

Nicky's Nest Newsletter

A newsletter for the kids of the
CCMC Med 4 Pediatric Hematology & Oncology Division

GENEROUSLY GIFTED BY THE NICHOLAS PEDONE FOUNDATION

Reflection of Winter 2022/2023

Special Events During the Week:

Monday

-2pm WinWin Show MeTV
-3pm Game Show Monday
MeTV

Tuesday

-2pm Calm with Christy
MeTV
-3pm Wheel of Music on
MeTV

Wednesday

-3:30pm Bingo on MeTV
-Ice Cream Cart

Thursday

-Theme Day
with Crafts & Activities
-3pm Doodle Time on MeTV
-4pm Get Creative on MeTV

Friday

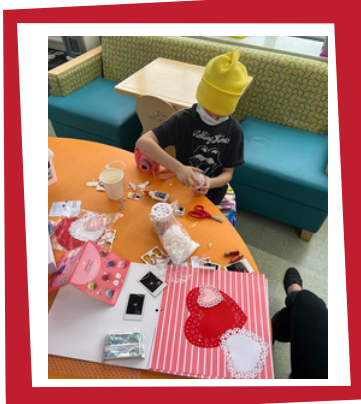
-2pm Fall Guys Friday! on
MeTV
-3pm Bingo on MeTV



What's New in Nicky's Nest?

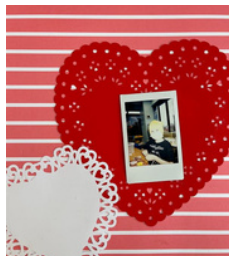
Winter is a time to cuddle up and stay warm and we did exactly that in *Nicky's Nest* this year! We made sure to keep ourselves busy by doing so many different crafts, activities and by making some new friends! We have so many special events during the week on MeTV, like Bingo or fun game shows. We also got to celebrate some of the best holidays this winter and even had the chance to decorate our rooms with some really great crafts from *Nicky's Nest*. Continue reading to check out how our winter season went and how we got creative!

HOLIDAY SEASON!



Patient Pearl loves spending time in *Nicky's Nest Playroom* and getting creative with all the things it has to offer. If you look at the picture to the left you can see her working hard on some Valentine's day crafts. She used some polaroid pictures, heart doilies and Valentine's day paper she found in *Nicky's Nest* to make a beautiful poster to hang in her room and take home. We love your creativity, Pearl!

Valentine's Day



The holiday season is the best in *Nicky's Nest!* It's hard not to have fun when *Nicky's Nest* has so much to offer! We got to make our own gingerbread and gnome ornaments for our doors or Christmas trees. One of our friends even decorated their door to spread some holiday cheer for the whole unit to see! Look at what a beautiful job she did.

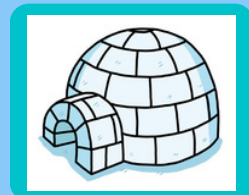


Happy Holiday's from us to you!



SPECIAL EVENTS

Here in the hospital, we have special events through the week that we can watch and participate in through our MeTV channel. Bingo is one of our favorites in *Nicky's Nest*, we have the chance to play and win some awesome prizes! We also have events like Doodle Time where special events coordinator, Demi, teaches us how to draw. Check out some of her and *Nicky's Nest's* Child Life Assistant, Hailey's work to the right!



Theme Thursday's

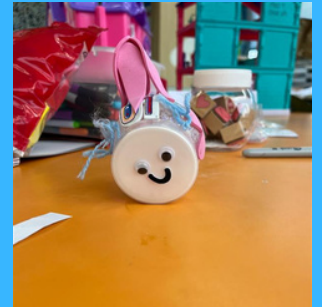
Theme Thursdays happen every Thursday! Check out some of our nurses and Child Life Specialists on "Out of this World" theme day and some crafts and prizes some of our friends received thanks to *Nicky's Nest*.



LET YOUR CREATIVITY SHINE



Nicky's Nest friend Isaiahs' creativity shined when he created this heart ornament with markers provided by **Nicky's Nest** to show two emotions he feels strongly; happiness and anger. We love how he used his creativity to share his emotions.



Our friend Pearl in **Nicky's Nest** got to show off her creative side by using model magic, paint, metallic tape, yarn and googly eyes to make 2 of her own one-eye figures driving their clay cars.



POSITIVITY CORNER

WHAT MAKES YOU

STRONG?

People often relate the word "strong" to the physical definition, meaning how much weight you can handle, but that's not the only way a person can be strong. You can be emotionally or mentally strong too. So what makes you strong? Think of a time that you felt strong, maybe it was when you lifted something really heavy, or a time you had to do something really hard for the first time and even if you weren't happy doing it, you got through it and I think that definitely makes you strong!

Maybe there are people around you that help make you feel strong, like your parents or a sibling. Maybe it's a doctor or a nurse, there are plenty of ways a person can be strong and using the people around us can help make us stronger!

Fight hard, smile big!

Winter Word Scramble

Instructions: Unscramble the letters to find the words from the list below.

gdelsidn _ _ _ _ _
loeshv _ _ _ _ _
wons _ _ _ _
farsc _ _ _ _ _
ttiemsn _ _ _ _ _
nsigki _ _ _ _ _
drazzibl _ _ _ _ _
newrit _ _ _ _ _
docl _ _ _ _
woamnns _ _ _ _ _

WORD LIST

blizzard skiing
cold sledding
mittens snow
scarf snowman
shovel Winter



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We would love to hear about what or who makes you strong!

Write down a time you felt strong or a time someone empowered you to feel strong!

Share it with your Child Life Specialist or Creative Art's Therapist! We would love to hear all about it.

