# Woodwind Lakes It's all right here

June 2017 Volume 6, Issue 6

# AUNT ROSIE

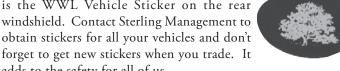


#### Dear Aunt Rosie,

Last week there was a big hub-bub in front of my house. I had temporally parked my car at the curb while I ran into the house and the Constable and my neighbors all huddled around my car for a while. What gives? **ANONYMOUS** 

Dear ANONYMOUS,

The Constable probably got an alert from a resident that a suspicious vehicle closely resembled your car. One of the tools the Constables use to identify resident vehicles is the WWL Vehicle Sticker on the rear windshield. Contact Sterling Management to obtain stickers for all your vehicles and don't



### Shelby knows... just ask



adds to the safety for all of us.

Hello my name is Shelby. Many of you know me. I have lived in Woodwind Lakes for almost 10 years. I love living here. I would love to be able to walk/run around my community without a leash, but I know better. Below are some good reasons to keep your family dog on a leash.

#### 1. It keeps your dog safe

Depending on where you live, there are dangers all around you. I live in a rural neighborhood surrounded by acres of farm land, trees and a nature preserve. There's still plenty of traffic, particularly since the road I live on is a popular cut-through to get to another town. Cars, motorcycles, even semis zip by on a regular basis. If your dog is wandering through the neighborhood, it's very likely that they could get hit. They could also be stolen or run away. Your dog could also be hurt by other loose dogs or leashed dogs that they approach.

### 2. It keeps other dogs safe

Even if your dog is "friendly," not everyone else's dog is. Your dog could easily cause a fight if he approached a reactive on-leash dog or even a dog that is contained in his own yard.

### 3. People have a right to enjoy walks without your dog bothering them

Not everyone appreciates your dog chasing after them as they walk, even if the dog is merely curious. Also, not everyone is physically equipped to handle an onslaught of puppy love. Older people, pregnant women and people with physical ailments would love to enjoy their exercise without fearing an exuberant, jumping

### 4. You could lose your dog

Your dog could run away, someone could steal your dog or some well-meaning citizen could mistake your dog for being a lost or stray dog and pick them up. When I first moved to my neighborhood, I nearly ran over a three-legged dog that was hobbling out of my front yard. He wasn't wearing a collar, so I picked him up and took him to the vet to check for a microchip. He wasn't chipped. I took him to animal control and the owners reclaimed him within a few days. They were incredibly upset and didn't understand why anyone would "just take" their dog when he had "roamed the neighborhood for years with no problem." Well, that roaming, as it turns out, is what cost him one of his legs. Fortunately, they have since contained him in a fence.

#### 5. It keeps the peace

Believe it or not, not everyone is a dog lover and people don't want to be bothered in their own yard by your dog. Dog lover or not, I certainly don't appreciate it when other people's dogs wander through my yard, making mine go nuts at the window or in the fence. I most certainly do NOT appreciate it when said dogs poops in my yard!

My experience is that those who allow their dogs off leash aren't doing it because they don't know about the Houston leash law but more because they don't think it does or should apply to them..... because their dogs are friendly, don't you know?

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| Administrative Asst Melissa Fulp melissa@sterlingasi.com   |  |  |  |
| Call Before You Dig         1-800-DIG-TESS or 1-800-344-8377           Pct. 4 Constable                        |  |  |  |
| Street Light Outage  |  |  |  |
| www.centerpointenergy.com - Have light number.   |  |  |  |
| Texas Department of Public Safety Crime Service  |  |  |  |
| http://records.txdps.state.tx.us   |  |  |  |

### UTILITIES

SECTIONS 1, 2, 3
WASTE MGT CUSTOMER SERVICE......713-686-6666
Trash Pick-up is Tuesday and Friday.

#### Water/Sewer Issues, all Sections: 281-807-9500

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#### **SECTION 4 VILLAGE OF WOODWIND LAKES**

Royal Disposal & Recycle, P.O. Box 160, Fulshear TX 77441 P. - 713-526-1536 | F. - 281-346-2961 | royaldisposal@comcast.net Trash pick-up for Section 4 only, is on Wednesday and Saturday including curbside recycling every Saturday. TOPS Water, Eric Martin (713) 822-8389

#### **USEFUL LINKS**

| WL Website   | www.woodwindlakeshoa.com |  |
|--|--------------------------|--|
| Sec 1, 2 and 3 Utility                                     |                          |  |
| http://hcmud261  |                          |  |
| Section 4 Utility  |                          |  |
| Social Media https://woodwindlakes.nextdoor.com/news_feed/ |                          |  |
| Newsletter   |                          |  |
| Sec 4 Gate (ICS)   | 1 1                      |  |

## **ADVERTISING INFO**

Please support the advertisers that make the *Woodwind Lakes Newsletter* possible. If you are interested in advertising, please contact our sales office at 1-888-687-6444 or *advertising@peelinc.com*. The advertising deadline is the 8th of the month prior to the issue.

### ARTICLE INFO

The Woodwind Lakes Newsletter is mailed monthly to all Woodwind Lakes residents. Residents, community groups, churches, etc. are welcome to submit information about their organizations in the newsletter. Personal news for the Stork Report, Teenage Job Seekers, recipes, special celebrations, and birthday announcements are also welcome

To submit an article for consideration please email it to <u>Lynn.</u> <u>Collins@garygreene.com</u>. The deadline is the 7th of the month prior to the issue.

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# **Woodwind Lakes Pavilion Pavilion Pool**

The Pavilion and the Pavilion Pool are located at 7523 Allegro. They are beside the Tennis Courts and are in front of The Reserve.

If you would like to reserve either the Pavilion and/or the Pavilion Pool, please contact Donna Jackson via phone (713-466-8668) or e-mail (kotilla@hotmail.com).

- 1. Go to www.woodwindlakeshoa.com
- 2. Click on Community Tab....Click on amenities. Scroll to the bottom of the page and click on "click here" next to my name (Donna Jackson)
- 3. Download and fill out the form. Write a deposit check for \$100 (returnable). **This is new.**
- 4. Make a copy of your driver's license (showing your WWL address). **This is new.**
- 5. Bring all to Donna Jackson (7603 Crescendo Ct.) two weeks before your event.
- 6. I (Donna) will give you the Master Key which opens all doors to the bathhouse.
- 7. Once your event is over, you must clean up everything. No trash can be left at the facility or on the curb.

8. Return the Master Key to Donna and she will shred your check. EASY

As a reminder, the Pavilion Pool is open from April 29, 2017 through September 30, 2017. No one under the age of 21 is allowed at the Pavilion Pool without hired lifeguards through our pool company.

It's going to be a great year.....

## **Family Pool**

The Family Pool is located on 9015 Woodwind Lakes Drive at Ensemble Drive.

Pool Hours are:

May 27th, 28th & 29th - 10am to 8pm June 3rd to August 20th-

Monday- Closed
Tuesday through Friday- 12pm to 8pm
Saturday & Sunday- 10am to 8pm

August 21 to September 10th -

Monday through Friday - Closed

\*Exception- Open Labor Day from 10am to 8pm

Saturday & Sunday- 10am to 8pm

Pool is closed for the season starting Sept 11th.



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### LYNN COLLINS

REALTOR® / MBA Woodwind Lakes Resident

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WHOMES

GARY

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### Why You Shouldn't Park On The Street



Parking on the street is often tricky when you're pulling off of one street and onto the other — trying not to hit a car or trying to simply

see around a car. You wonder:

..."Is that a MOVING vehicle or is it just parked there?"

... "Is there a child playing on the other side of that car who might dart out into the street?"

..."Can I get past that parked car on the street before the OTHER car that's coming toward me gets to me?" (Thus, not only are you now dodging PARKED cars on the curbsides, you're also forced to dodge MOVING cars on the road!)

The point is simply this: Please refrain from parking on the street. Ours ISN'T a neighborhood with wide streets. Ours IS a neighborhood with lots of cars, lots of kids and lots of pets.

If you're parking on the street, you're making our neighborhood LESS safe, LESS friendly and LESS inviting to visitors and future homeowners. Street parking is not a WWL violation as you know, unless a park is parked for 48 hours or more without it being driven. It just makes good sense for the community overall.

When homeowners park on the road, it makes it difficult to get to and from your own home safely while dodging all the cars parked along the curbs. Some of them are even parked facing the wrong way. And in case you were wondering... yes, THAT is illegal!

Pct. 4 Constables report that most car theft and vandalism occurs to cars parked on the street and driveways. They urge all residents to lock their cars and not leave anything of value in open sight.

Everyone has visitors from time to time that need to park on the street. That's understandable. But if you are a resident PLEASE park in your garage or driveway. Let's make our community safe for all!

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# YARD of the

May

Section 1 9215 Symphonic Lane Section 2 7735 Melody Circle Section 3 8606 Golden Chord Circle Section 4 8103 Rondo Court

Section 1 9103 Woodwind Lakes Dr. Section 2 7807 Allegro Drive Section 3 8707 Andante Drive Section 4 8115 Clarion Way

### **Woodwind Lakes Car Sticker**



As the weather gets warmer we are seeing more non-residents at our lakes, kid's playground and other community amenity areas. Many residents do not want non-residents using our facilities because these are meant for our residents that pay for these amenities.

If you see any vehicles without our Woodwind Lakes car sticker parked in our parking lots or on the streets off of the common ground areas please call the constables (281-376-3472) to report any possible trespassers. Many people possibly think our lakes are public areas but it is private property.

The constables will kindly inform trespassers that they are on private property and thus trespassing.

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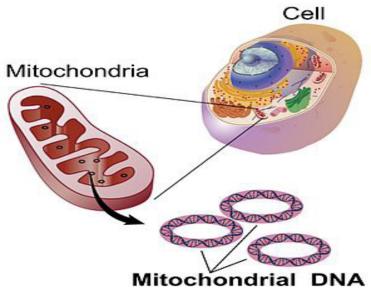
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# Could Healthy Mitochondria Be The Secret To Staying Disease Free?



There are incredible possibilities locked inside our cells.

The cell is the source of the body's energy supply. It's what keeps us not only functioning at optimal health but functioning at all. In fact, when the cells lose any of their ability to produce needed energy, the result is decline in health and emergence of degenerative diseases. How do the cells actually work to produce energy? The task falls to the MITOCHONDRIA, the "power plants" of the cell. The mitochondria function is at the heart of everything that occurs in our body. There are hundreds of mitochondria in a typical cell, every one containing a unique pattern of DNA. DNA damage is a biomarker of cancer and other diseases. "How quickly your body ages largely depends on how well your mitochondria work and how much damage can be minimized by diet optimization."...Dr. Mercola. Now The Good News...we can improve or keep our mitochondria healthy by making sure it receives the proper nutrients. A healthy diet and exercise play an important part in the health of the mitochondria. We have enormous control over the way we age...which is very empowering!

Donna Konopka

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## **Mosquito Repellents**

As mosquito season is ramping up, everyone is (hopefully) aware of possible disease transmission by mosquitoes. It is important that you protect yourself when spending time outside.

Activity times for mosquitoes can vary. Most people are familiar with the four D's- DRAIN (standing water), DEET (wear some repellent), DUSK & DAWN (stay indoors during dusk and dawn to avoid peak populations) and DRESS (wear long sleeves and long pants). While this is still good advice, it may be a good idea to spread the dress and repellent advice for anytime you spend time outdoors.

When outside, wear long pants and a long sleeved shirt in light colors to reduce the number of mosquitoes that can reach your skin. Repellent should only be applied to clothing and exposed skin. Do not apply repellent underneath clothing! If you want to apply repellent to your face, spray your hands with repellent and rub it onto your face. Do not spray repellent directly into your face or near eyes or mouth. Make sure to apply repellent outdoors. Do not allow children to handle repellents. Wash hands before eating, smoking or using the restroom.

The Center for Disease Control (CDC) recommends using a product registered with the EPA (Environmental Protection Agency) containing one of the following active ingredients: DEET, picaridin, IR3535 and some of the products containing oil of lemon eucalyptus.

DEET, also known N,N-diethyl-m-toluamide or N,N-diemethylbenzamide, was developed by the U.S. Army in 1946 to protect soldiers in insect-infested areas. Pesticides containing DEET have been used by the general public since 1957. Products containing DEET should not be used on children younger than 2 months of age (read the label and check with your pediatrician if you have questions). DEET has a slight odor and may have a greasy feel to some people. It may damage plastic, rubber, vinyl or synthetic fabrics. DEET may be irritating to the eyes and skin for some people. DEET comes in a wide variety of concentrations, so choose the one that will work best for your situation.

Picaridin was first made in the 1980's and resembles a natural compound called piperine (which is found in plants used to produce black pepper). Picardin has been used in Europe and Australia for many years, but has only been in the U.S. since 2005. Picaridin is non-greasy and is odorless.

IR-3535, or 3-[N-Butyl-N- acetyl]-aminopropionic acid, ethyl ester, was developed in the mid- 1970's and became registered for use in the U.S. in 1999. It is registered as a biopesticide by the EPA because it is functionally identical to a naturally occurring substance (an amino-acid). It may dissolve or damage plastics and may be irritating to the eyes.

Oil of lemon eucalyptus (OLE) or PMD (para-menthane-3,8-diol) are essentially the same thing; PMD is the synthesized (lab created) version of oil of lemon eucalyptus. "Pure" or "essential" oil of lemon eucalyptus is not labeled as a repellent and has not undergone testing and should not be used as a repellent product. OLE/PMD has been on the market in the U.S. since 2002. OLE/PMD should not be used on children younger than 3 years of age. The natural product (OLE) has known allergens within it while the synthetic version (PMD) has less of a risk to allergens. This product is classified as a biopesticide. OLE/PMD has a varying range of residual, some offering about 20 minutes of protection while other products may last up to two hours.

Many factors play into how long a repellent will last for a person. Some of these are:

- The concentration (or percent of active ingredient) of the product. You can find the percentage on the product label.
- Person's attractiveness. Some people are more attractive to mosquitoes than others (and no scientific research has proven that it is because of eating garlic, taking vitamin B, using tobacco products, etc.). A person's genetic code plays a large part on what makes a person so attractive to mosquitoes.
- Frequency and uniformity of application. In other words, how often is the repellent applied and how good of coverage did you get?
- Activity level of the person. The more active the person is, the more sweat they produce which can cause the repellent to wash off the surface of the skin.

As a word of caution, there are products that combine sunscreen and insect repellent. The CDC recommends that if you need sunscreen and repellent, that you choose two separate products. Sunscreen should be applied more often than repellents.

For more information or help with identification, contact Wizzie Brown, Texas AgriLife Extension Service Program Specialist at 512.854.9600. Check out my blog at www.urban-ipm.blogspot.com

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