

2022 Long Run Results

Your Choice Ultramarathon

Any Day 2022

Anywhere in the World

Any race longer than the marathon distance can be included in this list. Awards will be given to the three members who have the most accumulated miles. The only other requirement to be eligible for an award in this category is you must have 7 or more circuit credits.

Updated 12/5/22

Name	Miles	Total Miles	Race	Finish Time
Mark Bowman	31.0	118.0	Paleozoic 50K - Spring	6:59:20
	56.0		Dog Days of Summer 12 Hour Run	11:51:41
	31.0		Des Plaines River Trail 50K	6:40:52
Efrain Huerta	31.0	235.0	Paleozoic 50K - Spring	6:46:25
	30.0		Potawatomi Trail Race	6:36:52
	31.0		Earth Day 50K	6:18:19
	62.0		Kettle Moraine 100K	14:04:20
	50.0		Marquette 50 Mile	13:13:53
	31.0		Paleozoic 50K - Fall	5:32:25
Amy McGoldrick	31.0	108.3	Badger Trail 50K	6:15:46
	27.3		Christmas in July 6 Hour	6:00:00
	50.0		Hennepin 50 Mile	10:20:05
Lily Medina	32.0	374.0	Frozen Gnome	6:24:05
	31.0		Paleozoic 50K - Spring	5:37:04
	30.0		Potawatomi Trail Race	6:14:27
	31.0		Earth Day 50K	5:15:00
	100.0		Kettle Moraine 100 Mile	22:20:44
	50.0		Marquette 50 Mile	13:13:53
	100.0		Hennepin 100 Mile	19:50:14