



Citygirl Delivery Menu Sample

Black & White Sesame Crusted Tuna

Soba Noodle with Edamame, Peppers, Greens Beans, Miso Chile Vinaigrette

Crispy Skinned Lake Trout

Warm Salad of Brussels Sprouts, Leeks, Broccoli and Spinach with Pistachios

Serrano Wrapped Halibut

Warm Salad of Orzo, Corn, Peppers, Asparagus, Lemon White Truffle Vinaigrette

Sous-Vide and Pan Seared Chicken Breast with Lemon and Herbs

Warm Quinoa Salad with Nuts and Seeds, Yellow Sweet Gem Tomatoes, Glazed

Brussels Sprout, Pine Nuts

Beef Tenderloin

Boston Leaf Lettuce, Carrot, Red Pepper, Green Onions, Red Cabbage, Thai Basil, Fresh

Mint and Cilantro, Spicy Vietnamese Vinaigrette

Cauliflower Polenta

Wild Ontario Mushrooms, Hazelnuts, Monforte Goat's Cheese, Fresh Thyme, Parsley

and Chives (also available as Vegan)

Maple Glazed Seared Duck Breast

Baby Yukon Gold Potatoes, Double Smoked Bacon, Charred Radicchio

Black & Tan Braised Beef Ribs

Spicy Guinness and Tomato Reduction, Sweet Potato Puree, Garlic Rapini

Roasted Pork Rib Roast

Mixed Wild Mushrooms, Cream, Fresh Herbs and Toasted Hazelnuts

Vegan Tofu Biryani

Japanese Eggplant, Tomatoes, Carrots, Garam Masala, Fresh Ginger