



NEWSLETTER FEBRUARY 2021

BMA's Weekend

FEB 19-20

President
Yitzchak



Zaken
Glover

Vice
Zaken

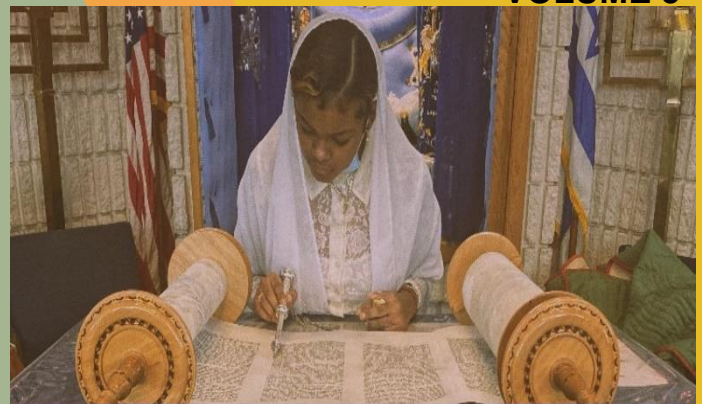


President
Hoshea McClam

**Theme: A Covenant beyond our skin:
Reaching farther for YAH's hand"**



CONGREGATION TEMPLE
BETH EL
FEBRUARY 2021
VOLUME 5



Join us as
our daughter
Yadah Bat Binyamin Ben Binyamin
Is called to the Torah
On Saturday, February 20th,
2021 @ 10am via zoom



ANNOUNCEMENTS

Feb 5 Erev Shabbat Speaker Rabbi Eliyahu LaPrince
 Feb 12 Erev Shabbat Speaker Chief Gibson
 Feb 12 ROSH CHODESH
 Feb 14 Yisraelite Youth Summit
 Feb 19-20 BMA WEEKEND
 Feb 21 Zoom Consider Your Legacy Seminar
 Feb 26 Erev Shabbat Speaker Zaken Stephen Scott



| | |
|---------------------------|------------------------|
| Rabbi Rivera | Rabbi Daveed Best, Sr. |
| Bro. Albert Smith | Kaleb Yiung |
| David Best, III | Emah Yael Kitchen |
| Zaken Pinchas Witherspoon | Zaken Sha;gree Evans |
| Zipporah Witherspoon | Mimi Kirkland |
| Jadah Stanley | Jehezekiel Goldberg |
| Yemima Samuels | Sherri Goldberg |
| Lauren Scott | Miriam Powell |
| Emah Susana Kirkland, z"l | |

FREE HEALTH AND WELLNESS PROGRAMMING FOR SENIORS!

Hello,

Hope your day is well. I want to send out this information that can be helpful to the community. Some events coming up that PCA health promotion team is conducting.

Have a great day!
 Nurse Nina Glover

Want to better self-manage your health including diabetes, asthma, chronic pain, heart disease, and high blood pressure, just to name a few? Register for the Chronic Disease Self-Management Education programs, hosted by the Philadelphia Corporation for Aging! All workshops are FREE for seniors 60+ and offered virtually through Zoom! We offer three six-week programs: Chronic Disease Self-Management Program, a Chronic Pain Self-Management Program, and a Diabetes Self-Management Program. Each program meets weekly for 2.5 hours via Zoom over the course of six-weeks. See more information below about each program. Flyers are also attached and can be shared widely.

Chronic Pain Self-Management Program: Tuesdays - February 2nd, 9th, 16th, 23rd, and March 2nd, 9th

Time: 10:00am to 12:30pm
In the Chronic Pain Self-Management Program, participants will learn tips and strategies to take charge of their chronic pain, deal with problems such as frustration, fatigue, isolation, and poor sleep, and learn how to become more involved in everyday activities.

Diabetes Self-Management Program: Wednesdays, February 17th, 24th, March 3rd, 10th, 17th, and 24th

PGW COVID-19 RELIEF GRANTS AVAILABLE FOR CUSTOMERS

Posted on: Jan 12, 2021

Eligible customers impacted by COVID-19 challenges may be eligible for a \$300 grant.

PHILADELPHIA (January 12, 2021) – Beginning Tuesday, January 19, 2021, PGW customers who face pandemic-related financial hardships may be eligible to receive \$300 for their natural gas bills under a \$2 million PGW COVID-19 Relief Grant program.

Grants are limited and will be provided on a first come, first serve basis. PGW urges customers to call [215-235-1000](tel:215-235-1000) to verbally confirm their household's eligibility, which is based on meeting any of the following circumstances:

- Households experiencing financial hardship related to the pandemic.
- Households in which a member is furloughed from their job or has lost work, even if there is another income-earning member in the household.
- Households with a self-employed person and/or contract employee.
- Households in which a household member is caring for someone with COVID-19.
- Households with school-aged children impacted by stay-at-home orders.

Time: 10am-12:30pm

In the Diabetes Self-Management Program, participants will learn about making a healthy eating plan, managing blood sugar levels, balancing eating, physical activity and medications to prevent problems as well as managing diabetic-specific problems.

Chronic Disease Self-Management

Program: Thursdays, March 11th, 18th, 25th, April 1st, 8th, and 15th

Time: 10am-12:30pm

In the Chronic Disease Self-Management Program, participants with chronic conditions such as high blood pressure, asthma, heart disease, and diabetes will learn new ways to take charge of their health and learn tips to manage pain, depression, and overcome physical limitations.

If you have anyone who may be interested, please feel free to get in touch. We hope to hear from you soon!

Lauren Jirinec, MPH
Health Promotion Specialist
Philadelphia Corporation for Aging
(215)765-9000 ext. 5119
Lauren.Jirinec@pcacares.org

CONSIDER YOUR LEGACY AND PREPARE NOW!

When Sun Feb 21, 2021 2pm – 4pm Eastern Time - New York

Where <https://us02web.zoom.us/j/3043367735?pwd=U1Z5OExWV3k2cEVpaIRuWWhRUlIEUT09> ([map](#))

Joining info Join with Google Meet
meet.google.com/fug-bmqb-eip

Calendar ctbnewsletter@gmail.com

Who

- tpwoodard03@gmail.com - organizer
- ctbnewsletter@gmail.com
- dawoodard.dw@gmail.com

more details »

David Woodard is inviting you to a scheduled Zoom meeting.

Join Zoom Meeting
<https://us02web.zoom.us/j/3043367735?pwd=U1Z5OExWV3k2cEVpaIRuWWhRUlIEUT09>

Meeting ID: 304 336 7735

Pre-Apprenticeship Construction Training Program Winter Session Classes begin in early February



Layout



The pre-apprenticeship construction program is a 9-month hands on technically trade program for young adults, who live in Philadelphia ages 16 to 24 years and have obtained their high school diploma or GED. This program gives participants the opportunity to learn side by side construction professional and receive a pre-construction certificate. The program provides leadership development, job skills, employment placement and job retention services in collaboration with multiple construction companies throughout the City of Philadelphia. All participants receive an incentive-based stipend.



Tuition Free

New Semester begins February 2021

Program Offers

Employment Placement
Pre-Construction Certification Certificate
Weekly Financial Paid Stipend
Forklift Certification
Flagger Training Certification

Eligibility Requirements

Must have a High School Diploma or GED
Must be ages 16 -24 years old
Must be a Philadelphia resident
Cannot be currently enrolled in college

For more information or to register, please call (215) 320-5513
2243 W. Allegheny Ave, Philadelphia PA. 2nd Floor



Feast Days 2021



Feast of Unleavened Bread/Pesah

Saturday evening, March 27 @ evening - April 3 evening

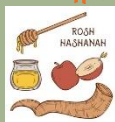


Rosh Chodesh

Feb 13 - Adar; March 13 – Nisan April 11- Iyar; May 12 - Sivan 1



Sunday, May 16 @ evening – thru Monday, May 17



Rosh Hashanah Monday, Sept. 6 @ evening

3 TIPS TO PAYING LESS FOR COLLEGE

College is expensive, but luckily there are options available for you so you can pay less. Read on for our best tips.

2021 Student Loans for

[View Rates: College Ave Student Loans](#)

[View Rates: Sofi Student Loans](#)

1. **Scholarships and Grants:** Many organizations, groups, non-profits, and individuals offer scholarships. You can find relevant scholarships at sites like The College Board, Scholarships.com, your school's website, CareerOneStop, and CollegeScholarships.org. Grants are available through search engines such as Peterson's, Scholarships and Grants, and CareerOneStop.
2. **Federal Student Loans** - Federal Student loans are available to students both on a need-based system and independent of need. With Federal Student loans, the amount you can borrow each year ranges from \$5,500 to \$12,500 for undergraduate students.
3. **Private Student Loans** - If you still need additional funds after scholarships, grants, and Federal Loans, private student loans are available to you for expenses like tuition and fees, transportation, meals, as well as books and supplies.



Yithro (Abundance, Plenty)

Exodus 18th chapter - 20th chapter

Questions

- 1 **Read Exodus 18: 13-25.** *First*, is it written in this Torah reading that the Almighty endorsed this plan? *Secondly*, do you believe that the Almighty endorsed this plan, why or why not? *Finally*, do you believe that Jethro was speaking from experience, **why or why not?**
- 2 **Read Exodus 20: 23.** Is this law still in effect, if so, how can it be applied to us today?
- 3 **Read Exodus 20: 12.** Is there a caveat for this commandment?
- 4 Why did Moses name his sons *Eliezer and Gershom*?
- 5 Was Jethro a priest?
- 6 **Read Exodus 18: 11.** When did Jethro realize that the Almighty was greater than all gods (deities)?
- 7 What did the voice that came from the top of Mount Sinai sounded like?
- 8 Before accepting the wisdom of Jethro how long did Moses judge Israel each day?
- 9 The commandment concerning the Sabbath does not mention or refer to a wife. **List two possible** reasons why a wife isn't mentioned.
- 10 What were the qualifications Jethro said a man should have before becoming a Judge among the Israelites?
- 11 Did the men who were the priests at this time have to sanctify themselves before approaching G-D?
- 12 What did the Almighty say had to occur before He would let Israel be His treasured people?
- 13 When was the Israelites allowed to come to Mount Sinai?
- 14 What did the Almighty say he would *show* to those people that love Him?
- 15 **Read Exodus 19:22.** Who do you believe were the priests that the Almighty was talking about?
- 16 The Almighty said Israel is to be a kingdom of prophets, princes or Priests?
- 17 Three months after leaving Egypt the Israelites reached what wilderness?
- 18 Was G-D on earth or in heaven when He spoke to the Israelites?

After Reading the Torah Reading

- 1 What is the major theme in this Torah reading?

2 What did you learn after reading this Torah reading?

LET'S US REASON TOGETHER

1 Which prophet in the Hebrew Bible do you believe was more like Moses? **Please explain your answer.**

2 Jethro referred to Gershom and Eliezer as the sons of Zipporah and not Moses. **Give your reason(s) why?**

3 Did the Israelites **hear** the Almighty speak the ten words (commandments)? Also, do you believe the mixed multitude **heard** the Almighty, **why or why not?**

4 **Read Exodus 19:3.** This verse states that the Almighty told Moses to speak to the House of Jacob and the Children of Israel. Why do you believe the two terms were used? According to Rabbinical tradition, who is the House of Jacob and who is the Children of Israel?

Senior Care



Dr. & Rabbi Bowen

Rabbi & Rabbinit Purnell

Chief & General Mother Gibson

Lady Grace Stanley

Lady Inez Woods

Elder Lonzie Cross

Lady Jeanette Register

Elder & Lady Saint C. LaPrince

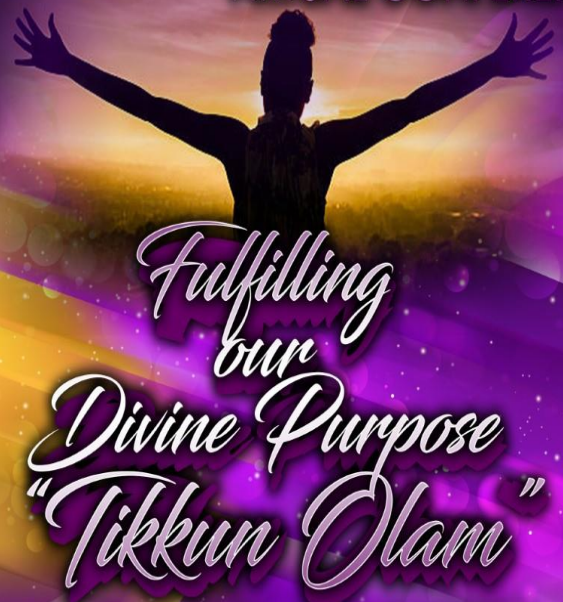
Elder Sereiah Yisrael

Rabbi Aharon and Rabbinit Register

Eemahrav Register

Hospitality Secretary Lady Eemahrav Register

16th Annual
PHENOMENAL ISRAELITE WOMEN'S
VIRTUAL CONFERENCE



Thursday March 4th 2021 – Sunday March 7th, 2021

Registration: <https://16thannualpiwcregform.eventbrite.com>

70 years + please contact Rabbinit Plummer directly to register.....
ladypatplummer1@yahoo.com

PLEASE NOTE: You will receive the Virtual login information to the 16th Annual PIW Virtual Conference one week before the start of the conference.

If you have any questions or need assistance with registering contact Gv't Khaya Baker @p.i.w.conference@gmail.com



New Year, New Career!

We have great clients who are hiring, so Call us today to learn more- 215-646-6200!

NEW!

**We are hiring an Administrative Support Professional for a Property Management Firm in Philly!
Direct Hire. Full Time. Salary plus benefits!**

Recent College Grads welcome to apply!

1-3 years' experience as an Administrative Assistant a plus!

Candidate should have strong administrative and critical thinking skills

Good technology and strong typing skills a plus

Candidate should have strong communication skills, both written and verbal.

WORK FROM HOME!

**We are growing our team of
Client Service Specialists near Plymouth Meeting!**

Office is near Plymouth Meeting. Work from Home after training.

Centrally located to all major highways and easily accessible via public transportation! This is a full time, long-term job!

- Strong communication skills, both written and verbal, as they will be taking calls while also updating multiple profiles in the computer system. Accuracy of the data entry is important. Excellent Microsoft Excel Skills a Must.
- Candidate should be organized and diligent with the ability to multitask
- Candidate should have strong computer literacy, navigation and experience with Microsoft Outlook

**Growing our Team of
Customer Service Specialists that will support the customers of a regional transportation company in Center City!**

Earn up to \$150 a Week in Cash Bonuses

Contract to Hire Opportunity!

Mid February Start!

Early Morning and Afternoon Shifts Available!

3 Days a week + one weekend day.

This role is 20-30 hours/week to start

Paid Training! Join our great interactive team!

Client Record Coordinator for a national services firm in King of Prussia

Hours of Operation- Monday- Friday, 8:30am-5:00pm

- Provide multi-functional support to the Operation team to ensure correct processing of records.
 - Receive and initiate phone calls to facilitate receipt of requested records.
- Assist with record compliance and process written communications. Review records for completeness, accuracy and compliance with HIPAA and other legal regulations.
 - Strong customer service and administrative skills.
 - Outstanding verbal and communication skills, especially on the phone.
- Proficient computer skills, including Word and/or Excel and database systems.

Online Banking Service Customer Service Rep Work From Home!

Immediate Start! Full Time with 2 weekday evening shifts preferred.

- Candidates with a background in banking or financial customer service preferred.
- Candidate should have good customer service skills.
- Strong technical skills including being able to multitask on systems while speaking on the phone with customers.
- This role will have customer interaction is via Phone, Chat and Email.
- Equipment will be provided to this team, so a short onboarding will be onsite at the client
- Candidates will need to be able to pass a credit check
- Minimum 1 year experience as a Teller or in a customer service position a plus!

FILLED!

Fully Remote opportunity! Train & Work from Home!

Member Service Representative. Immediate Start

Monday-Friday, Hours of Operation are 8:30am-6:00pm

This is a Regional Healthcare Company growing their team!

Candidate should have strong computer and customer service skills.

Terrific opportunity for someone who enjoys helping people!

Equipment will be provided to you!

Candidates must have access to a reliable Router and have high speed internet. This team will be staffed quickly, so call us today!

FILLED!

Well-Respected Regional Accounting firm is hiring an administrative support professional to assist their office for their Busy Season!

Blue Bell Office Location

January Start!

Candidate should be polished and professional.

Good Computer and Communication skills a plus!

This job will assist with operations and have front desk responsibilities.
Great opportunity to work with a terrific team of people!

FILLED!

Medical Scheduler for a well-respected Medical Practice in East Norriton!

- Full Time onsite opportunity for a well-respected doctor's office!
- Strong communication skills, both written and verbal
- Positive & upbeat attitude

We are interviewing this week!
Email your resume to us at TheCarneyGroup@CarneyJobs.com today to schedule yours!
As always, we welcome your referrals!

[Visit our website](#)



Black History Month honors the contributions of African Americans to U.S. history. Among prominent figures are Madam C.J. Walker, who was the first U.S. woman to become a self-made millionaire; George Washington Carver, who derived nearly 300 products from the peanut; Rosa Parks, who sparked the Montgomery Bus Boycott and galvanized the civil rights movement; and Shirley Chisholm, who was the first African American woman elected to the U.S.

House of Representatives. Read on for more Black history facts. **Black History Month:** The celebration of [Black History Month](#) began as “Negro History Week,” which was created in 1926 by [Carter G. Woodson](#), a noted African American historian, scholar, educator and publisher. It became a month-long celebration in 1976. The month of February was chosen to coincide with the birthdays of [Frederick Douglass](#) and [Abraham Lincoln](#).

ENTREPRENEURS

Semcah Twiggs
on Facebook



MARYKAY.COM & PAPARAZZI
Blanca Domenech —
Independent Beauty
Consultant Mary Kay
| Official Site on
Facebook



SWEET TWEETS by Zipporah

Spa, Beauty & Personal Care

I strongly believe in only using high-quality and natural ingredients in the products. If you can't put it into your body, I don't put it in my products!

<http://sweettweetsbeauty.com/>



Need a home'?

See **Agent Anj'a Best**
Wow she's the **BEST!!!!**



Barefacednaturals.com



SHEBREADS: Male/female tallits designed to your specifications; jewelry, earrings, bracelets, charms, mask, tee shirts, etc..

IT'S BUTTER CREAM BABY LL

Tounia Daniels

@itsbuttercreambaby



Your order becomes her
Masterpiece

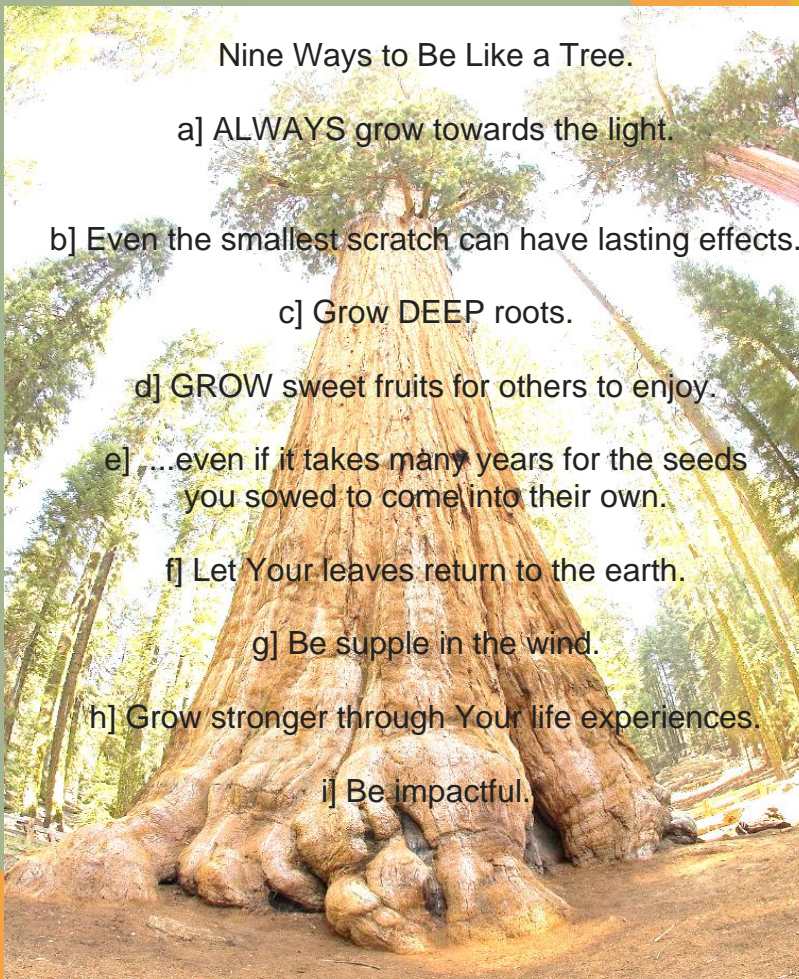
FruitAments

Where fruit and art meet! For
any occasions



Nine Ways to Be Like a Tree.

- a] ALWAYS grow towards the light.
- b] Even the smallest scratch can have lasting effects.
- c] Grow DEEP roots.
- d] GROW sweet fruits for others to enjoy.
- e] ...even if it takes many years for the seeds
you sowed to come into their own.
- f] Let Your leaves return to the earth.
- g] Be supple in the wind.
- h] Grow stronger through Your life experiences.
- i] Be impactful.



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