

## AÇAI BOWLS

16 Oz (\$10.25+tax)

### -Monkey Bowl:

Açai berry, Peanut Butter, banana, coconut H2O

### -Blueberry Bliss:

Açai berry, blueberry, banana, coconut H2O

### -Strawberry Supreme:

Açai berry, strawberry, banana, coconut H2O

### -Tropical Treat:

Açai berry, mango, pineapple, banana, coconut H2O

### -Passion Bowl:

Açai berry, passion fruit, coconut meat, banana, coconut milk

\*All Bowls topped with granola, Fresh Fruit, coconut shavings, nuts.

## SOUP OF THE DAY

12 Oz (\$5.00+tax)

32 Oz (\$10.50+tax)

## WELLNESS SHOTS

-Wheatgrass 1 Oz (\$2.50+tax)

-Power Shot: Ginger, Lemon, Honey, Garlic (\$4.25+tax)

-Detox Boost: Turmeric, Coco H2O, Lime, Ginger, Honey (\$4.25+tax)

-Spicy C: Jalapeno, OJ, lime, maple syrup, organic aloe shot (\$4.25+tax)

## SALADS OR WRAPS

Salads (\$11.00+tax) • Wraps (\$8.50+tax)

Spinach, Wheat, Tomato Basil, Collard Greens

### -Proteins:

-Wild Albacore Tuna

-Black Bean Almond Flax Burger

-Wild Salmon

-Veggie Patty

-Wild Sardine Pate

-Homemade Hummus

-Organic Chicken Salad -Lentil Walnut Meat

-Ask about our Daily Special

## BREAKFAST ALL DAY

-Power Waffles \$8.00+tax

Almond butter, fresh strawberry, blueberries and bananas

-Super Butter Sandwich \$6.50+tax

Superfoods almond butter, strawberry organic jelly, sliced apples on organic bread

-Overnight Oats \$7.50+tax/16 Oz

Soaked oats in almond milk, cinnamon, honey, vanilla, chia seeds, Himalayan Salt, peanut butter or almond butter

-Vegan Cream Cheese Sandwich \$7.50+tax

Vegan cream cheese, cucumbers, tomatoes, avocado, sprouts on toasted organic bread

-Organic Egg Veggie Omelette \$7.50+tax

Eggs, tomatoes, spinach, peppers, onions and special seasoning

## REFRESHMENTS & SWEET TREATS

-Coconut H2O \$3.95+tax

-Water Bottles \$1.50+tax

-Hot or Cold Organic Coffee \$2.50+tax/12 Oz

-Carrot Cake \$3.95+tax

-Gluten Free Brownie \$3.95+tax