or aromatic whites. If you prefer red, stick to a fruity red and avoid high-tannic reds that will fight with the spices. Knowing that most parties will share multiple dishes at the table, we have tasted dozens upon dozens of wines with our foods and selected only those that will pair nicely with a wide range of dishes. You won't see high-tannic reds and oaky chardonnays here, but we hope you'll travel through the menu and try a wine you might not normally order—you might be surprised! We feel confident that you'll find every wine we've listed an excellent complement to our food.



beer



on tap

BELL'S SEASONAL | Kalamazoo, MI | pint | **4.50** Rotates—Oberon (spring/summer), Best Brown (fall), Winter White (winter)

lager

TAJ MAHAL | India | 22oz bottle | ABV: 4.5% | **11**American-style lager brewed in India.

pilsner

MAHARAJA PILSNER | India | 330mL bottle | ABV: 5% | 7 German-style pilsner from India.

wheat

DOGFISH HEAD NAMASTE | Milton, DE | 12oz bottle | ABV: 4.8% | **6**Belgian-style white beer made with dried organic orange slices, fresh-cut lemongrass, and a bit of coriander. A great thirst quencher.

pale ale

BODDINGTON'S PUB ALE | Manchester, UK | pint draught can | ABV: 4.7% | **6**Billed as "The Cream of Manchester." Served in a draught can to make it even smoother and creamier.

red ale

BELL'S AMBER | Kalamazoo, MI | 12oz bottle | ABV: 5.8% | **5** Toasted grain and light caramel with a range of floral, citrus and herbal hops, capped by a clean bitterness. Very balanced.

american india pale ale

FOUNDERS CENTENNIAL IPA | Grand Rapids, MI | 12oz bottle | ABV: 7.2% | **5**Award-winning, Amercian-style, dry-hopped IPA brewed in Michigan.

Citrus accents; sweet, yet balanced.

french style ale

BREWERY VIVANT FARM HAND | Grand Rapids, MI | pint can | ABV: 5.5% | 8

This light bodied, mildly sweet *saison* (French farmhouse ale) is brewed with Michigan-grown wheat and left unfiltered. Lemon-citrus tartness, easy drinking, yet complex. A delightful pair with our curries.

brown ale

DOGFISH HEAD INDIAN BROWN ALE | Milton, DE | 12oz bottle | ABV: 7.2% | 6

A cross between a Scotch Ale, an India Pale Ale and an American Brown. Well-hopped and malty at the same time (it's magical!). Pairs well with Indian food.

stout

LION STOUT | Sri Lanka | 330mL bottle | ABV: 8.8% | 7

Dark caramel, large dense-headed brew, with sweet notes of chocolate and coffee in a foundation of dark roasted barley. Pairs well with coconut curries.



cider/gluten free



UNCLE JOHN'S CIDER | St. Johns, MI | pint can | ABV: 6.5% | **7** Semi-dry, fresh and crisp hard cider.

VANDER MILL TOTALLY ROASTED | Spring Lake, MI | 12oz can | ABV: 6% | **5** Hard cider brewed with cinnamon, pecan and vanilla.

UNITY VIBRATION GINGER KOMBUCHA | Ypsilanti, MI | pint can | ABV: 8% | 10 Gluten-free, grain-free "beer" made from fermented tea (kombucha), organic dried hops and organic raw ginger root.



About allergies & special diets

Our son Ravi has a host of life-threatening food allergies, including dairy, egg and tree nuts, so we know about the importance of special diets firsthand. We do use all major food allergens in our kitchen—nuts, peanuts, fish, shellfish, eggs, dairy, wheat, soy—but we have chosen to cook with pure vegetable oil and not add dairy to dishes that can be made without. Therefore, we offer a wide selection of vegan items, and many of our meat dishes are actually dairy-free. India has a long tradition of vegetarianism, and these items are fully delicious!

We cannot guarantee that any dish is *completely* allergen-free. Please speak to your server if you have special restrictions. We provide the following keys for your reference.

= contains nuts/peanuts (coconut is not included in this label) • = vegetarian = contains aluten vegan (note, if you do NOT see a red square, it's no-gluten!) (•) = can be made vegan, please ask (•) = can be made no-gluten, please ask

80% of our menu items are made without gluten in their traditional preparation, so we code only the items that do have gluten. Everything on the menu without a code is no-gluten except for trace amounts, since we do use wheat flour in our kitchen.



starters &



VEGETABLE SAMOSA (2)

Popular North Indian street food Spiced potatoes + peas inside a crispy turnover. Housemade tamarind + cilantro-mint chutneys. 4.50

MOMOS

Nepali steamed dumplings

Choose spiced ground chicken or (vegan) vegetable (cabbage, potato, cauliflower, green onion). Roasted tomato—Szechwan pepper chutney.

Chicken Momos

Vegetable Momos • • ■

Sunil (appetizer size) 5 Ravi (double order) 9

VEGETABLE PAKORA

Potatoes, onion, cauliflower, carrot, zucchini and spinach fried in chickpea-flour batter. Served with housemade tamarind + cilantro-mint chutneys.

4.50

STIR-FRIED SHRIMP

Shrimp stir-fried with bell peppers and a touch of chili-soy sauce.

7

BHARAWAN ALOO TIKKI

Crispy potato patties, stuffed with green peas, sultanas, ginger, spices. Served with housemade tamarind + cilantro-mint chutneys.

PAPRI CHAT

Ubiquitous Indian street snack with great variation from city to city—great to share for the table.

Homemade white flour crisps (papri), potatoes, chickpeas, onion, cucumber, tomato with yogurt-tamarind-mint sauce.

CHICKEN TIKKA

Melt-in-your-mouth tender

Boneless chicken breast marinated in yogurt + spices, cooked in the tandoor with onions + green peppers. Cilantro-mint chutney.

ONION BHAJI

Spiced chopped onion, fried in chickpea-flour batter. Served with housemade tamarind + cilantro-mint chutneys. 4.50 • •*

PAPADUM

Crisp lentil-flour chips with black pepper. Served with housemade tamarind + cilantro-mint chutneys.

SOUP OF THE DAY

bowl 6 cup 3

*cilantro-mint chutney (served on side) is not vegan

more about momos

Nearly every culture has its version of the steamed dumpling—and for good reason! *Momos* are popular in Nepal, Tibet, Darjeeling, Sikkim, Bhutan and northeast India. The variety we offer are those of my birthplace in Nepal. I make these at my Ann Arbor home for my children every week, and they still can't get enough...you'll see that we've named the large plate "Ravi" and the small plate "Sunil" after my sons to pay homage to their endless appetite for this popular Nepali street food.



breads



Soft Indian bread. Real butter.

ROTI

Whole wheat flatbread.

PRANTHA

Whole wheat bread layered with real butter and carom seeds.

3

GARLIC NAAN

3

ALOO PRANTHA

Prantha stuffed with spiced potatoes.

• ■

ONION KULCHA

Naan stuffed with fresh chopped onion. 3

KASHMIRI NAAN

Naan stuffed with almonds, cashews, pistachios, raisins and mango chutney.

BREAD BASKET

One each: naan, garlic naan, onion kulcha, aloo prantha. 11



tandoori entrées

All served with steamed basmati rice & vegetable of the day.

TANDOORI CHICKEN

Four pieces bone-in chicken marinated in yogurt + spices, cooked in the tandoor.

10

CHICKEN KALI MIRCH

Boneless chicken breast marinated in yogurt, cream cheese, spices, cooked in the tandoor. Covered with a generous dose of black peppercorn (kali mirch).

12

CHICKEN TIKKA

Boneless chicken breast marinated in yogurt + spices, cooked in the tandoor with onion + bell pepper.

13

SEEKH KABAB

Minced lamb, fresh ginger, garlic, bell pepper, onion, cumin, coriander and garam masala. Cooked on a skewer in the tandoor. 15

ANGAAREY SHRIMP

Angaarey means "burning" or "fire," referring to the manner of cooking. Shrimp marinated in yogurt, ginger, garlic, cilantro and spinach paste, and cooked in the tandoor. 19

ACHARI PANEER TIKKA

Homemade cheese cubes marinated in Indian pickle spices and cooked in the tandoor with bell pepper, onion, tomato.

12

sides

MANGO CHUTNEY 2

CUCUMBER RAITA

Traditionally served with the main meal to cool the effects of spicy curry. Yogurt sauce with cumin, cucumber, carrot.

2.50

ACHAR (INDIAN PICKLE)

Intrinsic to any Indian meal, there are thousands of varieties of pickle. Spicy mixed pickle. 1.50

the tandoor oven

The tandoor is a clay oven used in India as well as in central and west Asia. The heat was traditionally generated by a wood or charcoal fire inside the clay oven, while the modern restaurant tandoor is now heated with gas. The gas heats both the clay pot and stones at the bottom, thus exposing the food to radiant heat, convection cooking, and smoking. Foods are marinated, placed on a skewer and lowered into the tandoor. Because the tandoor bakes and grills at the same time, tender and flavorful dishes result.



🧼 hyderabadi biryani 🦑



Hyderabad is the capital and largest city of the southern Indian state of Andhra Pradesh. Its food and culture have much Islamic influence, giving rise to this fragrant rice dish. Basmati rice is cooked with cinnamon, cloves, star anise, green cardamom, cumin and black pepper, then baked with onions, raisins, cashews, fresh mint, and either chicken, goat or vegetables. Served with raita and hardboiled egg, as is traditional.

CHICKEN BIRYANI GOAT BIRYANI VEGETABLE BIRYANI 14 18 13 (●) ▲ ■*

*can request no gluten





Served with rice pulao and vegetable of the day. All are medium spice level. May be ordered spicy hot.

BAPU'S GOAT CHOPS

Find out why goat is my father-in-law's favorite dish! Meaty flavor like lamb, but leaner and so tender. Center loin chops marinated overnight. 25

GRILLED MASALA SALMON

India boasts hundreds of native fish species, including salmon. Marinated in ginger, garlic and freshly roasted spices. Cooked in the tandoor. 19

BIHARI KABAB

Boneless lamb pieces marinated in yogurt, ginger, garlic, onion and papaya paste with garam masala. Cooked in the tandoor.

19

entrée salads es



Made with local, farm-fresh greens when available. Served with *nimki* (flour chips with toasted onion seeds).

Housemade dressing choices:

Lime Vinaigrette • • Yogurt Cumin • Tamarind-Chili Vinaigrette • •

CHICKEN TIKKA SALAD

Chicken tikka (marinated boneless chicken breast), greens, cilantro, cucumber, tomato, red onion, carrot and toasted almonds.

▲ (■)

GRILLED SALMON SALAD

Indian-spiced marinated grilled salmon, fresh greens, red onion, cilantro, cucumber, tomato, carrot, seasonal fruit. 13 **(**

SIDE SALAD

Mixed greens salad. 5

• (■)

TANDOORI-ROASTED VEGETABLE SALAD

(Indian cheese) on farm-fresh greens.

add chicken tikka 5 add salmon 8

A whole skewer full of grilled veggies + paneer

(●) (■)

what is curry?

"Curry" is a term that is used broadly to refer to nearly any spiced, sauce-based dish; it is thought to be derived from the word *kari* in Classical Tamil, which means "sauce." There are as many variations on the meaning of "curry" and the sauces as there are cooks of Indian cuisine. "Curry leaf" is a spice used in some Indian dishes, but this is a separate meaning of the word "curry." Cardamom's curries span a range of popular traditional Indian dishes and Anglo adaptations. If you don't see your favorite curry, just ask us—we may be able to whip it up!



Served with basmati rice. Order mild, medium or hot spice level.

CHICKEN CURRY

Boneless chicken breast, tomato-based curry sauce.

CHICKEN TIKKA MASALA

This famous English adaptation of tandoori chicken has been called the "national dish of Britain."

Chicken tikka (tender, tandoori-roasted, marinated boneless breast), tomato and onion in creamy tomato curry sauce. 14

CHICKEN MAKHNI

If Tikka Masala is Britain's favorite, then this is America's. Chicken tikka, creamy tomato + cashew paste curry sauce. 14

CHICKEN KORMA

Boneless chicken breast, creamy cashew + almond sauce.

CHICKEN HYDERABADI

Boneless chicken breast, creamy cashew + poppy seed curry sauce.

15

KARAHI CHICKEN

Karahi means "wok"—this dish is between a curry and a stir-fry. Boneless chicken cooked with fresh onion, tomato, fresh mint, bell pepper, ginger, garlic, whole cardamom and cloves.



goat & lamb curries &



Served with basmati rice. Order mild, medium or hot spice level.

KARAHI GOAT

Find out why goat is my father-in-law's favorite dish! Meaty flavor like lamb, but leaner and very tender.

Braised goat meat pieces cooked with fresh onion, tomato, bell pepper, fresh mint, ginger, garlic, whole cardamom and cloves. 16

GOAT DHANSAK

Dhansak combines elements of Persian and Gujarati cuisine. Braised goat meat pieces, yellow lentils, butternut squash, fresh tomato and cilantro.

16

LAMB VINDALOO

Vindaloo is derived from the Portugese Vinha De Alhos (a meat dish with "wine and garlic" brought to Goa by colonists). Anglo and Indian adaptations added potatoes (aloo means "potato" in Hindi). Boneless lamb + potatoes, onion-tomato-vinegar sauce. 16

Braised boneless lamb + fresh spinach, tomato curry sauce with a touch of yogurt.

ROGAN JOSH

The deep red color comes from Kashmiri chilis. Braised boneless lamb, yogurt tomato curry sauce with aromatic spices.

16

CHETTINAD LAMB

The Chettinad region of Tamil Nadu (South Indian state) is known for using a particularly wide range of aromatic spices in its cooking.

Braised boneless lamb, coconut + ground chickpea + poppy seed curry sauce.

16



seafood curries &



Served with basmati rice. Order mild, medium or hot spice level.

SHRIMP MASALA

Shrimp, tomato-based curry sauce.

BENGALI FISH CURRY

Bengal's countless rivers and lakes assure that nearly everyone eats fish at least once a day. Mahi mahi, tomato-mustard-onion sauce.

KERALA SHRIMP CURRY

Seafood together with coconut is typical of Kerala, a southwest coastal and tropical state. Shrimp in a coconut curry sauce made with tomato, mustard seed, onion and curry leaves.

15

SEAFOOD KORMA

Shrimp, scallops and fish, creamy almond + cashew sauce.



vegetarian curries &



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Served with basmati rice. Order mild, medium or hot spice level.

PALAK PANEER

Cheese cubes + spinach, creamy curry sauce with distinctive fenugreek leaves.

13

MATAR PANEER

Cheese cubes + peas, creamy tomato curry sauce with fenugreek.

12

BAIGAN BARTHA

Fresh eggplant, roasted, finely chopped and cooked with green peas in a tomato-based curry sauce. 12

BHINDI MASALA

If you think you don't like okra, think again. Okra with fresh ginger, garlic, onion and tomato.

ALOO GOBI

Potatoes + cauliflower, tomato-based curry sauce. 11

DAL TARKA

Yellow lentils cooked with onion, tomato, ginger, garlic, whole red chilis, mustard seed, curry leaves.

10

CHANA PINDI

Chickpeas, tomato-onion-based curry sauce.

VEGETABLE KORMA

Carrot, potato, zucchini, cauliflower, green beans, peas, creamy almond + cashew sauce.

12

PANEER MAKHNI

Cheese cubes, creamy tomato + cashew curry sauce. 13

KARAHI PANEER

Cheese cubes cooked with fresh onion, tomato, bell pepper, fresh mint, ginger, garlic, whole cardamom and cloves. 13

MALAI KOFTA

Kofta patties (ground cheese, carrot, zucchini, potatoes, cauliflower, bread crumbs), creamy tomato + cashew paste curry sauce.

13

VARANASI ALOO

Potatoes stuffed with cheese, almonds, raisins, onion and fresh cilantro, in tomato-fennel-yogurt-cashew-poppy-seed sauce.

13

• = vegetarian • = vegan
= contains nuts/peanuts = contains gluten (yes, everything on both pages is no-gluten, except 2)



• •

•

• •

drinks &



NIMBU PANI

Freshly squeezed lemon-gingerade, pinch of clove, cardamom. 3

AAMA'S MANGO LASSI / SWEET LASSI

Indian-style yogurt smoothie. Mango or sweet (plain). 3.50

TROPICAL JUICE

Mango, guava or lychee fruit.

2.50

COCONUT WATER

2.50 • •

ICED TEA

3

PREMIUM GINGER BEER

Fever-Tree brand award-winning ginger beer made from Indian and African gingers and cane sugar. 3

FOUNTAIN SODA

Coke, diet coke, sprite.

2

CARDAMOM CHAI

We roast and grind our own *chai masala* (tea spice mix), then combine with India's ubiquitous "Red Label" tea and milk.

3

SINGLE ESTATE INDIAN COFFEE

Indian-grown coffee from Zingerman's Coffee. Or Decaf. 3

FINE LOOSE TEA

Individual infusion teapot

BLACK

Ceylon—Lumbini Estate (Sri Lanka)

Darjeeling—Balasum Estate 2nd flush (India)

Assam—Hilmari Estate (India)

Coconut Oolong

GREEN

Nepal Organic Green—Kanchanjangha Estate (Nepal) Moroccan Mint (green tea + peppermint)

HERBAL

Lime Ginger Rooibos (organic) Hibiscus Berry (organic)

Turmeric Ginger (organic)

desserts



CARDAMOM RICE PUDDING

Cardamom-scented, creamy basmati rice pudding with toasted almonds and sultanas.

4 • 🔺

CARROT HALWA

Spiced ground carrot cooked in milk & sugar. Served warm. • 🔺

GULAB JAMUN

Small spheres of milky dough are lightly fried and soaked in cardamom- and rose-scented syrup. Served warm.

• 🛦 🔳

PISTA KULFI

Thick, Indian-style pistachio ice cream made in our kitchen.

CARDAMOM CHEESECAKE

Our West-meets-East signature dessert made from scratch. Light, American-style cheesecake scented with cardamom. Ginger snap, graham and almond crust.

• 🔺 🔳

MANGO ICE CREAM

RUBINA'S CHOCOLATE CAKE

Not Indian—but very good! Handmade by Cakes by Rubina. Three-layered dark chocolate cake, chocolate ganache + chocolate cream cheese frosting. Not too sweet just right! 8

chai

Most of the Indian populace were not tea drinkers prior to British colonization. When Indians did take on the British custom of tea drinking, they made it distinctly their own by adding spices and plenty of milk and sugar. Forget what you've had at the coffee houses. Ours is what *chai* should taste like (although every family makes their own version). We roast and grind our own chai masala (spice mix), then combine it with India's ubiquitous "Red Label"

brand tea and milk.

GLOSSARY

ACHAR pickle ACHARI with pickle AAMA mother (Nepali) ANGAAREY fire, burning ALOO potato BAPU father BAIGAN eggplant

BARTHA mashed BENGAL historic and geographical area that is now Bangladesh and the eastern Indian state of West Bengal BHAJI fritter, fried vegetable

BHARAWAN stuffed

BHINDI okra

9

99999

99

999

9

BIRHAR a state in northern India just south of Nepal

BIRYANI rice-based dish believed to have been invented in the kitchens of Mughal Emperors, based on a Persian word that means "baked"

CHETTINAD region of the south Indian state of Tamil Nadu

CHAI tea

CHANA chickpea CHAT snack, literally means "lick"

DAL lentil

GOA India's smallest state, located in west India; was a Portuguese territory for about 450 years until it was annexed by India in 1961.

GOBI cauliflower

GULAB rose

HALWA dense, sweet confection HYDERABAD capital city of the southern Indian state of Andhra Pradesh

JAMUN Indian fruit with similar size and shape to Gulab Jamun balls JOSH heat, hot

KALI MIRCH black peppercorn

KARAHI wok

KERALA southern state of India on the western coast KOFTA dumpling, patty, or ball

KORMA creamy yogurt + almond-paste sauce

KULFI similar to ice cream, but denser and creamier

KULCHA leavened flatbread

LASSI yogurt drink

MALAI cream

MAKHNI creamy, tomato cashew-paste

MATAR green pea

MASALA spice blend

METHI fenugreek (herb)

MOMOS steamed stuffed dumplings

NIMBU lemon

PAKORA fritter, fried snack

PALAK spinach, greens PANEER cheese

PANI water

PAPRI puffed wheat-flour crackers

PAPADUM chips made of lentil flour PINDI short for Rawalpindi, a city in

Pakistan PISTA pistachio

PULAO Indian-style rice pilaf. Ours is fairly simple: basmati rice cooked with turmeric, onions, green peas. Not to be confused with biryani, which has more spices and is baked with raisins, nuts and more vegetables.

RAITA yogurt-based condiment RAS MALAI ras="juicy," malai="cream"

SAAG spinach, greens

ROGAN oil

SAMOSA popular north Indian street food

TAMARIND tropical fruit TANDOOR clay oven TANDOORI (adj.) of the clay oven

THALI plate (note that the "th" represents an aspirated "t,"

not the English "th" sound) TIKKI small cutlet or croquette

VARANASI city on the banks of the Ganges in Uttar Pradesh