

Course Info

BATHROOM LOCATIONS

One of the most asked questions asked are bathroom location and I hope this helps you in your race day planning.

Locations of bathrooms and porta potties ☺

- Bus loading porta porta potties nice warm permanent bathrooms 100 yard from buses
- Start line Visitor Center bathrooms and porta potties
- Mile 2 Permanent bathroom
- Mile 9 (and also the 1st to 2nd leg transition) permanent bathroom
- Mile 13, as you descend down and across Keswick Dam road there is a permanent Bathroom
- Mile 18.5 2 permanent bathrooms
- Mile 19 porta potties in parking lot by relay transition
- Mile 19.5 (same location as 18.5 as you are now gong upstream to do the final loop before you approach the final few miles to the finish line.
- Mile 22. 2 permanent bathrooms
- Mile 25 Permanent bathroom

Aide Stations

There will be 11 aide stations.

- Mile 3 *
- Mile 6 *##
- Mile 9.2 * ## !!
- Mile 12 * ##
- Mile 15 * ## !!
- Mile 17 * ##
- Mile 18.5 * ## !!
- Mile 20 * ## !!
- Mile 21.5 * ## !!
- Mile 24 * ## !!
- Mile 25 *

Key *Water ## Electrolyte drink !!! Gels