This Newsletter is published by: Morrow County Services for Older Citizens, Inc. dba *Seniors On <u>Center</u>* 41 West Center Street Mt. Gilead, OH 43338 NON-PROFIT STD. U.S. POSTAGE PAID MT. GILEAD, OH 43338 PERMIT #14

# MORROW COUNTY SENIOR MOMENTS



### **Mission Statement:**

Morrow County Services for Older Citizens, Inc. represents the 60+ residents of Morrow County. The emphasis is on improving the quality of life for the older Morrow County residents, helping them live active, independent, and healthy lives.

This agency is committed to helping the frail elderly who choose to remain at home by providing home-based services. The goal is to promote and enhance the greatest possible level of choice, independence and self-care of the individual, and to promote community living when appropriate and feasible in terms of costs and quality.

### MORROW COUNTY SERVICES FOR OLDER CITIZENS, INC. 419-946-4191 \* 419-946-1037 facsimile Website: www.SeniorsOnCenter.org

Sponsored by Title III Grant under the Older Americans Act administered through the Ohio Department of Aging and Ohio District 5 Area Agency on Aging, with local funding through levy dollars, United Way and private donations. The Morrow County Multi-Purpose Senior Center and its programs are open to all Morrow County residents 60+ years of age regardless of race, color, ancestry, religion, sex, national origin, or disability.

#### **UPCOMING EVENTS**

#### Tuesday – Sept. 2<sup>nd</sup> at noon.

We will have a speaker here from OSHIIP. They will inform us of recent changes to Medicare, talk about the Oct. 15-Dec. 7 Medicare Annual Coordinated Election Period, see if you qualify to SAVE an average of \$3,900 on prescription drug costs and answer any questions you may have. Bring in your list of prescription drugs to compare the plans for 2015. Call and get a reservation for lunch.

#### Monday - September 22<sup>nd</sup>

Leave Kroger's at 8:00 AM for a trip to Longaberger Basket Factory. We will take a tour of the factory, go to the discount store and have lunch. Lunch is on your own. Call the center to make reservations. Suggested donation for nonmembers \$10.00 and members \$8.00.



#### Thursday – October 16<sup>th</sup>

Amish Trip – Leave Kroger's at 8:30 AM - We will stop at Smucker's Jam and Lehman's and the craft mall in Belin. Get your reservations in early. This trip fills up fast. Suggested donation for non-members \$10.00 and members \$8.00.



#### **Scioto Downs Casino** Columbus. Ohio September 4th & 25th



Bus Trips to and from the Casino for one low price. Our bus will take you to the front door and pick you up at a designated time. Many of our seniors have found that it is a fun and economical way to spend a day. Call the office for schedules and rates. 419-946-4191 - Members \$15.00 and Nonmembers \$20.00

#### September 29 Evening Music 6-8 PM

This evening will be a very special Music night. If you were blessed with a talent, please contact Evelyn so we can plan a fun evening. NO judges – NO prizes – But LOTS of fun. Refreshments will be served. Make plans now to attend.

2014 Positive Aging Expo-Back to the 50's Thursday, Sept. 25 – 9:00 am -2:00 pm Fairhaven Hall-Richland Co. Fairgrounds

Free lunches while they last - Entertainment Door Prizes – Prize award for the best 50's costume

Meet at Kroger parking lot at 8:00am Please sign up by September 18

Sponsored by Area Agency on Aging Ohio District 5

Transportation – suggested donation for non-members \$5.00 and members \$4.00



### We have a desperate need for volunteers at the Center. We need home-delivery drivers (will receive mileage reimbursement checks) and kitchen help. Please call the center a.s.a.p. if you are interested.

Meet Vicky Cornell. She has joined our staff as the new homemaker. She and her 5 siblings were raised in Columbus, OH. She moved to Morrow County in 1988 with her husband and 2 boys. She then had a daughter in 1990. She feels very blessed to have had 3 wonderful children and was able to stay home with them in their younger most informative years. She then became a Certified Occupational Therapist Assistant for 36 years before she semi-retired and was hired by Senior's on Center part-time so she has time to enjoy her two grandchildren, Sebastian and Sierra.

We feel very fortunate to have Vicky on staff. She has become a wonderful asset to the company.

If you or anyone you know has a need for someone to come into your home and help with light housekeeping, please call and we will set up a time for Vickie to help.

The charge for this service is \$5.00 per hour.



WE HAVE ADDED A NEW SERVICE

#### **MAKING A DIFFERENCE**

We would never be able to make the Senior Day at the Fair such a success without the help of many of our neighbors and friends of Morrow County.

The list is long and we hope we don't forget anyone, but a huge THANK YOU goes out to the following:

Town Pump and Deli **Morrow County Health Department** The Arbor Gleaners Whetstone Industries Seniors on Center – Board Seniors on Center – Staff Home delivery drivers Pat Davies – Development office **Kingston of Marion-Tammy Millisor** Mt. Gilead Drug Mart Chase Bank **Ron Gist RV Snyder Funeral Home** Century 21 – Bob McElroy **Hoffman Office First Knox Bank** Area Agency on Aging Hospice of Morrow County Wilma Ogle Mt. Gilead Kroger John Deere Equipment Health Care Plus – Pam Cudd **Clearview Green House** Touch of Grace **Oxygen Store Morrow County Fair Board** 

#### **MORROW CO. SENIOR CLUBS**

#### **Cardington Seniors**

Friday, September 26<sup>th</sup> @ 12 Noon need reservation-\$3.00 suggested donation Seniors On Center 41 W. Center St., Mt. Gilead Shirley Robinson 419-864-4077

#### **Chesterville Seniors**

Tuesday, September 16<sup>th</sup> @ 12 Noon Selover Library, Chesterville 31 State Route 95 Susie Lyle 419-768-3431

#### **Marengo/Fulton Seniors**

Monday, September 1<sup>th</sup> @ 9:00 AM Breakfast on your own Farmstead Restaurant 618 State Route 61, Marengo

Monday, September 15<sup>th</sup> @ 12 Noon Carry-In Lunch American Legion Post 710 1549 W. C R 26, Marengo Joyce Taylor 419-253-0727

#### **Sparta Good Time Seniors**

Tuesday, September 16<sup>th</sup> @ 12:30 PM Highland Pizza—your own cost 6530 State Route 229, Sparta Dick Sears 419-768-2050

#### Mt. Gilead Seniors Club

Tuesday, September 16<sup>th</sup> @ 12 Noon At Seniors on Center a reservation needed Bring dessert. Marilyn Sipes 419-468-3500

### MORROW CO. SENIOR CLUBS

#### **Morrow County Retired Teachers**

April, June, October & December Monday, October 6<sup>th</sup> @ 11:30 AM Lunch provided by Trinity UMC for \$10.00 75 E. High St, Mt. Gilead Angie Hamilton 419-946-1417



Join us on Tuesday September 9<sup>th</sup> at noon to celebrate our September birthdays! Wishing the following a <u>Very Happy Birthday</u>:

Jack McElroy Elsie Wilson Margaret Hannum Oscar Noble Jack Jones Monnie Bayles Gerry Madeker Cody Bedwell Janet Bedwell Marian Steinbaugh Wanita Ruth Mary Jane Hanners Dorothy Clark Rudella Gilbert Maurice Sipes Adeline Sipes LaDonna Guy Walden Shinaberry Cam Taylor Kathryn Seagle Charles Smotherman Norma Woodward

Happy Belated Birthday Marge Breckner

#### \$1 FOR MEMBERS \* \$2 NON-MEMBERS

#### Monday, September 8<sup>th</sup>

17 1	
Meal	5-6PM
Music by Country Travelers	6-8PM
Monday, September 15 <sup>th</sup>	
Music by Dick Starcher	6-8PM
Monday, September 22 <sup>nd</sup>	
Meal	5-6PM
Open Mic	6-8PM
Monday, September 29 <sup>th</sup>	
Talent show	6-8PM

\*\* Band donations accepted \*\*

# **SCHOOL SUPPLIES**

We received a very nice THANK YOU from the Sonshine Bus Ministry for all the school supplies that were given at the Center for the Bus Ministry to pass out to needy school children this school year. They were able to provide for 96 children.

We at the Center depend on you to help us with that project each year and you always come through with flying colors.

Thanks for your kind hearts and generosity.



#### **EUCHRE AND BINGO**

We have a great group of people that come in for an enjoyable afternoon of Euchre at the Center every Wednesday 12:30 Thursday 12 Noon.

The second & fourth Tuesday of each month we are having Bingo from 1-3 PM

#### Beltone at the Senior Center SEPTEMBER 16<sup>th</sup> 10am - Noon No appointment necessary Angela Schneider, Hearing Care Practitioner

#### SURPRISE LUNCHES

Beginning last month (August) we pick a surprise day a month to make a special day for those eating lunch in our dining room with us. In August we had ice cream sundaes. We have not decided what day in September the surprise will be or what it will be. Sign up for lunch in September and you may have a great surprise with your lunch.

You must sign up one day in advance in order for us to order your lunch in time.





Love them or hate them, Laurel and Hardy made a fair few films, some of which you can find here.

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### "LOL"



## **Dead Dog**

We are in the midst of planning your day. Thursday, September 18 at 11:00 a.m. has been set aside for your annual membership picnic at the Fairgrounds.



A man runs into the vet's office carrying his dog, screaming for help. The vet rushes him back to an examination room and has him put his dog down on the examination table.

The vet examines the still, limp body and after a few moments, tells the man that his dog, regrettably, is dead. The man, clearly agitated and not willing to accept this, demands a second opinion.

The vet goes into the back room and comes out with a cat and puts the cat down next to the dog's body. The cat sniffs the body, walks from head to tail, poking and sniffing the dog's body and finally looks at the vet and meows.

The vet looks at the man and says, "I'm sorry, but the cat thinks that your dog is dead, too."

The man is still unwilling to accept that his dog is dead. So the vet brings in a black Labrador retriever. The lab sniffs the body, walks from head to tail, and finally looks at the vet and barks. The vet looks at the man and says, "I'm sorry, but the lab thinks your dog is dead too."

The man, finally resigned to the diagnosis, thanks the vet and asks how much he owes. The vet answers, "\$650."

"\$650 to tell me my dog is dead?" exclaims the man.

"Well," the vet replies, "I would only have charged you \$50 for my initial diagnosis. The additional \$600 was for the cat scan and lab tests.

You will not want to miss this day filled with food, games and tons of fun. Please RSVP by September 11.



# **ATTENTION MEMBERS**

(419-946-4191)

# SEPTEMBER PROGRAM CALENDAR

# SEPTEMBER MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	ONE DAY AD	VANCE RESERVA	TIONS REQUIRED WEDNESDAY	* SUGGESTED \$	3.00 DONATION FRIDAY	
1 CLOSED FOR LABOR DAY	2 9:00 AM Coffee & donuts 10 AM Matter of Balance 11:45 AM Lunch 2 PM Medicare check-up	3 11:45 AM Lunch 12:30 PM Euchre			1 CLOSED FOR LABOR DAY	2 Salisbury Steak Mashed Potatoes Asparagus Strawberries	3 Shredded Chicken Sandwich Wedge Fries Pineapple	4 Turkey Sandwich with Lettuce & Tomato Fruit Salad Cranberry Juice	5 Savory Chicken Mashed Potatoes Mixed Vegetables Cantaloupe	
8 11:45 AM Lunch 5PM Meal 6–8PM Music	9 10 AM Matter of Balance 11:45 AM Lunch 1-3 PM Bingo	10 11:45 AM Lunch 12:30 PM Euchre	11 12 Noon Euchre	12 8 AM-4:30 PM Inside walking 11:45 AM Lunch 12:30PM Bible Study	8 Chicken Drumstick Parsley Potatoes Broccoli Applesauce	9 Turkey Burger with Lettuce & Tomato Baked Beans Tropical Fruit	10 Pulled Pork Sandwich 3-Bean Salad Corn Orange Juice Thursday meal will be delivered today	11 Home Delivered Cold Meal Egg Salad/Cottage Cheese Applesauce Peaches Grape Juice The Center will be	12 Spaghetti Corn Tropical Fruit Orange Juice	
15 11:45 AM Lunch 12Noon Marengo/ Fulton Carry-in Lunch 6-8 PM Music	16 10 AM Matter of Balance 10 AM Beltone 11:45 AM Lunch 12 Noon Chesterville Srs Lunch 12 Noon Mt. Gilead Srs 12:30 Sparta Srs Lunch	17 11:45 AM Lunch 12:30 PM Euchre	18 11:00 AM Membership picnic	19 8 AM – 4:30 PM Inside Walking 11:45 AM Lunch 12:30 PM Bible Study	15 Pork Chop Hash browns Creamed Corn Mandarin Oranges	16 Roasted Turkey Sweet Potatoes Green Beans Tropical Fruit	17 Cod Oven Brown Potatoes Carrots Cottage Cheese Mandarin Oranges Thursday meal will be delivered today!	<ul> <li>The Center will be open, but will not be serving lunch.</li> <li>18 Home Delivered Cold Meal Turkey Salad Peaches</li> <li>The Center will be open, but will not be serving lunch</li> </ul>	19 Chicken Breast Brown Rice Broccoli Pears Banana	
22 11:45 AM Lunch Noon – 4PM Commodities 5PM Meal 6-8 PM Music	23 9AM – Noon Commodities 10 AM Matter of Balance 11:45 AM Lunch 1-3 PM Bingo	24 11:45 AM Lunch 12:30 PM Euchre	25 8:00 AM Meet at Kroger to go to 2014 Positive Aging Expo 9 AM Scioto Downs 12 Noon Euchre 12:30 PM Board Mtg.	26 8 AM – 4:30 PM Inside Walking 11:45 AM Lunch 12:30 PM Bible Study Noon - Cardington Seniors Luncheon	22 Chicken Noodle Casserole Carrots Applesauce Orange Juice	23 Pork Chop Sweet Potatoes Broccoli Watermelon	24 Fish Mashed Potatoes Peas Apple Juice Thursday meal will be delivered today!	25 Home Delivered Cold Meal Ham Tossed Salad Peaches Pineapple The Center will be open, but will not be serving lunch	26 Roast Beef Oven Brown Potatoes Green Beans Mandarin Oranges	
29 11:45 AM Lunch 6-8 PM Special Talent	30 10 AM Matter of Balance 11:45 AM Lunch				29 Roasted Turkey Parsley Potatoes Green Beans Orange	30 Salisbury Steak Mashed Potatoes Asparagus Strawberries		MENU IS SUBJECT TO CHANGE		