


September

Menu – 2022

Septiembre-Spanish

18 lunch days

Monday-lunes	Tuesday-martes	wednesday-miércoles	Thursday-jueves	Friday-viernes
<p><i>FUN FACTS:</i> <i>The HARVEST MOON is on the 10th of this month!</i></p>	<p><i>FUN FACTS:</i> <i>Fall begins on the 22nd of this month!!!!</i></p>		<p>1 Teacher In-Service Day</p>	<p>2 School is Almost Here</p>
<p>5 LABOR DAY</p>	<p>6 Chicken Tenders French Fries Carrot sticks Fresh Fruit Snack: Apples & PB</p>	<p>7 Burgers Chips Pickles Fresh Fruit Snack: Granola Bars</p>	<p>8 Lasagna Garden Salad Fresh Fruit Snack: Popcorn</p>	<p>9 Pizza Salad Fresh Fruit Snack: Smoothie</p>
<p>12 Pancakes Bacon Fresh Fruit Snack: PB & Apples</p>	<p>13 Taco Tuesday! Rice, Beans Fresh Fruit Snack: Eggs, Cucumbers & Dip</p>	<p>14 Chicken Legs Mashed Potatoes Carrot sticks Snack: Banana Bread</p>	<p>15 Spaghetti and Meatballs Caesar Salad Fresh Fruit Snack: Fruit Salad</p>	<p>16 COW ISLAND</p>
<p>19 Chicken Tenders French Fries Carrot sticks Fresh Fruit Snack: Bagel</p>	<p>20 Baked Chicken Sesame Noodles Fresh Fruit Snack: Crackers, Cheese & Grapes</p>	<p>21 Pork Fried Rice Dumplings Fresh Fruit Snack: Muffins</p>	<p>22 Macaroni and Cheese Broccoli Apple Slices Snack: Veggies Worms</p>	<p>23 Pizza Salad Fresh Fruit Snack: Smoothie</p>
<p>26 French toast BAcon Fruit Salad Snack: PB & Apples</p>	<p>27 Raamen Bowls Seaweed Snack: Veggie Sticks, Eggs & Dip</p>	<p>28 Burritos Tortilla Chips Fresh Fruit Snack: Yum- yums</p>	<p>29 Chicken Divan Rice Fresh Fruit Snack: Popcorn</p>	<p>30 Pizza Salad Fresh Fruit Snack: Smoothie</p>

Substitutions that are always available are PB&J, Chicken/ Tuna Salad Sandwich, Greek Yogurt & Granola, Cheese Sandwiches and Salads. I always have hard boiled eggs for snacks as well!