



2016

## PICKAWAY SENIOR CENTER

2105 Chickasaw Drive

Post Office Box 565

Circleville OH 43113

740-474-8831

[www.pickawayseniors.org](http://www.pickawayseniors.org)



### FROM THE DESK OF THE DIRECTOR

HAPPY 2016!

We want to thank the community for their support throughout 2015. Your support enables us to provide critical senior services throughout our county. Everything we do is with our mission in mind: *to be a place seniors can learn, grow, be energized and access resources to live independently with the best possible quality of life.*

Our thanks also go to outgoing board members Fran Wright and Margaret Remy. Fran and Margaret both served as board officers; we appreciate the time they spent working with us to make the Center successful.

We are excited to welcome Brenda Strittmatter and Connie Kelly as new members to our board; we look forward to working with both Brenda & Connie.

Plans are underway for a great year in 2016 at the Center. We will be asking for your support on a renewal of our senior services tax levy at the polls on March 15<sup>th</sup>. The renewal of this levy will ensure continued quality senior services are provided throughout Pickaway County. We have set April 15<sup>th</sup> for our 2016 Annual Fundraiser. Please keep both of these important dates on your calendar.

Our January calendar has lots to offer so stop by often. Don't forget, our January Monthly Fellowship is our Senior Talent Show. Please let Elisha or I know that you plan to participate.

Information is also in this month's newsletter for an exciting September 2016 Show Trip to Myrtle Beach & Charleston.

We hope to see you often at the Center in 2016 where "We're Living It Up!"

*Cynthia Love*  
*Executive Director*

### IMPORTANT DATES:

**FRIDAY, JANUARY 1**  
CENTER CLOSED

**WEDNESDAY, JANUARY 13**  
BOARD MEETING 10:15 AM

**TUESDAY, JANUARY 19**  
COMMODITIES

**WEDNESDAY, JANUARY 20**  
LEGAL AID BY APPT.  
SOUP & SALAD BAR NOON  
S.A.L.T. MEETING 1:00 PM

**THURSDAY, JANUARY 21**  
UNLOCK THE SECRET LUNCH NOON

**TUESDAY, JANUARY 26**  
NEWSLETTER ASSEMBLY  
BREAKFAST BAR 9:00 AM

**THURSDAY, JANUARY 28**  
MONTHLY FELLOWSHIP NOON





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Post Office Box 565  
Circleville OH 43113  
[www.pickawayseniors.org](http://www.pickawayseniors.org)**

**OFFICE 740-474-8831  
TOLL FREE 888-397-7246  
NUTRITION 740-474-8617  
FAX 740-477-8114**

### **Pickaway Senior Center Board of Directors**

<b>LARRY HARRIS</b>	<b>President</b>
<b>DON WOLFORD</b>	<b>Vice President</b>
<b>DONNA RAINES</b>	<b>Treasurer</b>
<b>VIRGINIA MCCOY</b>	<b>Secretary</b>
<b>DEBBIE DUMM</b>	<b>Membership President</b>
<b>CYNTHIA LOVE</b>	<b>Center Director</b>
<b>DENNIS BOTHEL</b>	<b>Fiscal Officer</b>
<b>LISA ROBBINS • VINCE YANIGA</b>	
<b>DONNA THOMPSON • BEV MARTIN</b>	
<b>SHERIFF ROBERT RADCLIFF</b>	
<b>PATRICIA SOUTHWARD • CONNIE KELLY</b>	
<b>SANDRA FOSTER • MARIE GERHARDT</b>	
<b>BRENDA STRITTMATTER</b>	
<b>ERIKA COWLES-WEST</b>	
<b>Pickaway County Commissioners</b>	
<b>JAY WIPPEL</b>	
<b>BRIAN STEWART</b>	
<b>HAROLD HENSON</b>	

**Our services are provided for seniors ages 60 and over, Monday through Friday.**

#### **Adult Day Care:**

Provides relief for families caring for a loved one with dementia or Alzheimer's. This service is available Monday through Thursday from 8:30 AM to 1:30 PM. Lunch and transportation are provided.

#### **Congregate Meals:**

A hot lunch served at the Pickaway Senior Center at 11:30 AM on Monday, and at 12:00 noon Tuesday through Friday.

#### **Homemakers:**

Assistance with cleaning, laundry and running errands. Clients must meet certain eligibility criteria.

#### **Meals on Wheels:**

A hot lunch delivered to your home five days a week.

#### **National Family Caregiver Support Program:**

Respite and personal care, financial help with co-pays and medicine, utility bills, home repair. The care recipient must be over 60 years of age.

#### **Supportive Services:**

Assistance with Medicare & Medicaid papers, HEAP and commodities paperwork.

#### **Transportation:**

Transportation for medical appointments, dialysis, and grocery shopping.

**For information  
on any of these  
services, call the  
Senior Center:  
**740-474-  
8831****

**The Pickaway Senior Center is a non-profit organization. We are supported by financial contributions from the following:**

- Title III administered through the Ohio Department of Aging
- Funds from a senior levy passed by Pickaway County voters
- Private donations and fundraisers



## Monthly Fellowship January 28, 2016

Please RSVP by the day before. Call 740-474-8831 to make reservations. January birthdays & anniversaries eat free on January 28 at noon.

- Chicken Drumsticks
- Mashed Potatoes & Gravy
- Seasoned Green Beans
- Garden Salad
- Roll
- Cake

Entertainment:  
Talent Show

In an effort to keep our clients and employees safe we have a policy for service cancellation due to weather related Circumstances.

If the Pickaway Senior Center must close due to weather conditions it will be announced on both WBNS Channel 10 TV and WKKJ 94.3 FM Chillicothe



### HEADING OUT OF TOWN FOR THE WINTER?

Please let the Center know of your change of address during this time and we'll send the Newsletters to you. If we have this winter address, it will save us from having to pay to get back the Newsletters from the Post Office because they could not deliver.



### Unlock the Secret Lunch

January 21 @ Noon

Small, Medium, Large  
Homemade or take out  
Many choices, many toppings  
A popular American food without a doubt

“ \_\_\_\_\_ ”  
One Word

December Answer: Roast Pork  
Theme: Tailgate Party

Join us and wear your favorite sports team attire.

PICKAWAY SENIOR CENTER JANUARY 2016 NEWSLETTER

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**IN MEMORY OR HONOR OF.....**

This Recognition Gift to the Pickaway Senior Center is a very thoughtful gift which means others in Pickaway County will be helped.

**Enclosed is my gift of \$**\_\_\_\_\_

In Memory or Honor of \_\_\_\_\_

Address \_\_\_\_\_

for \_\_\_\_\_(birthday, anniversary, etc.)

Given by \_\_\_\_\_

Address \_\_\_\_\_

(Please make your check payable to the **Pickaway Senior Center.**)

Mail gift to: **Pickaway Senior Center, PO Box 565, Circleville, OH 43113**

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**Submitted By: Deputy Dale Gillette, Triad Coordinator**

Well welcome to 2016! As the new year is upon us many of us have made numerous resolutions. Such as I am going to lose weight, exercise more, eat healthier, etc. I like many of you have failed in the past on these resolutions.

We should be mindful of some traps that we might fall for just like the old snake oil from the past that states it will cure a variety of ailments and actually could harm you. There is many so called miracle products of today that states it will cause you to lose weight or make you look years younger. Many companies today make millions of dollars peddling these false hopes and down right lies before you embark on any of these modern snake oils, talk to your doctor or hospital.

My hope for 2016 is that our S.A.L.T. Council continues to grow and we are able to help this great community. On behalf of Sheriff Radcliff, I would personally like to invite all who read this to attend our S.A.L.T. Council. We meet at the Senior Center the third Wednesday of the month at 1pm. I know you will have a learning experience while attending these meetings.

We here at the Sheriff's office wish you a happy and safe new year!



# JANUARY BIRTHDAYS

## JANUARY 1

MERRY HALL  
NITA HALL  
KIMI MERRILL  
RUTH RIHL  
TERRY SCHOOLEY  
AGNES SCHROEDER  
SHIRLEY SOWERS  
KATHY STEVENS  
CY STICKEL  
AUDREY VALENTINE  
MARGARET WILKINS

## JANUARY 2

NANCY HAPPENNY  
LARRY HERRON  
HAZEL WESTBURY

## JANUARY 3

MARIE AKERS  
ELOISE BEERS  
CHARLES CAMERON  
BEVERLY CHEGWIDDEN  
DONNA CLARK  
STANLEY GLOYD  
SANDRA HAGEN  
HELEN HARTSAUGH  
LURHITA STURGILL

## JANUARY 4

ROSEMARY CRABTREE  
DONNA HALL  
JANE HOOVER  
HESTER MAXWELL  
MICKEY OILER  
IDA WARREN  
SYBIL WRIGHT

## JANUARY 5

BILL ANKROM  
PATRICIA MANSON  
NANCY SIDERS  
HELEN SNYDER  
JANET WHITE  
BERTHA WOODS  
CHARLOTTE ZIMMERMAN

## JANUARY 6

FORREST TURNER  
CLARABELLE VALENTINE

## JANUARY 7

THOMAS CRAWFORD  
MARILYN HAWKES  
SUE LUMLEY  
CURTIS MOSS

## JANUARY 8

ROBERT JONES  
JOY MANBEVERS  
ALMA PETERS  
BELVA PRITCHARD  
AARON SIMPSON

## JANUARY 9

FAYE SMITH  
PATRICIA SWAIM  
BEULAH TEMPLE  
JAMES WOLFORD

## JANUARY 10

DEB HANLEY  
LINDA HARDEN  
CATHERINE HARTLEY  
MARIANNE HUNLEY  
GARY MISKO  
MIKE MYERS  
LINDA RUSSELL  
RON WUNSCH

## JANUARY 11

RUTH BARTHOLOMEW  
NOAH CAUSEY  
DEBORAH JENKINS  
RUTH WHITAKER

## JANUARY 13

PAT PERRY  
MARGARET RICKEY  
MARY SCHRADER  
DAVID WEAVER  
ELAINE WINTER

## JANUARY 14

CLARA CAVINEE  
BARBARA DAVIS  
DENNIS FLEMING  
FLO KAPTEINA

## JANUARY 15

ROBERT FETHEROLF  
HAROLD GHEARING  
SYLVIA YOUNG

## JANUARY 16

BRUCE CROCKER  
LINDA DELCOSTELLO  
KENNETH HARDESTY  
RICHARD HARTINGER  
PAM PATRICK  
ALICE SMITHSON

## JANUARY 17

ROBERT HARTINGER  
KATHRYN HILL  
GLORIA KNECE  
IRENE MARCUM  
PATRICIA SOUTHWARD  
HAZEL WOODWARD

## JANUARY 18

EVA HORN  
LINDA SEARCH



## JANUARY 19

CAROL BALTHASER  
BEVERLY CONRAD  
KENNETH DOLLISON  
BEVERLY LAWRENCE  
KATHLEEN LLOYD  
MARY SCHREINER  
BERNICE SZATKOWSKI  
DONNA THOMPSON

## JANUARY 20

MICHAEL BROOKINS  
EDDIE COMBS  
PAT NEAL  
HARRIET SALYERS  
WENDELL SEE  
CARL SPANGLER

## JANUARY 21

BARBARA CUMMINS  
JEAN STRICKLER  
VIRGINIA SWOYER  
GARY THOMAS  
KEN TRIVETTE

## JANUARY 22

JOHN ADAMS  
LINDA COCHENOUR  
SHIRLEY DAUBENMIRE  
BARBARA GERHARDT

## JANUARY 23

ATWOOD JONES  
CLYDE KNIPP  
SHARON MCCARTY

## JANUARY 24

HELEN BETHEL  
GEORGIA BROKAW  
PAMELA HARRIS  
CHARLES LUTZ  
MARY NELSON  
PAUL REED  
SARAH VANHOOSE  
DAVID WHITE

## JANUARY 25

JUDITH BURNHEIMER  
JAMES CALLIHAN  
SANDRA FOSTER  
BENIS LUTZ  
JOHN OWENS  
BARBARA VINKOVICH

## JANUARY 26

BETTY DRAKE  
JEAN HOFFNER  
PHYLLIS HULSE  
MARY STEELE

## JANUARY 27

JAMES PICKLESIMER  
JIM RHONE

## JANUARY 28

MARY HOUSH  
MARY WILLIAMS

## JANUARY 29

JAMES BEATHARD  
BOB CROSBY  
BARBARA KUHNER  
ANNE LAUX  
PATRICK SMITH  
EVA TATMAN

## JANUARY 30

GEORGIANNA BENSONHAVER  
MARGARET PALMER  
LORNA PITT  
DOLORES RULAPAUGH

## JANUARY 31

BETTY MCCOY  
SUSAN STEVENSON



# HAPPY BIRTHDAY!

**SPECIAL THANKS TO THE FOLLOWING PEOPLE...**

**New Members**

Joy Manbevers  
David Weaver  
Barbara Misko  
Gary Misko  
Sue Peters  
Roger Diehl  
Joyce Bozman  
John Tipton  
Judith Gilbert  
Eugene Bozman  
Rosemary Bozman  
Ted Miller  
J.C. Peck  
Lois Peck  
LaDonna Good  
Violet Bibler  
Jim Wonder  
Ray Brown

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**WELCOME**

**\$10 Fund Donations**

Russell & Donna Lutz  
Margie Reed  
Don & Linda Harden  
Dorothy Cormany  
Ron & Marilyn Huffman  
Jeane Crider  
James & Naomi Adkins  
Ervin Kirk  
Woodroe & Dolly Perkins  
Connie Angles  
Beverly Conrad  
Judy & Terry Schooley  
Ruby Boyer  
Nancy Fee  
Cy Stickel  
Kenny Welsh  
Charles & Carol Hammond

**\$10 Fund Donations**

Dee Helsel  
Bob & Marilyn Fausnaugh  
Cooke Metzger  
Helen George  
Stephen & Judith Gary  
Michael & Sandra Foster  
Glenna Frazier  
Bill & Shirley Wallace  
Joe & Mary Ann Carle

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**SPECIAL THANKS TO THE FOLLOWING PEOPLE...**

**Memorial/Honor of  
Donations**

In Memory of  
  
Charles F. Davis  
  
Given By,  
  
Nancy & Shelby Dye  
~~~~~

In Memory of  
  
Ruth Ann Marshall  
  
Given By,  
  
Nancy & Shelby Dye  
~~~~~

In Memory of  
  
John Stevenson  
  
Given By,  
  
Susan Stevenson  
~~~~~

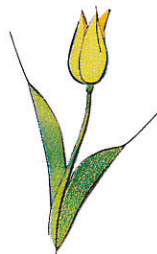
In Memory of  
  
Jeanne Metzger &  
  
Katherine Metger  
Carter  
  
Given By,  
  
Cooke Metzger

**Memorial/Honor of  
Donations**

In Memory of  
  
Margie Stickel  
  
Given By,  
  
Cy Stickel  
~~~~~

In Memory of  
  
Chester & Hazel  
McCloud  
  
&  
  
John & Sara  
Lloyd  
  
Given By,  
  
Gordon & Kathleen  
Lloyd  
~~~~~

In Memory of  
  
Dixie Cummins  
  
Given By,  
  
Rose Jamison  
~~~~~



**Estate Planning**

It is often difficult during one's lifetime to give, yet many would like to make a significant contribution. You might want to consider a bequest to the Pickaway Senior Center.

We have established a Pickaway Senior Center Fund within the Pickaway County Community Foundation to help ensure we are able to continue meeting the needs of the seniors of Pickaway County well into the future.

Pickaway County  
Community Foundation:  
Pickaway Senior Center  
Fund  
P.O. Box 3  
Circleville, OH 43113