

Blessing Before Meals

V. Benedíc nos Dómine et haec Túa dóna
quae de Túa largitáte súmus sumptúri.
Per Chrístum Dóminum nóstrum.
Ámen.

V. Bless us, O Lord, and these Thy gifts,
which we are about to receive from Thy bounty,
through Christ our Lord.
Amen.